
A Convenient and Affordable Behavioral Health Resource

Comprehensive mental health and substance abuse services are provided by the Center. It serves people who live in Garrett County. Our clients are children, adolescents, adults, couples, and families with a wide range of problems. The staff consists of psychiatrists, social workers, nurses, licensed substance abuse and mental health counselors.

Garrett County Health Department's Mission:
To promote, protect and improve the health of citizens and visitors of Garrett County

Our Core Values:

- *Responsiveness*
- *Compassion*
- *Teamwork*
- *Leadership*
- *Respect*
- *Honesty*
- *Integrity*
- *Efficiency/Lean*
- *Proactivity*
- *Innovation*
- *Collaboration*
- *Accountability*
- *Excellence*



Our Mission

To serve Garrett County by providing effective, efficient, and culturally respectful services to individuals and families with mental health and substance abuse challenges so that each client is empowered to reach maximum potential within their community.

The Garrett County Health Department, by law and policy, does not permit discrimination against anyone on the basis of race, color, age, national origin, sex, religion, or handicap.



Garrett County Center for Behavioral Health

Mental Health & Substance Abuse Services



Garrett County Health Department
1025 Memorial Drive
Oakland, Maryland 21550

301-334-7680 • 301-334-7681 Fax
301-334-7670 • 301-334-7671 Fax
Grantsville Office: 301-895-5355
www.garrettthealth.org

A full range of mental health and substance abuse services are available to children, adults and families.

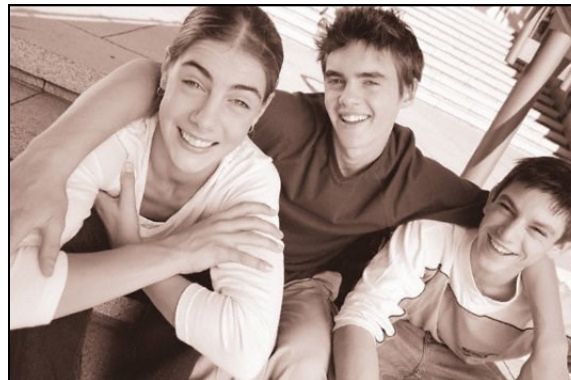
Services for Adults

- Intake and Diagnosis
- Individual Therapy
- Group Therapy
- Intensive Outpatient Treatment
- Anger Management
- Trauma Services
- Parenting Skills
- Entitlement Coordination
- Medication Management
- Co-occurring Treatment
- Geriatric Services and Home Visiting
- Walk in/Phone Crisis Services
- Information and Referral
- Drug Testing
- MVA Sanctioned DWI Treatment
- Inpatient Referrals
- Jail Based Treatment
- Pre-Court Evaluations
- Peer Recovery Support
- Crisis Services

Services for Children and Families

- Diagnosis and Evaluation
- Head Start Observations/Interventions
- School Based Interventions
- School Based Treatment
- Individual Therapy
- Play Therapy
- Child Tele-mental Health
- Sensory Integration
- Family Intervention
- Educational Consultation

We provide services to children of all ages.



After Hour Crisis Services

In the event of an after hour emergency/crisis (after 5pm), please call 301-501-3515 to speak with the on call Crisis Counselor Monday-Friday. On weekends and state holidays crisis counselor is available 24 hours a day by calling the same number. You can also call 911 or go to the nearest emergency room. Other messages may be left on the voice mail of our main number. Calls will be returned on the next work day.

Intensive Outpatient Program

IOP stands for intensive outpatient program. It is an intensive program for persons who have a chemical addiction and are in need of services more intensive than weekly counseling, yet are better served in the community. The IOP addictions program provides therapy for at least nine hours each week on at least four different days.

Our Fees

Most of our services are covered by Medicaid or private insurance. A sliding fee scale is provided for qualified Maryland residents
