Garrett County CDSME Sep 1 2015 - Aug 1 2017

Garrett County CDSME

Number of workshops: 4

Average participants per workshop: 11.0
Number of participants: 44
Completers: 44 of 44 (100%)
Number who are caregivers: 9 (20%)

Maryland State

Number of workshops: 314

Average participants per workshop: 11.0
Number of participants: 3,444
Completers: 2,645 of 3,436 (77%)
Number who are caregivers: 838 of 3,382 (25%)

Gender	Count	Percent
Female	41	93%
Male	3	7%

Gender	Count	Percent
Female	2,637	78%
Male	764	22%
Unknown	43	

Ethnicity/Race	Count	Percent
White/Caucasian	40	95%
Hawaiian Native or Pacific Islander	1	2%
American Indian or AK Native	1	2%
Asian or Asian American	1	2%
Hispanic/Latino	1	2%
Unknown	2	

Ethnicity/Race	Count	Percent
White/Caucasian	1,434	51%
Black or African American	1,232	44%
Hispanic/Latino	126	4%
Asian or Asian American	102	4%
American Indian or AK Native	61	2%
Hawaiian Native or Pacific Islander	16	1%
Unknown	624	

Age	Count	Percent
44—49	2	5%
50—54	1	2%
60—64	2	5%
65—69	11	26%
70—74	6	14%
75—79	4	10%
80—84	10	24%

Age	Count	Percent
0—44	195	7%
44—49	130	5%
50—54	190	7%
55—59	310	11%
60—64	406	14%
65—69	550	19%
70—74	433	15%

85—89	5	12%
90+	1	2%
Unknown	2	

75—79	297	10%
80—84	185	7%
85—89	94	3%
90+	41	1%
Unknown	613	

People in Household	Count	Percent
1	18	58%
2	11	35%
3	2	6%
Unknown	13	

People in Household	Count	Percent
1	733	38%
2	694	36%
3	258	13%
4	126	6%
5	77	4%
6	27	1%
7	14	1%
9	4	0%
8	4	0%
10	2	0%
11	1	0%
Unknown	1,504	

Lives Alone	Count	Percent
No	26	59%
Yes	18	41%

Lives Alone	Count	Percent
No	2,595	77%
Yes	794	23%
Unknown	55	

Chronic Condition	Count	Percent
Diabetes	29	66%
Hypertension	25	57%
Heart Disease	8	18%
Arthritis	8	18%
Osteoporosis	6	14%
Lung Disease	5	11%
Cancer	5	11%
Stroke	4	9%
Depression or Mental Illness	3	7%

Chronic Condition	Count	Percent
Hypertension	1,713	50%
Diabetes	1,436	42%
Arthritis	1,063	31%
None	728	21%
Depression or Mental Illness	587	17%
Chronic Pain	556	16%
Lung Disease	530	16%
Cancer	428	13%
Heart Disease	420	12%

Obesity	3	7%	Osteoporosis	278	8%
None	2	5%	Obesity	224	7%
Chronic Pain	2	5%	Stroke	178	5%
Other	1	2%	Kidney Disease	35	1%
			Alzheimer's	24	1%
			MS	22	1%
			Schizophrenia	10	0%
			Other	277	8%
			Unknown	43	

Condition Count	Count	Percent	Condition Count	Count	Percent
Multiple chronic conditions	27	61%	Multiple chronic conditions	2,111	62%
One chronic condition	15	34%	No chronic conditions	728	21%
No chronic conditions	2	5%	One chronic condition	562	17%
			Unknown	43	

