

# Adverse Childhood Experience's March Fact

"Adverse Childhood Experiences (ACEs) have a tremendous impact on future violence victimization and perpetration, and lifelong health and opportunity. Working together, we can help create neighborhoods, communities, and a world in which every child can thrive."

For more information please visit

[Adverse Childhood Experiences \(ACEs\) \(cdc.gov\)](https://www.cdc.gov/ace)



## Week 1

**Monday- 3/1**  
**D-Rock Activity**

**Tuesday- 3/2 Mustastic**  
**- Bike Safety**

**Wednesday- 3/3 Health**  
**Rocks- letting go of**  
**stress**



## Week 2

**Monday- 3/8 Guest Speaker**  
**Dustin Pari**  
**"Magic Mystery Box"**

**Tuesday- 3/9 D-Rock-**  
**Kahoot Fun and Bike Safety**

**Wednesday- 3/10 Health**  
**Rocks- Stress part 2**



## Week 3

**Monday- 3/15 Prevention**  
**w/Mrs. Kris- Stress Relief**

**Tuesday- 3/16 Best of**  
**Disney w/Mr. James**

**Wednesday- 3/17**  
**D-Rock fun**

**Friday- CARG swimming**  
**5:30 Parent Boot Camp**



## Week 4

**Monday- 3/22 Health Rocks**  
**- Making informed decisions**

**Tuesday- 3/23- D-Rock**  
**Bike Safety**

**Wednesday- 3/25 Illusions**

**Friday 3/26- CARG**  
**swimming and**  
**Parent Boot Camps**



Partners After School programs are provided by the Garrett County Local Management Board (LMB), Governor's Office of Crime Prevention, Youth, and Victim Services, United Way of Garrett County, Garrett County Department of Social Services and University of Maryland Extension Office. Programs are administered by Garrett County Health Department. For more information call 301-334-7730.



**Week 5**

**3/29 Grow an indoor garden with Mrs. Karen**

**3/30 Exploration with Mrs. Candace**

**3/31 Health Rocks-  
Decisions Decisions.  
Decisions**



**Reminder**

**If you would like to continue to receive food services please let Mr. James know. This delivery will happen on Wednesdays. Thursdays: PAS staff will drop off supplies to students at their schools.**

**PAS STAFF**

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ASSISTANTS

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PREVENTION  
SPECIALIST

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**AmeriCorps**

Madison Prudnick  
**Tutor**

If your child is needing help with a skill or subject in school please contact Mr. James