# GARRETT COUNTY

Adolescent Wellness

SURVEYS
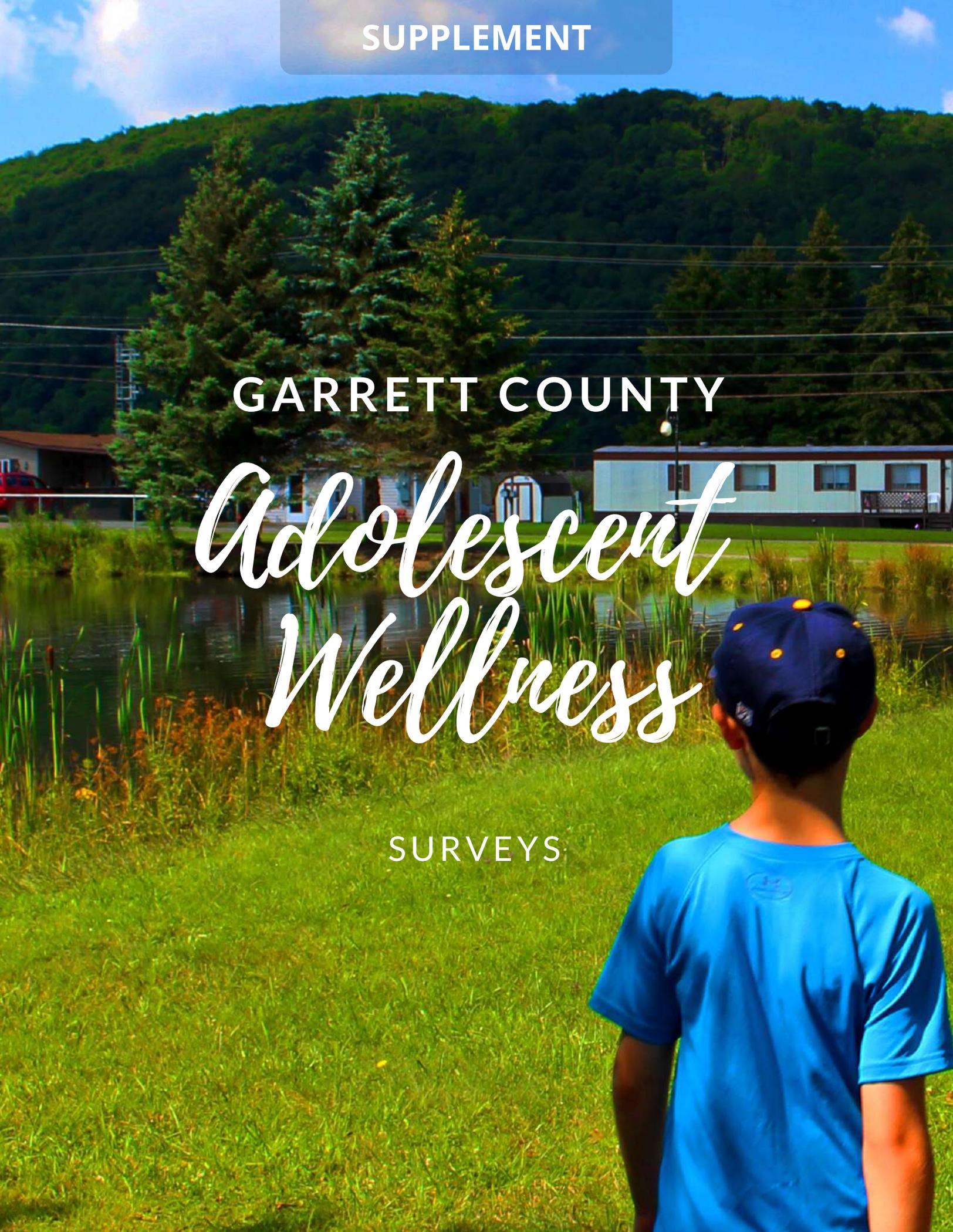
Q1 What grade are you currently enrolled in?

