

# DFCC

ACTION TEAM TO  
PREVENT MARIJUANA USE



# MARIJUANA USE FACT SHEET

## **Statistics:**

- 16.4% of Garrett County high school youth used marijuana in the past 30 days. (MD YRBS 2014)
- Between grade levels, the percentage of marijuana users increased steadily – from 13.0% in grade 9 to 22.9% in grade 12. (MD YRBS 2014)
- Garrett County high school youth see smoking cigarettes as riskier than smoking marijuana. (72.2% vs. 53.1%) (Garrett County Core Measure Survey, 2015)
- By 12th grade, less than half of all youth see marijuana use as risky (39.1%). (Garrett County Core Measure Survey, 2015)

## **Core Messages:**

- Research proves that 1 in 10 adults and 1 in 6 youth who try marijuana will become addicted to it.
- In the past 15 years, marijuana potency has tripled and since 1960 it has grown five times stronger. Today's marijuana is not the marijuana of the 1960's.
- Marijuana use directly affects the brain and these effects can last up to 28 days after last use.
- Marijuana users have a higher risk of depression, anxiety, psychosis and schizophrenia (6 fold increase in risk).
- Marijuana users have many of the same respiratory problems tobacco smokers have, such as chronic cough and more frequent chest colds.



*For more information, resources, and community tools, visit*

**[drugfreegarrettcountry.org](http://drugfreegarrettcountry.org)**



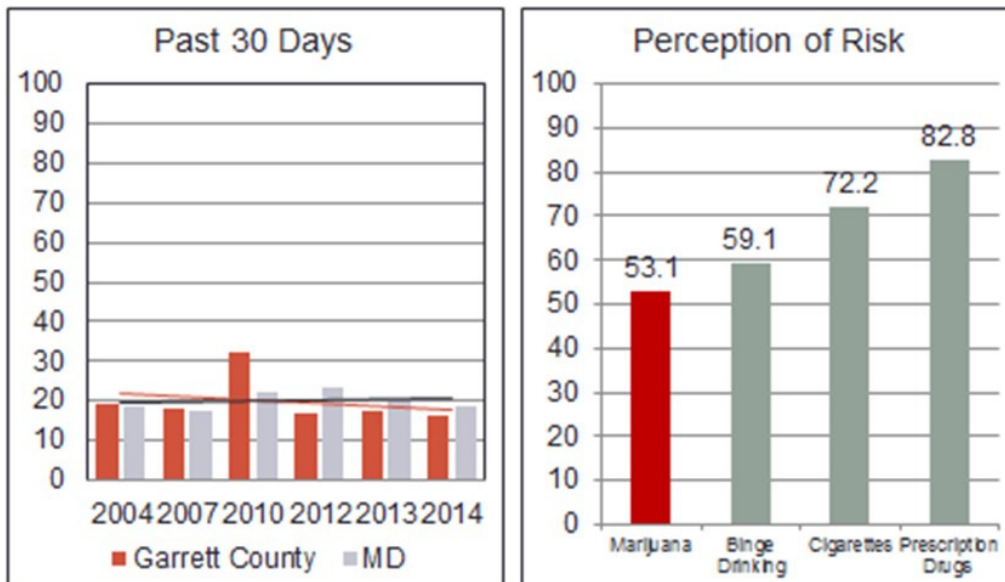
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## Marijuana Use, High School



Source: Maryland Youth Risk Behavior Survey and  
Garrett County Core Measure Survey, 2015

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