

## WORKGROUP ON ADOLESCENT AND CHILD HEALTH

May 3, 2023

### MEETING MINUTES

#### THOSE ATTENDING

Rebecca Aiken, GCPS  
Heather Cooper, GCHD  
Susan Mills, GCHD  
Becky Aiken, GCPS  
Mary VanSickle, GCHD

Amber King, Wellspring  
Dr. Jenny Corder, GCHD  
Dr. Karl Schwalm  
Laura Robinson

Fred Polce, GCHD  
John Corbin, GCHD  
Mark Shrout GC Lighthouse  
Sandy Miller, GCHD

*Jennifer Lee-Steckman called the meeting to order at 8:31 a.m.*

#### CHILD HEALTH MONTH

The YRBS data was recently released and shows that middle/high school students:

- 40% felt sad and hopelessness
- 17% contemplated suicide
- 11% actively attempted suicide

These numbers are frightening and are driving the May Child Mental Health Awareness campaign which includes:

- Digital campaign with a QR code
- Digital resource guide where you can request materials and/or download materials, which includes window clings, bows, signs, wallet cards, placemats, yard signs, posters
- We are asking businesses to encourage friends, employees, clients, etc to get the information and the change in the number to 988
- Five days of outreach to healthcare providers
- Take photos of wearing green and email them to John at [john.corbin@maryland.gov](mailto:john.corbin@maryland.gov)

Mark Shrout from the Lighthouse announced that they recently received their license for the Child and Adolescent program and are now accepting referral forms that can be found on their webpage along with instructions to complete the forms and more information. This information will be uploaded to the digital toolkit.

*The meeting adjourned at 9:13 a.m.*

Respectfully Submitted,

Beth A. Brenneman