Answered: 39   Skipped: 0
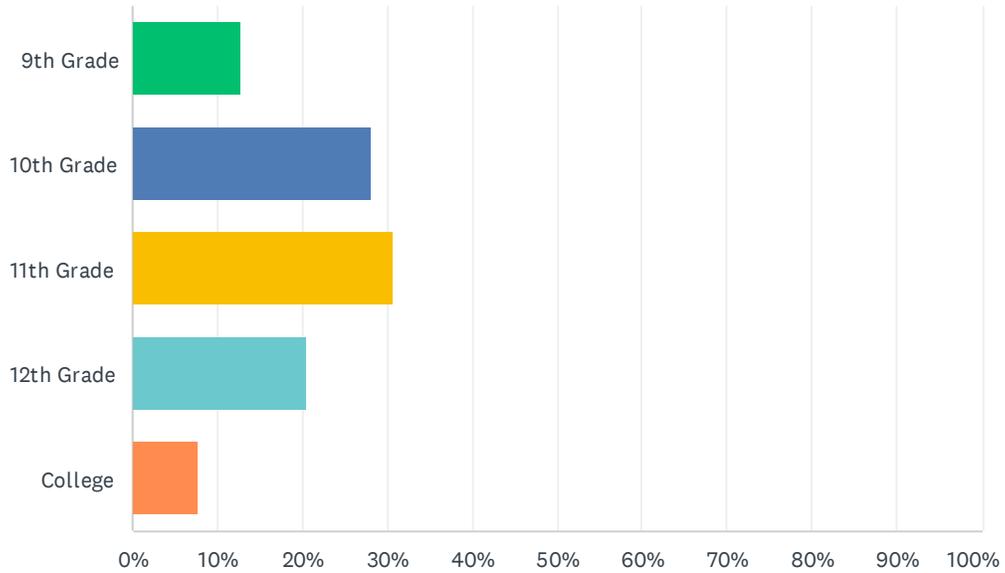
ANSWER CHOICES	RESPONSES	
9th Grade	12.82%	5
10th Grade	28.21%	11
11th Grade	30.77%	12
12th Grade	20.51%	8
College	7.69%	3
TOTAL		39

Q2 What is your gender?

Answered: 39   Skipped: 0
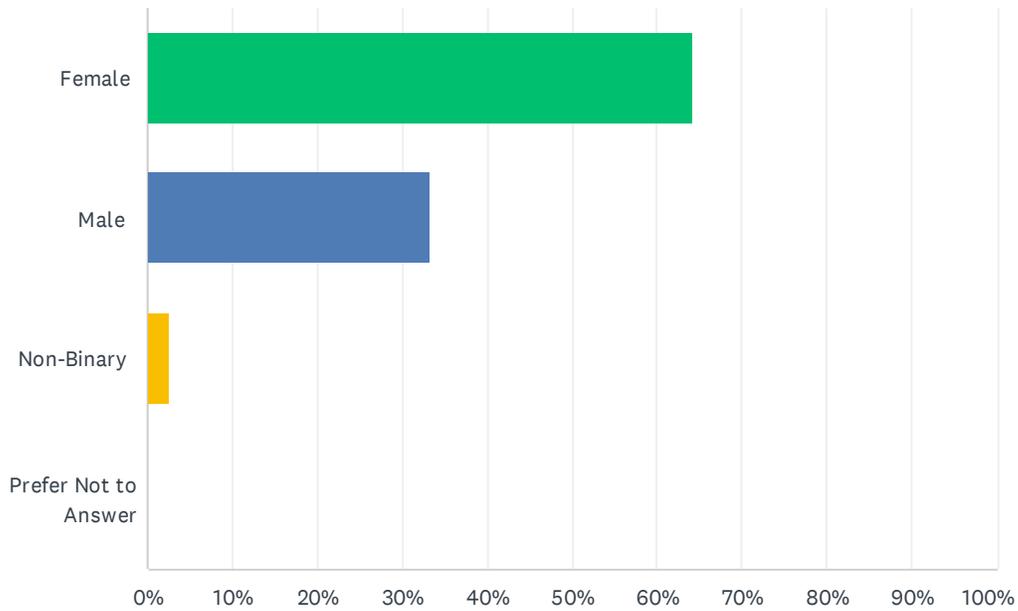
ANSWER CHOICES	RESPONSES	
Female	64.10%	25
Male	33.33%	13
Non-Binary	2.56%	1
Prefer Not to Answer	0.00%	0
Total Respondents: 39		