Participant County	Count	Percent	Participant County	Count	Percent
Garrett, MD	39	89%	Prince Georges, MD	424	12%
Allegany, MD	3	7%	Baltimore City, MD	363	11%
Somerset, MD	1	2%	Wicomico, MD	335	10%
Mineral, WV	1	2%	Anne Arundel, MD	301	9%
			Calvert, MD	223	7%
			Harford, MD	197	6%
			Baltimore, MD	194	6%
			Howard, MD	180	5%
			Montgomery, MD	160	5%
			Cecil, MD	142	4%
			Dorchester, MD	134	4%
			Washington, MD	125	4%
			Charles, MD	122	4%
			Somerset, MD	93	3%
			Worcester, MD	87	3%
			Talbot, MD	80	2%
			Saint Marys, MD	55	2%
			Allegany, MD	46	1%
			Garrett, MD	45	1%
			Caroline, MD	26	1%

District of Columbia, DC	15	0%
Queen Annes, MD	13	0%
Accomack, VA	13	0%
St Marys, MD	9	0%
Kent, MD	7	0%
Sussex, DE	6	0%
Franklin, VA	3	0%
Frederick, MD	2	0%
Mineral, WV	2	0%
Bedford, VA	1	0%
Nicholas, WV	1	0%
York, VA	1	0%
Fauquier, VA	1	0%
Loudoun, VA	1	0%
Carroll, MD	1	0%
Alexandria City, VA	1	0%
Montgomery, PA	1	0%
Chesapeake City, VA	1	0%
Unknown	33	

Caregiver	Count	Percent
No	35	80%
Yes	9	20%

Caregiver	Count	Percent
No	2,544	75%
Yes	838	25%
Unknown	62	

Education	Count	Percent
Completed High School	18	43%
Some High School	11	26%
Some College	8	19%
Completed College	5	12%
Unknown	2	

Education	Count	Percent
Some College	931	34%
Completed College	791	29%
Completed High School	764	28%
Some High School	264	10%
Unknown	694	

Organization	Count	Percent
Garrett County AAA	44	100%

Organization	Count	Percent
MAC Inc	802	23%
Prince George's County AAA	411	12%
Anne Arundel County AAA	307	9%

Howard County AAA	198	6%
UM Upper Chesapeake Health	180	5%
Calvert Memorial Hospital	166	5%
Holy Cross Hospital	137	4%
Baltimore City AAA	135	4%
Cecil County AAA	135	4%
Hopkins Bayview	112	3%
UM Charles Regional Medical Center	98	3%
Washington County AAA	95	3%
Keswick Community Health	76	2%
Calvert County Health Department	76	2%
Baltimore County AAA	64	2%
Allegany County AAA	48	1%
Garrett County AAA	47	1%
St. Mary's County AAA	41	1%
Meritus Medical Center	41	1%
UM St. Joseph Medical Center	33	1%
Charles County Dept of Community Services	27	1%
Univ of MD Medical Center	27	1%
Medstar Good Samaritan Hospital	27	1%
MedStar Franklin Square Medical Center	22	1%
MedStar St. Mary's Hospital	20	1%
MD Ctr for Veterans Education & Training Inc.	18	1%
University of Maryland Medical System	17	0%
MedStar Washington Hospital Center	15	0%

Allegany County Health Departrment	14	0%
UM Upper Chesapeake Hospital	11	0%
Holy Cross Senior Source DPP	11	0%
Medstar Harbor Hospital	10	0%
MedStar Montgomery Medical Center	8	0%
Cecil County Health Department	6	0%
Unknown	9	

Hearing Impaired	Count	Percent
Yes	44	100%

Hearing Impaired	Count	Percent
Yes	3,444	100%

Vision Impaired	Count	Percent
Yes	44	100%

Vision Impaired	Count	Percent
Yes	3,444	100%

Activities Are Difficult	Count	Percent
No	41	100%
Unknown	3	

Activities Are Difficult	Count	Percent
No	2,709	98%
Yes	56	2%
Unknown	679	

Health	Count	Percent
Good	7	64%
Very Good	3	27%
Fair	1	9%
Unknown	33	

Health	Count	Percent
Good	345	47%
Fair	189	26%
Very Good	165	22%
Excellent	23	3%
Poor	18	2%
Unknown	2,704	

