



walk2connect co-op



Connect with your health, your community, and the places you live by joining one of these **FREE** events throughout Garrett County.

EXPLORING WISP RESORT

Walk a trail while learning about year round activities at the WISP in McHenry, MD
Friday 8/24 @ 5:00-6:00 PM

EXPLORING OAKLAND AND SHOP LOCAL

Let's learn about local produce and history of Oakland, MD
Saturday 8/25 @ 8:30-9:30 AM

WALKING MOVEMENT LEADER TRAINING

Community Action, 104 E Center Street, Oakland, MD 21550, Senior Center Entrance
Saturday 8/25 @ 10:00-1:00 PM

GLOW-IN-THE-DARK DANCE WALK

Bring your glow accessories and have fun moving to 80's tunes
Saturday 8/25 @ 8:30-9:30 PM
Kitzmilller, MD

For more info & to RSVP @ walk2connect.com/walkmaryland or
Email: Ana@walk2connect.com



Ana is a Member Owner of a grassroots movement called Walk 2Connect Co-op. Join her on one of these walks & ask about how you can become a walking movement leader.