Q3 Regarding the rate of births to teens ages 15-19 years (per 1,000 population of teenaged females), which number do you think comes closest to Garrett County's rate for the year 2017?

Answered: 39   Skipped: 0
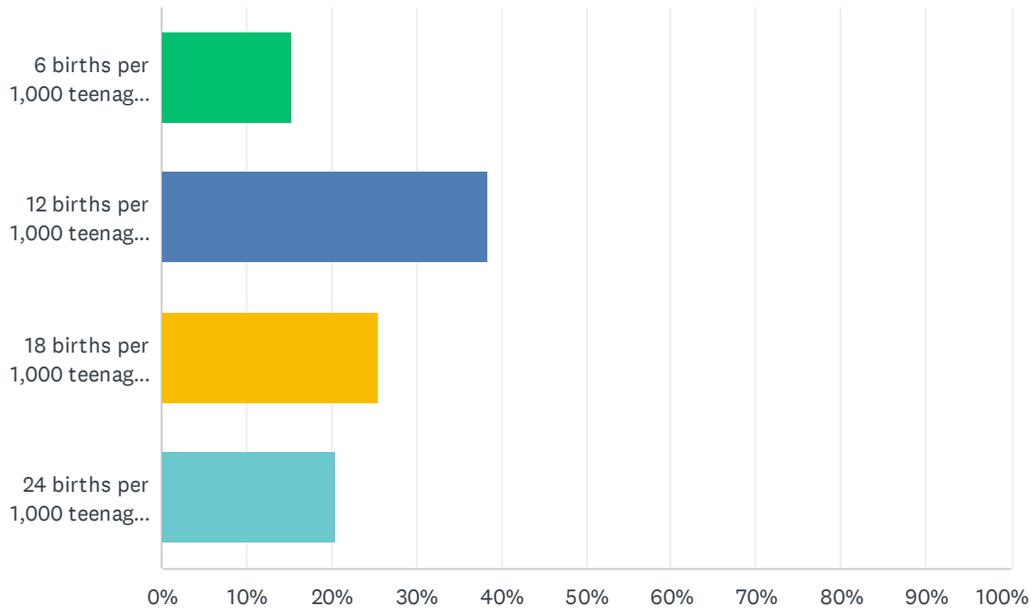
ANSWER CHOICES	RESPONSES	
6 births per 1,000 teenaged females	15.38%	6
12 births per 1,000 teenaged females	38.46%	15
18 births per 1,000 teenaged females	25.64%	10
24 births per 1,000 teenaged females	20.51%	8
TOTAL		39

Q4 Maryland's 2017 goal was that >57% of adolescents receive an annual physical exam (annual check-up) by a primary provider (physician or nurse practitioner). The state of Maryland averaged 54.6%. Approximately what percent of adolescents in Garrett County do you think received annual physical exams in 2017?

