#### Mt. Laurel Medical Center

301-533-3300

1027 Memorial Drive #100, Oakland, MD 21550 Federally subsidized health care www.mtnlaurel.org

#### Western MD Consortium

301-334-8136

- Resume Development
- Job Application Assistance
- Job Search Assistance
- Skill Training

### **My Garrett County**

mygarrettcounty.com

- Local Job Listings
- Events Calendar
- News

### **Helping Hungry Marylanders**

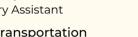


## **Garrett College Continuing Education & Workforce Development**

301-387-3044

#### Allied Health

- CCMA
- CAN
- EMT
- Paramedic
- Phlebotomy Tech.
- Veterinary Assistant



#### Transportation

- Bus Driver Training
- Commercial Driver's License

Manufacturing

Machining

Welding

• CDL Learners Prep

## **Garrett County Health Department**

301-334-7777 or 301-895-3111

- Adult & Geriatric Services
- Behavioral Health
- Environmental Health
- Health Education & Outreach
- Health Families/Early Care Programs
- Home Health
- Medical Assistance Transportation
- Personal Health
- WIC
- And More!

## MOUNTAIN FRESH **FARMER'S MARKET**

mountainfresh.org 301-334-6960

Summer: June-October Mt. Fresh Pavillion S. 1st St. Oakland, MD 21550 Wednesdays & Saturdays 10am-1pm Winter: November-May Check Website for dates and times







www.wmdfoodcouncil.com/

# **HUNGRY?**



# **GUIDE TO FOOD ACCESS**

**GARRETT COUNTY** MARYLAND

# **Food Pantries**

#### Food Connect.....(240) 321-5919

- Oakland: St. Peter Apostle Parish
   208 S. Fourth St. Oakland, MD 21550
   Second Wednesday of the month 10am-12pm
- Grantsville: St. Ann's Catholic Church 12814 New Germany Rd, Grantsville, MD 21536 Last Thursday of the month 10am-12pm
   \*No income guidelines, registration required

#### House of Hope.....(301) 334-2357

202 South Fourth St. Oakland, MD 21550
 Call before noon to set up appointment time

#### Garrett Comm. Action.....(301) 334-9431

• 104 East Center St. Oakland, MD 21550 Call to set up appointment time

# Free Food Distributions by Maryland Food Bank.....(301) 533-3300

Mt. Laurel Medical Center
 Various Location in Garrett County
 One per household/ No income guidelines



#### Mt. Top Food Pantry.....(301) 334-3588

447 Old Crellin Rd. Oakland, MD 21550
 Mainly benefits seniors & veterans
 Must meet WIC income guideline; By Appt.

#### Oak Park Church of the Brethren

.....(301) 334-2243

110 Church Lane, Oakland, MD 21550
 Open Monday- Wednesday 9am-2pm
 Call for income guidelines

# S.I.N.G Food Pantry - Garrett College ......SING@garrettcollege.edu

687 Mosser Rd. McHenry, MD 21541
 Every Thursday 10-4pm; beginning at midterm
 Open to Garrett College Student

#### Loch Lynn Church of God......(301) 334-3221

8649 Gorman RD, Oakland, MD 21550
 Open to the Public; Call for appointment

#### Senior Citizen Food Project (301) 334-4242.....(301) 334-5684

318 East Oak St., Oakland, MD 21550
 Call to make an appointment, serving seniors



# **Community Dinners**

#### Loch Lynn Church of God......(301) 334-3221

 8649 Gorman RD, Oakland, MD 21550 Feed the Flock Ministry
 First Wednesday of the Month 4-6 pm March-June, August-November

#### Divine Hope Church.....(240) 321-4673

 110 Weber Rd, Oakland, MD 21550 Monthly Soup Kitchen Third Tuesday of the month 4-6:30pm

#### GC Sr. Nutrition Program......(301) 334-9431

 104 East Center St, Oakland, MD 21550 Garrett County Community Action Call for details of the services

#### Free Summertime Lunches - Kids under 18

 June, July, August Monday-Friday, Times vary by location Contact Garrett County Board of Education



# Little Free Pantries of Garrett County

Oakland City Hall 15 South Third St. Oakland, MD 21550

Crellin Elementary School 115 Kendall Dr. Oakland, MD 21550

Ruth Enlow Library - Friendsville 315 Chestnut St. Friendsville, MD 21531

Deep Creek Lion's Club Park 1249 Bumble Bee Rd, McHenry, MD 21541



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