Referred	Count	Percent
No	43	98%
Yes	1	2%

Referred	Count	Percent
No	2,508	94%
Yes	146	6%
Unknown	790	

Can Manage Condition	Count	Percent
8	3	33%
10	3	33%
9	2	22%
7	1	11%
Unknown	35	

Can Manage Condition	Count	Percent
10	177	40%
8	115	26%
9	104	23%
7	40	9%
6	6	1%
5	3	1%
Unknown	2,999	

Insurance	Count	Percent
Medicare	26	90%
United	6	21%
Medicaid	4	14%
Aetna	2	7%
BC/BS	1	3%
Other	4	14%
Unknown	15	

Insurance	Count	Percent
Medicare	1,424	61%
BC/BS	787	34%
Medicaid	324	14%
United	282	12%
Aetna	134	6%
Kaiser	121	5%
Cigna	104	4%
Veterans Health	84	4%
No Insurance	32	1%
Coventry	4	0%
AARP	2	0%
University of MD Dual Advantage	1	0%
UMR John Hancock Employee Group	1	0%
JH Medicare Advantage	1	0%
EHP	1	0%
MedStar	1	0%
America Group	1	0%
Americo	1	0%
MHBP	1	0%
Johns Hopkins	1	0%
TriCare	1	0%
United Brotherhood of Carpenter	1	0%
Other	178	8%
Unknown	1,096	

My peer leaders made me feel welcome and a part of the group	Count	Percent
Strongly Agree (1)	38	86%
Agree (2)	6	14%
Average Value	1.1	

My peer leaders made me feel welcome and a part of the group	Count	Percent
Strongly Agree (1)	1,676	88%
Agree (2)	219	12%
Disagree (3)	3	0%
Strongly Disagree (4)	3	0%
Average Value	1.1	

My peer leaders shared teaching responsibilities	Count	Percent
Strongly Agree (1)	38	86%
Agree (2)	6	14%
Average Value	1.1	

My peer leaders shared teaching responsibilities	Count	Percent
Strongly Agree (1)	1,619	85%
Agree (2)	270	14%
Disagree (3)	4	0%
Strongly Disagree (4)	7	0%
Average Value	1.2	

The peer leaders were prepared when they came to class	Count	Percent
Strongly Agree (1)	39	91%
Agree (2)	4	9%
Average Value	1.1	

The peer leaders were prepared when they came to class	Count	Percent
Strongly Agree (1)	1,625	86%
Agree (2)	253	13%
Disagree (3)	4	0%
Strongly Disagree (4)	6	0%
Average Value	1.1	

I have more self-confidence in my ability to manage my health than I did before taking this workshop	Count	Percent
Strongly Agree (1)	30	70%
Agree (2)	13	30%
Average Value	1.3	

I have more self-confidence in my ability to manage my health than I did before taking this workshop	Count	Percent
Strongly Agree (1)	1,300	69%
Agree (2)	565	30%
Disagree (3)	13	1%
Strongly Disagree (4)	9	0%
Average Value	1.3	

The book that we used for the workshop was very helpful	Count	Percent
Strongly Agree (1)	34	79%
Agree (2)	6	14%
Disagree (3)	3	7%
Average Value	1.3	

The book that we used for the workshop was very helpful	Count	Percent
Strongly Agree (1)	1,434	76%
Agree (2)	425	23%
Disagree (3)	20	1%
Strongly Disagree (4)	9	0%
Average Value	1.3	

I learned how to set an action plan and follow it	Count	Percent
Strongly Agree (1)	33	77%
Agree (2)	10	23%
Average Value	1.2	

I learned how to set an action plan and follow it	Count	Percent
Strongly Agree (1)	1,346	72%
Agree (2)	525	28%
Disagree (3)	4	0%
Strongly Disagree (4)	4	0%
Average Value	1.3	