Answered: 39   Skipped: 0
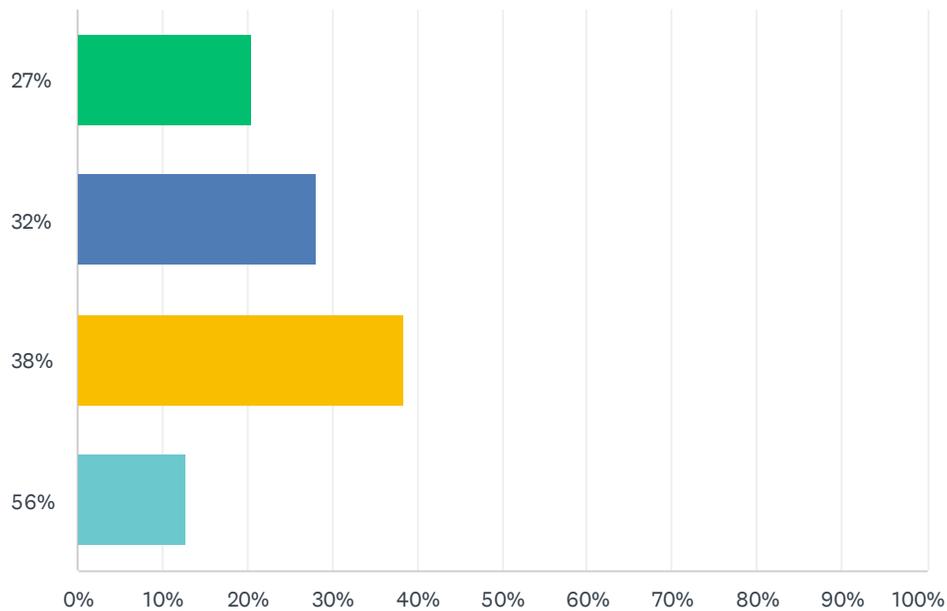
ANSWER CHOICES	RESPONSES	
27%	20.51%	8
32%	28.21%	11
38%	38.46%	15
56%	12.82%	5
TOTAL		39

Q5 What percent of Garrett County high school students do you think seriously considered suicide during the year leading up to the 2016 Youth Risk Behavior Survey (YRBS)?

Answered: 39   Skipped: 0
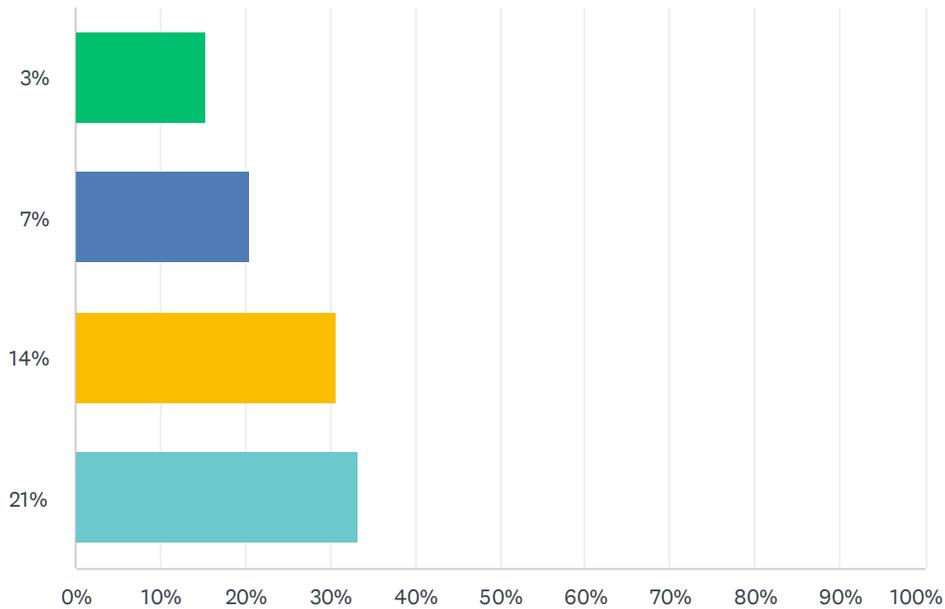
ANSWER CHOICES	RESPONSES	
3%	15.38%	6
7%	20.51%	8
14%	30.77%	12
21%	33.33%	13
TOTAL		39

Q6 What percentage of Garrett County high school students do you think have ever engaged in sex before graduating?

