

**WORKGROUP ON CHILD AND ADOLESCENT WELLNESS**

**June 2, 2021**

**(Virtual) Meeting Minutes**

**THOSE PRESENT**

John Corbin (GCHD)

Jennifer Brenneman (GCHD)

Maria Frantz (GCHD)

Bob Stephens (GCHD)

Dr. Sotiere Savopolous (GMG)

Shelley Argabrite (GCHD)

Dr. Karl Schwalm (Retired MD)

Mary VanSickle (GCPS)

Kimi Scott-McGreevy (GRMC)

Dr. Jenny Corder (GCHD)

Dr. Stephanie Sisler (Lovelight Pedes)

Amy Ritchie (GCHD)

Fred Polce, Jr. (GCHD)

Phil Lauver (GCPS)

Laura Robinson (MDH)

*Dr. Schwalm called the meeting to order at 8:03 a.m.*

**CHILD MENTAL HEALTH UPDATE**

There was a meeting of the stakeholders to discuss problems and set goals. Dr. Schwalm emailed each person an outline. The strategies include, attract more child psychologists and provide Mental Health education for primary care providers so they can be more comfortable prescribing the psych meds some children need.

Tele psych has its challenges. Many times there is a language barrier as the psychiatrist may not be fluent in English. Mental Health education for primary care providers is needed so they can be more comfortable prescribing the medications the patient requires.

Recruitment –

- Kimi will get more information about what their BH clinic is doing in their center to grow child services. Dr. Schwalm, Kimi, Kendra, and Kim Rock will have a meeting to discuss
- Laura will reach out to her contacts at the Finan Center
- Possibly share a child psychiatrist between Garrett County, Allegany County, and Keyser. May present a problem since West Virginia will not take Maryland Medical Assistance

**HEALTHY WEIGHT PROGRAM**

Goals they are working on include –

- Increase screenings to include Kindergarten or first grade and then every other year
- Blood pressure
- Weight
- Possibly start meetings – eight sessions, every other week
- Nutrition
- Field trips to State Parks
- After school activities
- Aimed at children that screen positive for key factors and are at-risk.
- Community events with doctors and families



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- Providers could go into the classroom and present diet and exercise information
- Present at camps

### **CHILD MALTREATMENT**

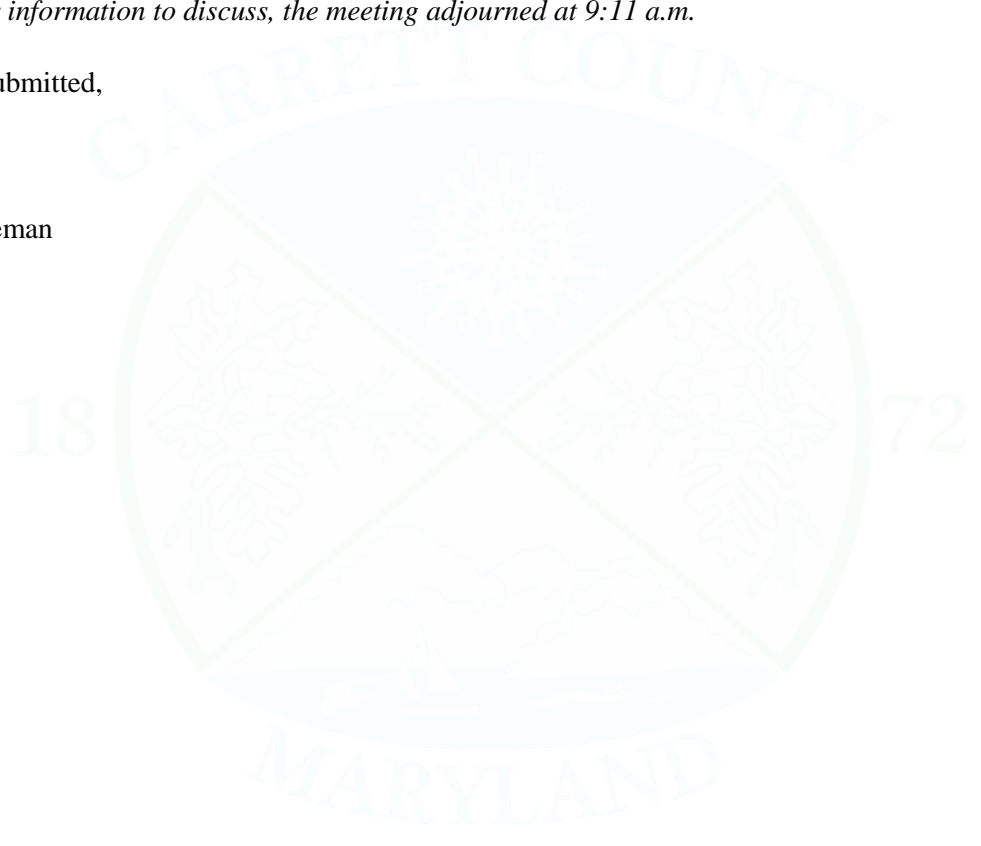
Garrett County has the highest case rate for child abuse investigations.

Social Services is in the middle of changing leadership, naming a new director. There can possibly be more partnerships created.

*With no further information to discuss, the meeting adjourned at 9:11 a.m.*

Respectfully Submitted,

Beth A. Brenneman



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