



GARRETT COUNTY HEALTH DEPARTMENT

FY 2016 Annual Report



**GARRETT COUNTY
HEALTH DEPARTMENT**



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HEALTH DEPARTMENT**

1025 Memorial Drive, Oakland, MD 21550

301-334-7777 -or- 301-895-3111

Visit us online at GarrettHealth.org!

A Message from the Garrett County Health Officer

Garrett County is a unique place nestled in the mountains of Western Maryland, where natural beauty abounds with plenty of space to enjoy. Our vision is to make Garrett County a healthier place to live, work, and play! The role of public health is one of necessity and is intertwined in the fabric of our community. Though Garrett County is a wonderful place to live, given the rural nature of the area, access to care continues to be a primary concern. At the Garrett County Health Department, we not only provide traditional population based public health programs, but are also an essential community provider for many direct specialty services. By doing so, we provide assurance that these services are available for our residents.

“The Garrett County Health Department’s mission is to promote, protect, and improve the health of citizens and visitors of Garrett County.”

We strive to provide the 10 essential CDC public health services important to any community. We continually work to respond rapidly to changing conditions or to take new approaches to solving long standing and emergent problems. The Garrett County Health Department is working with our community partners to nurture and promote a culture of health. Please browse our report and see for yourself the significant impact that your local health department has in this community.



Bob Stephens, M.S.
Garrett County Health Officer



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Preventing the Spread of Disease

Immunizations

Provide vaccinations for the general public and health care professionals to eradicate the spread of disease and promote the safety/well-being of the population.

- 221 Adult Immunizations Provided
- 155 Child Immunizations Provided
- 1065 Seasonal Influenza Vaccinations Provided to Adults and Children



HIV/AIDS

Provide prevention services, educational awareness, confidential testing, and case management to eligible individuals.

- 174 HIV Tests Completed
- 10 HIV Positive Individuals and Families Received Advocacy Services



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Communicable Disease Surveillance

Provide surveillance, investigation, and education regarding the spread and prevention of reportable communicable diseases.

Rabies Control

Ensure preventative treatment for people exposed to rabies and test suspect animals.

- 749 Animals Vaccinated
- 40 Animal Bites Reported and Investigated
- 23 Animals Tested, 4 Confirmed Positive

Recreational Sanitation

Complete water quality tests for beaches, swimming pools, and public recreational facilities to prevent disease.

- 250 Seasonal Water Quality Tests Conducted at 8 Bodies of Water
- 20 Swimming Pools/Spas (52 Inspections) and 15 Campgrounds Inspected

How can I participate in health improvement processes?

Visit MyGarrettCounty.com!



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Environmental Hazard Protections

Safety of Water and Sewage Systems

Review construction projects, test water quality, and complete soil evaluations along with percolation tests to ensure proper sewage disposal, in order to prevent disease caused by water contamination.

- 88 Well Construction Permits Issued
- 1,357 Total Water Samples Collected
- 58 Certificates of Potability (COP's) Issued
- 534 Bacterial and 491 Chemical Individual Water Samples Collected
- 5 Bacterial and 0 Chemical Samples Collected from Mobile Home Parks
- 263 Bacterial and 64 Chemical Samples Collected from Non-Transient Community Water Systems
- 59 Soil Evaluation Tests Completed
- 59 Septic Permits Issued
- 11 Best-Available Technology Nitrogen Reduction Systems Installed



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Public Protection from Foodborne Illness and Disease

Inspect food service facilities to ensure that food is prepared under safe and healthy conditions.

- Permanently Licensed 312 Food Service Facilities
- Conducted 591 Inspections
- Issued 126 Temporary Permits



Air Quality

Investigate complaints and coordinate enforcement in conjunction with the Maryland Department of Environment.

- 707 Burning Permits Issued

Transient Vacation Rental Units

Aid in the regulation and licensing of TVRU's within the Deep Creek Zoning District to facilitate orderly development and growth.

- 823 Licensed Transient Vacation Rental Units
- 386 Transient Vacation Rental Unit Inspections Completed

Bioterrorism/Emergency Preparedness

Collaborate with partner agencies to respond to and provide public health services in disasters.

- Available 24/7 through GC Public Safety and Emergency Management Office
- Health Department Staff Participated in 3 Disaster Planning Meetings, 6 Region I & II Healthcare Coalition Meetings, the Annual Region I & II Healthcare Coalition Meeting, and the Annual Statewide Emergency Preparedness Meeting
- Completed 1 Facility Set-Up Drill, 2 Through Put Drills, 1 Operational Readiness Review, 4 Satellite Phone Drills, and 4 Employee Notification Drills

Promoting Healthy Behaviors

Health Education & Outreach

Provide services to promote and encourage healthy behaviors to prevent alcohol/drug abuse, tobacco use, obesity, injuries, and teen pregnancy.

- 8,859 Adults and Children Educated on Prevention Topics (Not Unduplicated)
- 174 Adults and Children Served through After School Programs; 49 Adults and Children Served through Diet Consults; 647 Adults and Children Served through Smoking Cessation Classes; 77 Car Safety Seats Distributed
- 59 Mini-Grants Totaling \$88,560 Distributed to Assist in Prevention Efforts
- Facilitated Adoption of 11 Policy and Organizational Changes to Promote Health
- Assisted in 143 Alcohol and Tobacco Compliance Checks Resulting in 14 Violations



Dental Outreach Program

- 173 Evaluations Completed at Head Start and Kindergarten Registration
- 953 Children Participated in a School Fluoride Rinse



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Improving Access to Services

Behavioral Health Authority

Provides oversight and direction of the public behavioral health system, assesses the mental health and addiction service needs of the community, promotes the development and monitors the quality of publicly funded mental health and addiction prevention, treatment, and recovery services, and assures access for those in need of quality behavioral health services.