Answered: 39   Skipped: 0
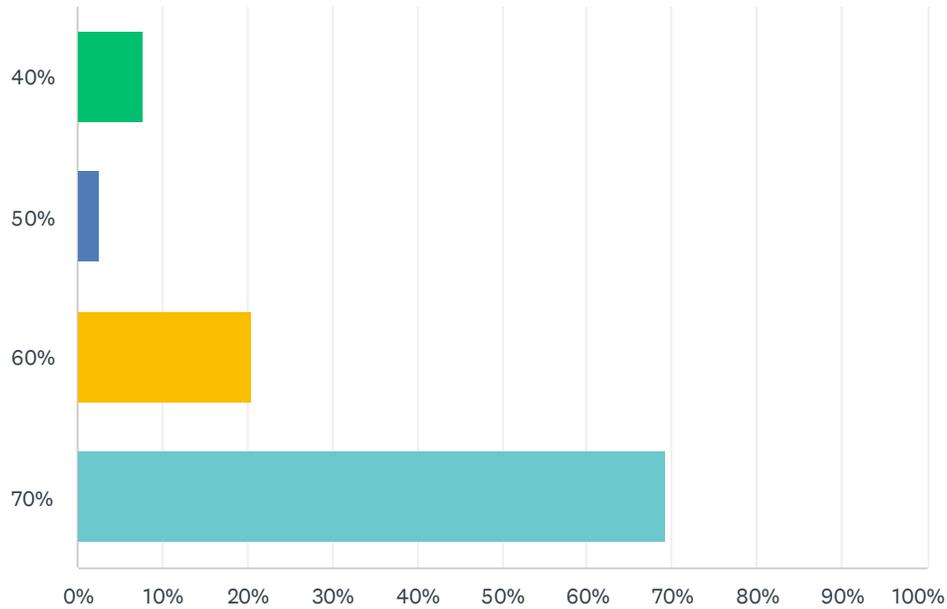
ANSWER CHOICES	RESPONSES	
40%	7.69%	3
50%	2.56%	1
60%	20.51%	8
70%	69.23%	27
TOTAL		39

Q7 True or false: Tobacco use among adolescents is highest in Garrett County, compared to all of the counties in Maryland.

Answered: 39   Skipped: 0
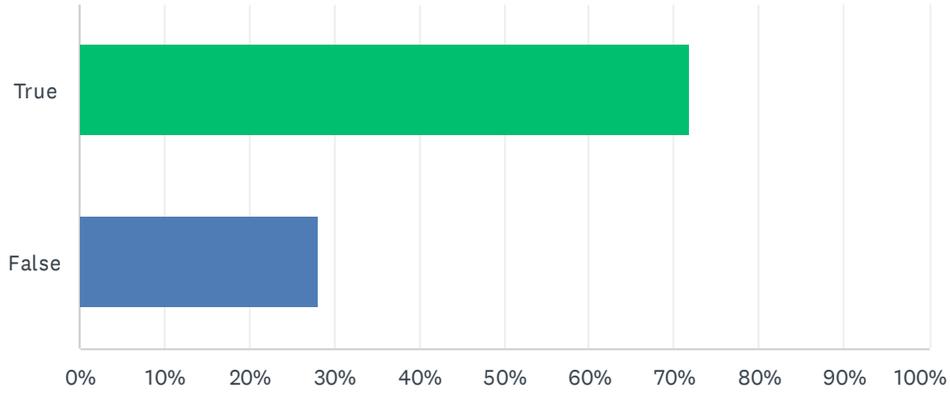
ANSWER CHOICES	RESPONSES	
True	71.79%	28
False	28.21%	11
TOTAL		39

Q8 Do you think electronic nicotine delivery systems (also known as vaping devices) are addictive?

