



COUNTY

Garrett, MD

2023

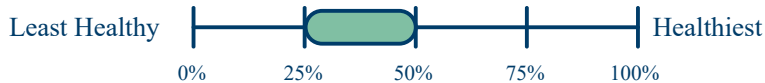


Rank **#14** of 24 ranked counties in Maryland

Health Outcomes

Health Outcomes tell us how long people live on average within a community, and how much physical and mental health people experience in a community while they are alive.

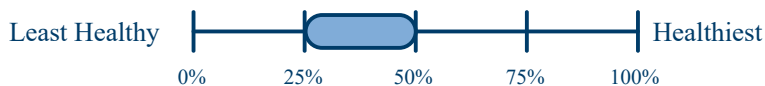
Garrett (GA) is ranked in the lower middle range of counties in Maryland (Lower 25%-50%).

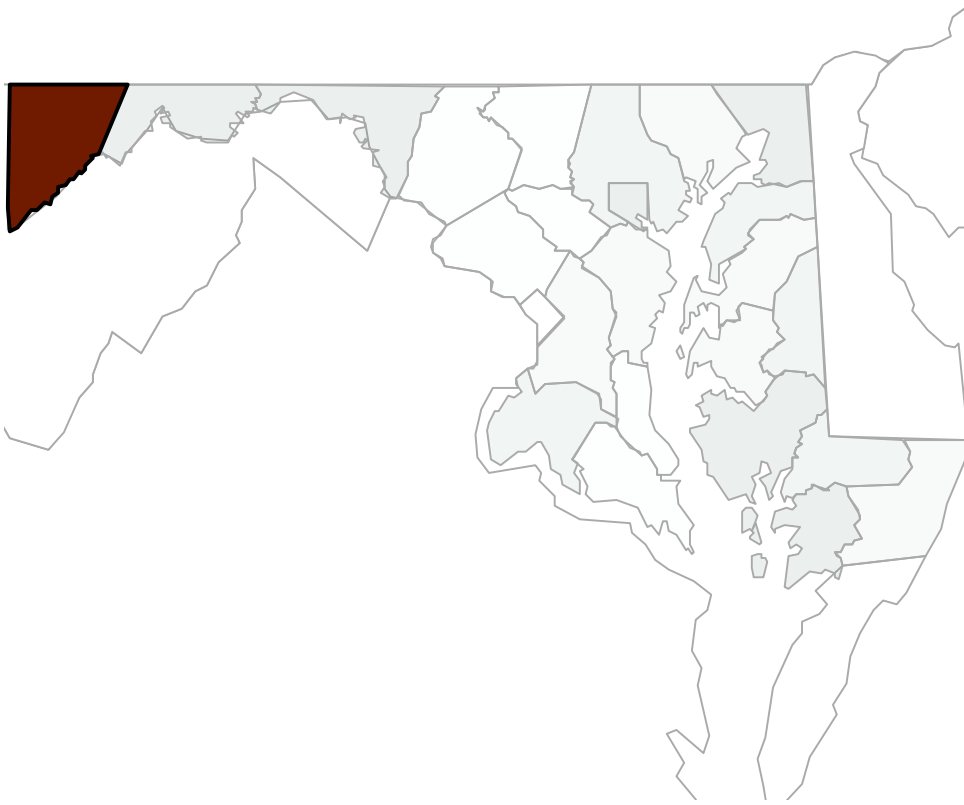


Health Factors

Many things influence how well and how long we live. Health Factors represent those things we can improve to live longer and healthier lives. They are indicators of the future health of our communities.

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County Demographics








The health of a place results from past and present policies and practices. The land known as Garrett County, along with the entirety of the U.S., has been home for many thousands of years to hundreds of Indigenous nations. Native Land Digital "strives to create and foster conversations about the history of colonialism, Indigenous ways of knowing, and settler-Indigenous relations."






Garrett County, Maryland is Rural (outside of urban cores of 10,000 or more population). In Garrett County, 83.9% of the population lives in a low population density area (500 or fewer people per square mile and less than 2,500 people).

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County Snapshot

Show areas to explore Show areas of strength Trends Available

Health Outcomes					
Length of Life		Garrett County	Maryland	United States	—
Premature Death		7,500	7,500	7,300	
Quality of Life		Garrett County	Maryland	United States	—
Poor or Fair Health		13%	11%	12%	
Poor Physical Health Days		3.2	2.5	3.0	
Poor Mental Health Days		4.9	4.1	4.4	
Low Birthweight		8%	9%	8%	
Additional Health Outcomes (not included in overall ranking)					+
Health Factors					
Health Behaviors		Garrett County	Maryland	United States	—
Adult Smoking		18%	11%	16%	
Adult Obesity		33%	31%	32%	
Food Environment Index		7.7	8.7	7.0	
Physical Inactivity		24%	21%	22%	
Access to Exercise Opportunities		53%	92%	84%	
Excessive Drinking		18%	15%	19%	
Alcohol-Impaired Driving Deaths		31%	28%	27%	
Sexually Transmitted Infections		186.1	535.9	481.3	
Teen Births		21	15	19	
Additional Health Behaviors (not included in overall ranking)					+
Clinical Care		Garrett County	Maryland	United States	—
Uninsured		7%	7%	10%	
Primary Care Physicians		2,060:1	1,130:1	1,310:1	
Dentists		2,210:1	1,260:1	1,380:1	
Mental Health Providers		570:1	310:1	340:1	
Preventable Hospital Stays		2,233	2,653	2,809	

Mammography Screening		39%	37%	37%	
Flu Vaccinations		45%	55%	51%	
Additional Clinical Care (not included in overall ranking)					+
Social & Economic Factors		Garrett County	Maryland	United States	—
High School Completion		90%	91%	89%	
Some College		56%	71%	67%	
Unemployment		5.2%	5.8%	5.4%	
Children in Poverty		17%	14%	17%	
Income Inequality		4.1	4.5	4.9	
Children in Single-Parent Households		21%	26%	25%	
Social Associations		12.8	8.9	9.1	
Injury Deaths		86	88	76	
Additional Social & Economic Factors (not included in overall ranking)					+
Physical Environment		Garrett County	Maryland	United States	—
Air Pollution - Particulate Matter		5.6	7.4	7.4	
Drinking Water Violations		No			
Severe Housing Problems		12%	16%	17%	
Driving Alone to Work		80%	70%	73%	
Long Commute - Driving Alone		30%	50%	37%	
Additional Physical Environment (not included in overall ranking)					+

Note: Blank values reflect unreliable or missing data.