# WORKGROUP ON CHILD AND ADOLESCENT HEALTH July 7, 2021 MEETING MINUTES

#### THOSE PRESENT

Amber King (Wellspring)Dr. Karl Schwalm (Retired MD)John Corbin (GCHD)Susan Mills (GCHD)Laura Robinson (MDH)Fred Polce, Jr. (GCHD)Jennifer Brenneman (GCHD)Dr. Jenny Corder (GCHD)Ula Slider (MCF)Amy Fike (GC Lighthouse)Kimi Scott-McGreevy (GRMC)Amy Ritchie (GCHD)

Shelley Argabrite (GCHD) Dr. Sotiere Savopoulos (GMG)

## **HEALTHY WEIGHT WORK GROUP UPDATE**

The group met with Dana McCauley, the principal at Crellin Elementary School. Crellin will be piloting a program designed to screen students and offer guidance for children with possible obesity risks. The school has already implemented healthy lifestyles so nothing will change, it will be added to.

- After school events
- Screening
- Maintain goals
- Get children in for well-child checks
- Train providers to address obesity risks when a child comes in for a well-child check

There are no official dates and they need to hear from Dana McCauley and Kristen Spiker.

Dr. Schwalm is sending out a survey to providers about mental health in children and asked if the subject of obesity in children should be added to the survey. The survey will need advertised so providers are aware and do not discard the email with the survey.

#### **CHILD MENTAL HEALTH UPDATE**

The Green Campaign was well received throughout the county. There has been no luck in getting mental health providers to the area. We now need an emphasis on educating providers, by talking to them and then send out a survey.

If you have ideas for initiatives on ways to build interest, please email Dr. Schwalm.

#### Schools -

- Therapist from the Health Department go into all the schools
- The Dove Center is involved with the schools
- Mary VanSickle has many social workers and is trying to hire more, but it is difficult; and so it retaining staff

### **NEW BUSINESS**

Dr. Schwalm will send out a survey to the work group to see which works better, virtual meetings or in-person meetings.

Respectfully Submitted,

Beth A. Brenneman