Answered: 39   Skipped: 0
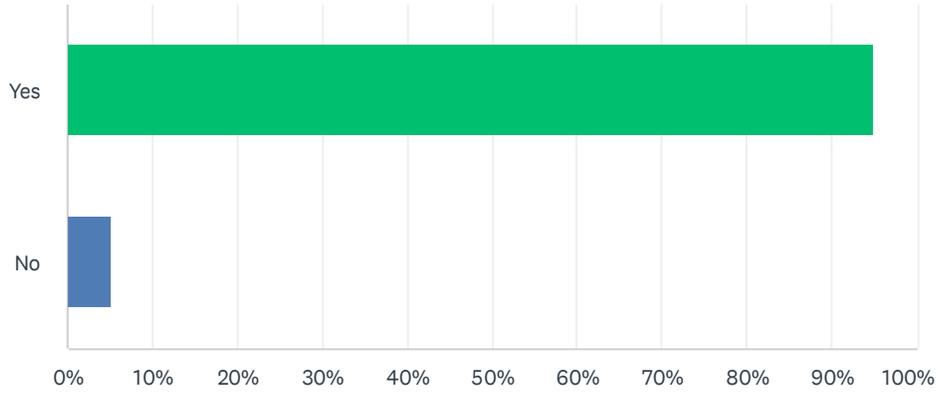
ANSWER CHOICES	RESPONSES	
Yes	94.87%	37
No	5.13%	2
TOTAL		39

Q9 Do you think electronic nicotine delivery systems are safe (referring to the effect on health rather than the possible explosiveness of the device.)?

Answered: 39   Skipped: 0
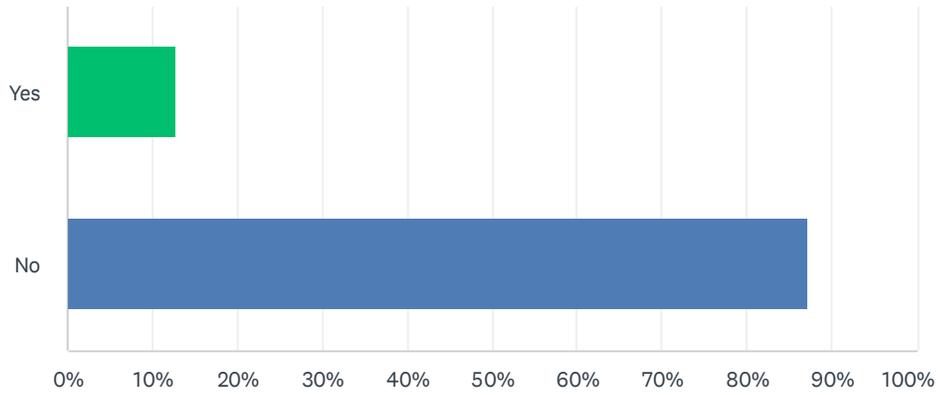
ANSWER CHOICES	RESPONSES	
Yes	12.82%	5
No	87.18%	34
TOTAL		39

Q10 What percentage of Garrett County high school students do you think reported binge drinking on at least 1 day during the 30 days before the 2016 YRBS survey?

Answered: 39   Skipped: 0
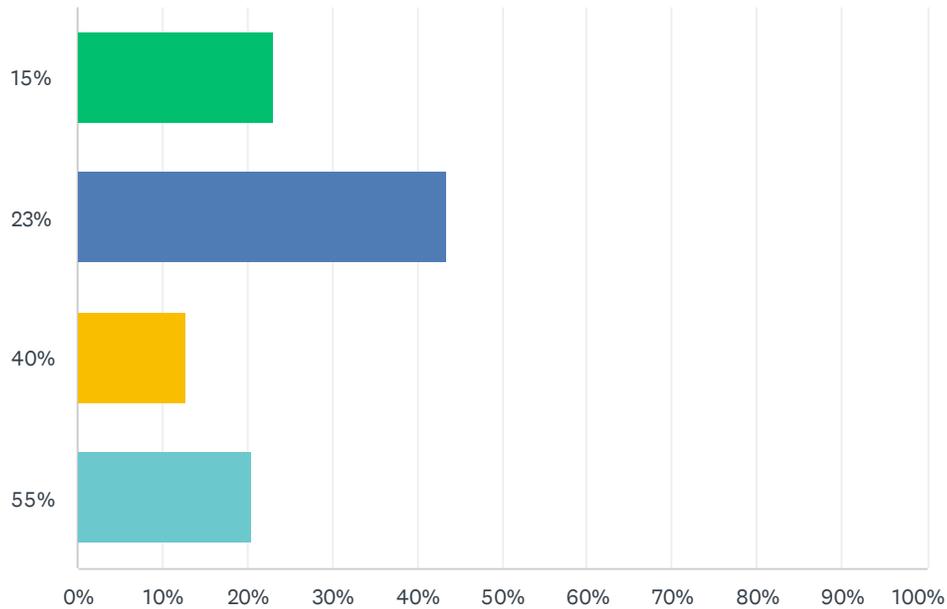
ANSWER CHOICES	RESPONSES	
15%	23.08%	9
23%	43.59%	17
40%	12.82%	5
55%	20.51%	8
TOTAL		39

