

SEPTEMBER 2023

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
INFORM	27	28 MENTAL HEALTH FIRST AID TRAINING	29	30	31 WICOMICO OVERDOSE AWARENESS DAY	1	2
EDUCATE	3	4 LABOR DAY	5	6	7 SUICIDE PREVENTION MONTH KICK OFF WEBINAR	8	9 TRICOUNTY KICK OFF EVENT ARTHUR W. PERDUE STADIUM
NATIONAL SUICIDE PREVENTION WEEK - SEPTEMBER 10 THROUGH SEPTEMBER 16							
TRAIN	10 WORLD SUICIDE PREVENTION DAY	11	12 YOUTH MENTAL HEALTH FIRST AID	13 CARE TRAINING WITH THE TREVOR PROJECT	14 VETERANS AND MENTAL HEALTH: HELPING THOSE WHO HAVE SERVED	15	16 ROCK FOR RECOVERY OAKRIDGE BAPTIST CHURCH
CONNECT	17 MONTGOMERY COUNTY OUT OF DARKNESS WALK	18	19	20 GOVERNOR'S COMMISSION ON SUICIDE PREVENTION MEETING	21 POWER OF EXPRESSION	22 EVENING OF REFLECTION	23 OCEAN CITY OUT OF THE DARKNESS WALK
SUSTAIN	24	25	26	27	28	29 HARFORD COUNTY 4TH ANNUAL LIFE MATTERS CONFERENCE	30 CECIL COUNTY GATSBY GALA

ADDITIONAL RESOURCES

[SPRC](#) - Suicide Prevention Month: Ideas for Action
[AFSP](#) - We Can #StopSuicide
[SAMHSA](#) - Suicide Prevention Resources
[NAMI](#) - Suicide Prevention Awareness Month
[Zero Suicide](#) - What's New Resources
[Yellow Ribbon](#) - Suicide Prevention Program
[988 Lifeline](#) - Get Involved
[American Association of Suicidology](#) - 2023 World Suicide Prevention Benefit
[Army Resilience](#) - Suicide Prevention Month

UPCOMING EVENTS AND OUT OF THE DARKNESS WALKS

[September 9 St. Mary's County Walk For Recovery](#)
[September 9 Carroll County Out of the Darkness Walk](#)
[September 17 Annapolis Out of the Darkness Walk](#)
[September 30 Shatter the Stigma Wor-Wic Community College](#)
[October 7, Hagerstown Out of the Darkness Walk](#)
[October 14, Frederick Out of the Darkness Walk](#)
[October 15, Southern Maryland Out of the Darkness Walk](#)
[October 28, Baltimore Out of the Darkness Walk](#)
[November 4, Havre de Grace Out of the Darkness Walk](#)