Early Care System of Care

Through ongoing home visits from registered nurses and trained paraprofessionals, low-income, at-risk mothers receive the care and support they need to have a healthy pregnancy, provide competent care for their children, and become more economically self-sufficient while preparing for a medical home.

- Childbirth Classes Offered 12 Times/Year
- Breastfeeding Classes Offered 11 Times/Year
- 15 Socializations Offered from Birth to 5 Years
- Early Care Programs are a Gateway to Healthy Behaviors and Additional Services such as Immunizations



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Adult Evaluation Services

Offer evaluations to individuals ages 18 and older and recommend appropriate community resources as available, based on an individual's needs.

- 287 Individuals Served

MEDBANK

Provide prescription access (if a specific medication is available through the drug company) for Garrett County residents with chronic medical conditions who are uninsured or underinsured and meet financial guidelines. This Program was maintained by the Garrett County Health Department following the shutdown of this service on the state level.

- 19 Clients Received 22 Medications

How can I search for Garrett County Health Department programs?

Visit GarrettHealth.org!



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Providing Community Services

Cancer Program

Provide screening, diagnosis, and treatment services for colorectal, breast, and cervical cancer to eligible county residents in collaboration with local physicians.

- 28 Colonoscopies Performed
- 23 Skin Biopsies Performed
- 98 Women Enrolled for Breast and Cervical Cancer Screenings
- 143 Breast and Cervical Cancer Program Procedures and Services Completed

Reproductive Health

Provide services in order to reduce unintended pregnancies and improve pregnancy outcomes by offering comprehensive, quality evaluations for males and females of reproductive age.

- 1,111 Services Completed
- 867 Clients Treated



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WIC

Provide nutritional assistance and education, breastfeeding support, and clinical services.

- 811 Clients/Month, 1230 Unduplicated Clients, Comprising of 78% of All Garrett County Births
- Status Screening
- Nutritional Education
- Breast Feeding Education, Promotion, and Support
- Supplemental Foods (Contributing Approximately \$625,000 to the Economy Annually in Food Expenditures)

Dental Clinic

Provide dental services to children and low income adults.

- 1,399 Children Served
- 1,352 Adults Served
- 602 High-Risk, Adult Uninsured Patients in Severe Need of Treatment Served



Home Health

The exclusive Medicare-certified home health agency in Garrett County. This service is critically important for continuum of care in our community, and is reimbursed by Medicare, Medical Assistance, insurance, and self-pay.

- 3843 Skilled Nursing Care, 4121 Physical Therapy, 925 Occupational Therapy
- 1336 Home Health Aide Services
- 706 Total Patients
- 58 Hospital Readmissions

Behavioral Health Services

Provide out-patient mental health and addiction treatment in three fixed locations and all public schools.

- 1271 Mental Health Clients
- 59 Patients in Mental Health Case Management
- 2,271 Psychiatrist Visits
- 491 Substance Use Disorder Clients
- 43 Substance Abuse Consults
- 39 Pre-Court Substance Abuse Assessments



Recovery Services

Assist clients with transportation to and from scheduled appointments.

- 1,917 Scheduled Behavioral Health Transportation Appointments
- 823 Services Provided Through Behavioral Health Transportation Appointments
- 43% of Needs Met Through Service Delivery

How do I know if I qualify for a program?

Call us at 301-334-7777 or 301-895-3111!



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Administration and Oversight

Administration

- Issuance of 85 Birth Certificates and 2118 Death Certificates for 385 Deceased Individuals
- Personnel, Fiscal, and Inventory Management
- Procurement
- Supervisory Oversight
- Information Technology
- Population Health Planning: 2016 Community Health Assessment Published, MyGarrettCounty.com Community Health Improvement Planning Tool Launched in Mid-FY 2016, Continued Accreditation Coordination



Local Management Board (LMB)

The Local Management Board provides leadership in facilitating change in the community care system to assist families in obtaining the services needed to become more functional. We improve outcomes for children and families by working with community partners to plan, coordinate, and monitor health and human services programs.



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About the GCHD

Garrett County Health Department

The Garrett County Health Department has a total workforce of 161 employees. Merit classification comprises of 101 employees, special pay comprises 32, and 28 third party contractual employees, make the Garrett County Health Department the 11th largest employer in the county. The total operating budget is approximately \$14,000,000, which funds 72 individual programs. The Garrett County Health Department is funded by state core dollars, local core dollars, state targeted grants, direct federal grants, pass through federal funding, and fee for service programs.

The Health Officer is appointed by the Secretary of Health upon recommendation of County Commissioners. The Garrett County Board of Health consists of Garrett County Board of Commissioners with the Health Officer as Secretary. The Health Officer administers delegated programs from the Secretaries of Health and Environment. The Garrett County Health Department administers ordinances adopted by the Garrett County Board of Health.



MARYLAND
Department of Health

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