Q11 During the last 12 months, I saw a health care provider (doctor, nurse practitioner, physician assistant) for the following reasons: (Check all that apply.)

Answered: 38   Skipped: 1
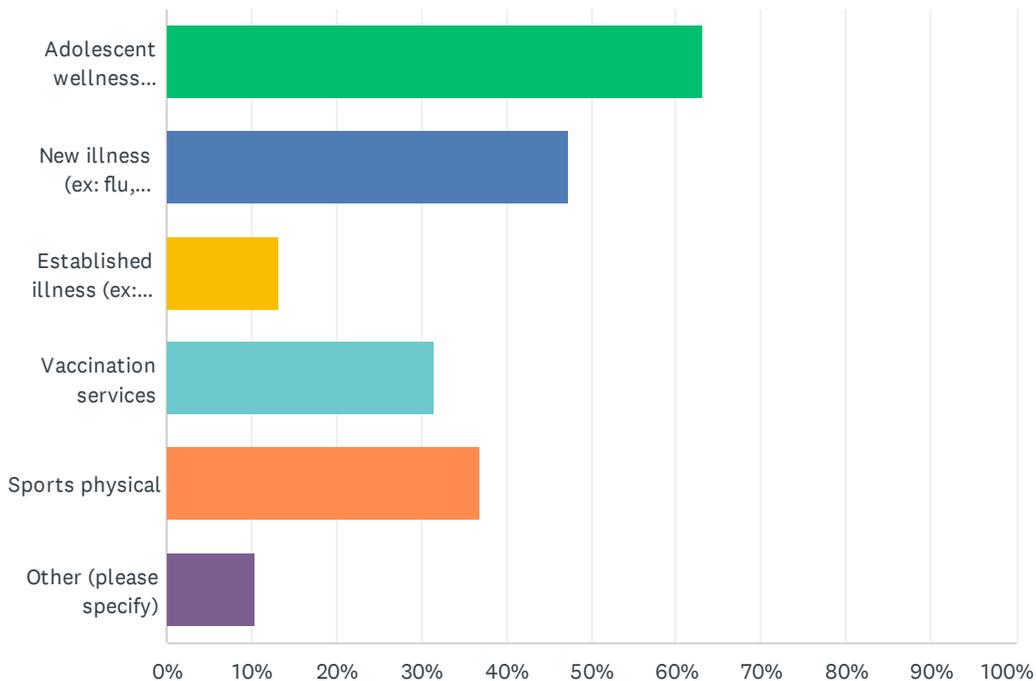
ANSWER CHOICES	RESPONSES	
Adolescent wellness check-up.	63.16%	24
New illness (ex: flu, cough, fever)	47.37%	18
Established illness (ex: asthma follow-up)	13.16%	5
Vaccination services	31.58%	12
Sports physical	36.84%	14
Other (please specify)	10.53%	4
Total Respondents: 38		

#	OTHER (PLEASE SPECIFY)	DATE
1	Not been there for 12 months	2/9/2020 11:33 AM
2	Mental health services	2/7/2020 7:26 AM
3	STD	12/17/2019 9:41 PM
4	Birth Control	12/15/2019 6:59 PM

Q12 What kept you from attending routine adolescent wellness/preventive medicine check-ups in the past 12 months, if any? Choose as many as apply to you.