I now have a better understanding of how to manage the symptoms of my chronic health conditions	Count	Percent
Strongly Agree (1)	34	79%
Agree (2)	9	21%
Average Value	1.2	

I now have a better understanding of how to manage the symptoms of my chronic health conditions	Count	Percent
Strongly Agree (1)	1,294	69%
Agree (2)	549	29%
Disagree (3)	16	1%
Strongly Disagree (4)	4	0%
Average Value	1.3	

The site used for the workshop was conducive to learning	Count	Percent
Strongly Agree (1)	34	81%
Agree (2)	8	19%
Average Value	1.2	

The site used for the workshop was conducive to learning	Count	Percent
Strongly Agree (1)	1,406	75%
Agree (2)	444	24%
Disagree (3)	16	1%
Strongly Disagree (4)	5	0%
Average Value	1.3	

I felt my opinions and contributions to the	Count	Percent

I felt my opinions and contributions to the	Count	Percent

group were valued by the other participants			group were valued by the other participants		
Strongly Agree (1)	32	80%	Strongly Agree (1)	1,286	69%
Agree (2)	7	18%	Agree (2)	569	30%
Strongly Disagree (4)	1	2%	Disagree (3)	10	1%
Average Value	1.2		Strongly Disagree (4)	4	0%
			Average Value	1.3	

The peer leaders were able to manage the group very well	Count	Percent	The peer leaders were able to manage the group very well	Count	Percent
Strongly Agree (1)	39	91%	Strongly Agree (1)	1,559	84%
Agree (2)	3	7%	Agree (2)	291	16%
Strongly Disagree (4)	1	2%	Disagree (3)	2	0%
Average Value	1.1		Strongly Disagree (4)	4	0%
			Average Value	1.2	

I felt my opinions and contributeions to the group were valued by the peer leaders	Count	Percent	I felt my opinions and contributeions to the group were valued by the peer leaders	Count	Percent
Strongly Agree (1)	31	74%	Strongly Agree (1)	1,376	75%
Agree (2)	11	26%	Agree (2)	462	25%
Average Value	1.3		Disagree (3)	5	0%
			Strongly Disagree (4)	2	0%
			Average Value	1.3	

My peer leaders got along well together	Count	Percent	My peer leaders got along well together	Count	Percent
Strongly Agree (1)	39	91%	Strongly Agree (1)	1,629	88%
Agree (2)	4	9%	Agree (2)	218	12%
Average Value	1.1		Disagree (3)	4	0%
			Strongly Disagree (4)	2	0%
			Average Value	1.1	

I valued the time to talk to other participants at break time	Count	Percent	I valued the time to talk to other participants at break time	Count	Percent
Strongly Agree (1)	33	79%	Strongly Agree (1)	1,210	66%

Agree (2)	8	19%
Disagree (3)	1	2%
Average Value	1.2	

Agree (2)	588	32%
Disagree (3)	28	2%
Strongly Disagree (4)	4	0%
Average Value	1.4	

I noticed that some participants did not come back to the workshop after the first week	Count	Percent
Strongly Agree (1)	10	26%
Agree (2)	6	16%
Disagree (3)	10	26%
Strongly Disagree (4)	12	32%
Average Value	2.6	

I noticed that some participants did not come back to the workshop after the first week	Count	Percent
Strongly Agree (1)	466	27%
Agree (2)	634	37%
Disagree (3)	315	18%
Strongly Disagree (4)	298	17%
Average Value	2.3	

I feel more motivated to take care of my health since I took this workshop	Count	Percent
Strongly Agree (1)	33	79%
Agree (2)	9	21%
Average Value	1.2	

I feel more motivated to take care of my health since I took this workshop	Count	Percent
Strongly Agree (1)	1,429	78%
Agree (2)	377	21%
Disagree (3)	15	1%
Strongly Disagree (4)	4	0%
Average Value	1.2	