

December 2020

Activity Calendar



Virtu*A*



Partners After School

Oakland

5:00 PM-6:00 PM

Google



**GARRETT COUNTY
HEALTH DEPARTMENT**

Monday 12/7

Healthy Heart Challenge– Physical Activity

Tuesday 12/8

You Matter– Mentoring and Trivia

Wednesday 12/9

Pet Week Introduction

Monday 12/14

Dog and Cat Toy Creation– Parent Child Activity

Tuesday 12/15

You Matter and Pets do too– Mentoring

Wednesday 12/16

That's so Funny-Learning to Laugh

Monday 12/21

STEM– Can You Build It?

Tuesday 12/22

You Matter– ACE's Introduction

Wednesday 12/23

Tis the Season– Hot Chocolate Holiday Craft

Monday 12/28

Virtual Field Trip– TBA

Tuesday 12/29

Health Rocks #3

Wednesday 12/30

Good Bye 2020-Let it Go...Let it Go

Reminder

Thursdays: PAS Staff will drop off food and program supplies for the next set of activities

Partners After School programs are provided by the Garrett County Local Management Board (LMB), Governor's Office For Children, and United Way of Garrett County. Programs are administered by Garrett County Health Department. For more information, call the LMB at 301-334-7445 or 301-895-3111.



ACEs December Fact

Adverse childhood experiences (ACEs) are potentially traumatic events that can have negative, lasting effects on health and well-being. These experiences range from physical, emotional, or sexual abuse, to parental divorce or the incarceration of a parent or guardian. PAS @ Oakland is striving to help you and your child have a safe virtual space to grow and learn.



**We will be hosting a virtual family meal –
Invitations to come :)**



One of our performance measures is to interact with your child 30 times within the school year. Please have your child attend and participate in as many live meets as possible. If your child is unable to attend a live meet I will send you a link to the video instructions. If you can send me a picture of your child doing the activity I would greatly appreciate it! Photos can be sent to

Mr. James' Cell phone
or email:
James.michaels@
maryland.gov