

WALK MARYLAND DAY



OCTOBER 10, 2018

Join the Maryland Department of Health and the Garrett County Health Department to celebrate Walk MD Day and help kick off the Autumn Glory Festival! There will be two walks held in the Oakland area on October 10th, so gather your friends, family, and neighbors to connect through walking!

October 10, 2018—Oakland Historical Walk 3.2 Mile Walk

Where: Meet in the Community Action Center parking lot for a 3.2 Mile Walk through historical Oakland

When: 10:00 AM

***October 10, 2018—Glow in the Dark 1 Mile Walk**

Where: Meet at the downtown Oakland parking lot for a 1 mile walk around the downtown area.

When: 7:00 PM

***Great music, glow sticks and necklaces will be provided.**



Co-sponsored by:
Maryland Department of Health
Maryland Department of Aging
Maryland Department of Transportation
University of Maryland Extension



MARYLAND
Department of Health