

January 2021  
**Activity  
Calendar**



# VirtuA



Partners After School

## Oakland

5:00 PM-6:00 PM

Google Meet



**GARRETT COUNTY  
HEALTH DEPARTMENT**

**Monday 1/4**

**BINGO Night**

**Tuesday 1/5**

Health Rocks– Is That a Fact? Making Water Gliders

**Wednesday 1/6**

**Music Night**

**Monday 1/11**

**Yes to H2O**

**Tuesday 1/12**

Health Rocks– Cycle of Addiction: Activity Tangrams

**Wednesday 1/13**

GOALS– guest speaker Mr. Landon

**Monday 1/18**

**NO PAS– STATE HOLIDAY**

**Tuesday 1/19**

Health Rocks– Is it worth the Risk: Engineering-building activity

**Wednesday 1/20**

4-H SNOW GLOBE Science– making snow globes

**Make Up Week 1-25/1-27**

If you have not been able to join us in the live meets to complete past projects please take time this week to do the projects and send pictures to Mr. James.

Staff will be participating in staff development and are excited to bring back some new and fun activities in February.

**Reminder**

**Thursdays: PAS Staff will drop off food and program supplies for the next set of activities.**



One of our performance measures is to interact with your child 30 times within the school year. Please have your child attend and participate in as many live meets as possible. If your child is unable to attend a live meet I will send you a link to the video instructions. If you can send me a picture of your child doing the activity I would greatly appreciate it! Photos can be sent to Mr. James' Cell phone or email: James.michaels@maryland.gov



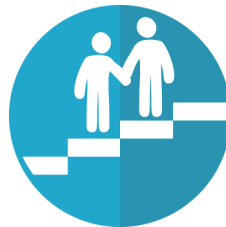
### ACE's January Fact

Mayo Clinic Health System states "creating stable, nurturing relationships that build trust between and adult and a child with adverse childhood experiences can be the starting point of breaking the cycle. You do not have to be an immediate family member or expert in this field to be a good role model for a child. It can start with the simple question, "Are you OK?" and build from there."

#### PARENT/ GAURDIAN CHALLENGE

Ask yourself these three questions

1. "Can I be a mentor?"
2. If not, "Do I know someone who could be a mentor or connect the child with a mentor?"
3. If yes, "Can I support the programs that mentor those children in any way?"



How can you support PAS? Do you have a skill or activity you would like to share in a live meet? Just let Mr. James know your ideas.

#### **PAS STAFF**

James Michaels

DIRECTOR

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ASSISTANTS

Derek Silbaugh

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Candace Jones

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Cassy Baker

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PREVENTION

SPECIALIST

Kristen Walker

301-616-8610

Landon Custer

**AmeriCorps**

Madison Prudnick

**Tutor**

If your child is needing help with a skill or subject in school please contact Mr. James