

# GARRETT COUNTY HEALTH PLANNING COUNCIL

April 27, 2023

## HYBRID MEETING MINUTES

### PERMANENT MEMBERS PRESENT

Brian Bailey, MLMC  
Rebecca Aiken, GCPS

Kimi Scott-McGreevy, GRMC

Alicia Streets, GCSS

### CONSUMER MEMBERS PRESENT

Rodney Glotfelty  
Steve Putnam

Edgar Harman  
Larry Tichnell

Robin McGill  
Steve Putnam

Dr. Willis McGill

### VISITORS

Kathy Schrock, Mt. Haven

Amy Joes, GC Lighthouse

Mai Sha Douyan Cover, Care First

Cheryl DeBerry, WM Food Coun.

Fred Polce, GCHD

Kendra McLaughlin, GCHD

Shelley Argabrite, GCHD

John Corbin, GCHD

Heather Cooper, GCHD

Diane Lee, GCHD

Jen Thomas, WellSky

Tiffany Fratz, GCHD

Shanna Humphrey, GCCAC

Grace Bolyard, GC Hospice

David Steward, AHEC West

Dr. Bill Pope

Jennifer Lee-Steckman, GCHD

Donna Fost

*Chairman Steve Putnam called the meeting to order at 8:01 a.m. Additional agenda items include, medicaid re enrollment and Mai Sha Douyan Cover, Care First. The minutes from the March meeting were approved as submitted.*

### DATA INSIGHT BRIEF: Food and Nutrition Security

The Health Department makes sure there is access to good data through the community Health Assessments. Nutrition was determined to be the number two priority need of the health assessment.

The Health Assessment is found on mygarrettcountry.com and contains data insights. The State recognizes our local Health Planning Council as the Local Health Initiative (LHIC) which enables us to write grants. The State Partnerships Initiative Nutrition and Equity (SPINE) grant started last year and it is for the improvement in addressing food and nutrition security for residents. This will be addressed more later in the meeting.

### FOOD AND NUTRITION SUBCOMMITTEE

The Food Council joins the local farmers with customers and the SPINE grant will help to develop those partnerships. The Food Council in itself cannot apply for grants. The goal is to get food into the mouths that need and want the food by providing fresh produce from local farms. One way is "Veggies on the Move" that gets fresh produce into communities that do not have stores, etc. to obtain fresh produce.

### BEHAVIORAL HEALTH AUTHORITY

Fred Polce, Director of Local Management Board/Behavioral Health Authority introduced Kathy Schrock from Mountain Haven and Amy Jones from Garrett County Lighthouse that incorporate the nutrition component with their mental health services.

### Garrett County Lighthouse

Amy presented a Powerpoint that detailed who they are and their goals. They have Psychiatric Rehabilitation (PRP) for adults and children, currently serving 63 people; Residential Rehab (RRP) that currently serves 5

people; Crisis Facility (RCS) that currently serves 4 people; and NEMT that provides approximately 36 rides per week. Clients need to be part of the Maryland Medicaid program to obtain services.

They follow the USDA Plan for nutrition and food regulations and then a report is submitted monthly. The nutrition component is incorporated into what they do.

Adolescent referrals need to follow the guidelines of the client having an established mental health provider and have had 3 visits; a medicaid participant; and the referral needs to be submitted by a licensed therapist or psychiatric provider.

### **Mountain Haven**

Mountain Haven is a peer led mental health support nonprofit organization that provides nutrition services Monday-Friday. Most of their food comes from petty cash allocated from a sister organization in Hagerstown called the Office of Consumer Advocates (OCA). They are currently located on Alder Street and in June will move to a larger location in Deer Park that also has an outdoor area.

### **COMMUNITY AGING IN PLACE**

Shanna Humphrey presented a PowerPoint and explained CAPABLE, a home based program through Johns Hopkins. It serves the most vulnerable seniors and provides a nurse, occupational therapist, and a handyman for 4 months to help seniors stay in their own homes safely. The average home modification is \$1400.

### **MEDICAID RE-ENROLLMENT**

The Public Health Emergency held everyone in Medicaid, but now there are 878 people in Garrett County that will be receiving notification that they may no longer qualify. The best thing to tell people is to update their contact information and income information; interact with a health insurance navigator, and open their mail.

### **CARE FIRST: MAI SHA DOUYAN COVER**

She has worked with John and Shelley in the mygarrettcountry grant and will continue their work with the 2024 grant that will go into food systems.

### **AGENCY UPDATES**

**GCHD** - The cancer program has a new coordinator and the program has been revived. The grant states that a cancer coalition needs to be established. If anyone is interested in being a part of the cancer coalition, please contact Heather Cooper or Autumn Friend in Personal health, 301-334-7770.

Environmental Health will be holding their rabies clinics in May. The schedule is posted on our website.

**GC Public Schools** - Rodney announced that Yough Glades has been identified as a high priority school, which makes funds available to provide healthcare in the school. A healthcare provider and a health coordinator will need to be hired. Becky Aiken added that during the first year, a needs assessment will be done to establish the health, mental health, and nutrition needs.

**GC Hospice** - On May 18, there will be a 20th anniversary celebration at Brodaks's Hall. There will be food provided by Sweitzer's Barbeque, entertainment provided by The Steve Smith Band, and a parcel of land will be auctioned. Reservations need to be made by May 1.

The Hospice walk is scheduled for June 17 at 2 p.m. at the Glades Park.

**Commissioners** - Larry had the opportunity to talk to the Secretary of Agriculture at a Farm Bureau event. He is planning to attend the Garrett County Fair in August. This is the first time in many years that the Secretary has attended the Fair.

**GC Dept. of Social Services** - As the public health emergency is unwinding, it affects their medicaid cases. The information that went out is confusing, so please send questions their way. The income levels will return to pre pandemic levels.

Garrett and Allegany Counties have been tasked with the EBT Fraud Replacement Project to review the SNAP benefits that may have been hacked or stolen within the State of Maryland. Over 9600 claims for replacement benefits have been submitted and over 7000 have been approved. Due to the large response, the program will extend back to January 2021.

April was Child Abuse Month and May is Foster Care Month

*With no further business, the meeting adjourned at 9:21 a.m. May's HPC meeting will be held in conjunction with the Board of Health.*

Respectfully Submitted,

Robert Stephens, MS  
GC Health Officer/HPC Secretary

Recorded by BAB