Answered: 26   Skipped: 13
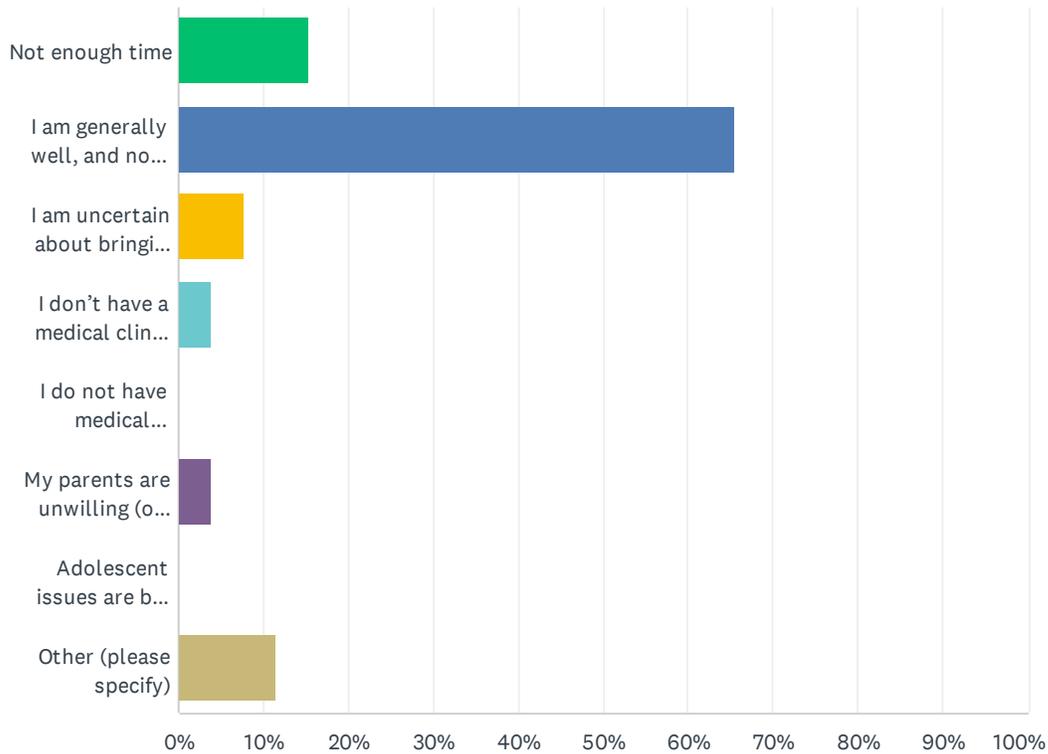
ANSWER CHOICES	RESPONSES	
Not enough time	15.38%	4
I am generally well, and not in need of routine wellness checks	65.38%	17
I am uncertain about bringing up sensitive issues like sexuality, substance use, and mental illness	7.69%	2
I don't have a medical clinic that caters to my needs	3.85%	1
I do not have medical insurance	0.00%	0
My parents are unwilling (or probably unwilling) to allow me to have full range of services	3.85%	1
Adolescent issues are best addressed within the home by my parents	0.00%	0
Other (please specify)	11.54%	3
Total Respondents: 26		

#	OTHER (PLEASE SPECIFY)	DATE
1	Nothing, I had my check up.	2/9/2020 6:05 PM
2	i've already had an adolescences check up	12/13/2019 12:08 AM

| 3 | None | 12/11/2019 8:28 PM |

Q13 What would you like to talk to your health care provider about if you could see them?Choose as many as apply:

Answered: 32   Skipped: 7
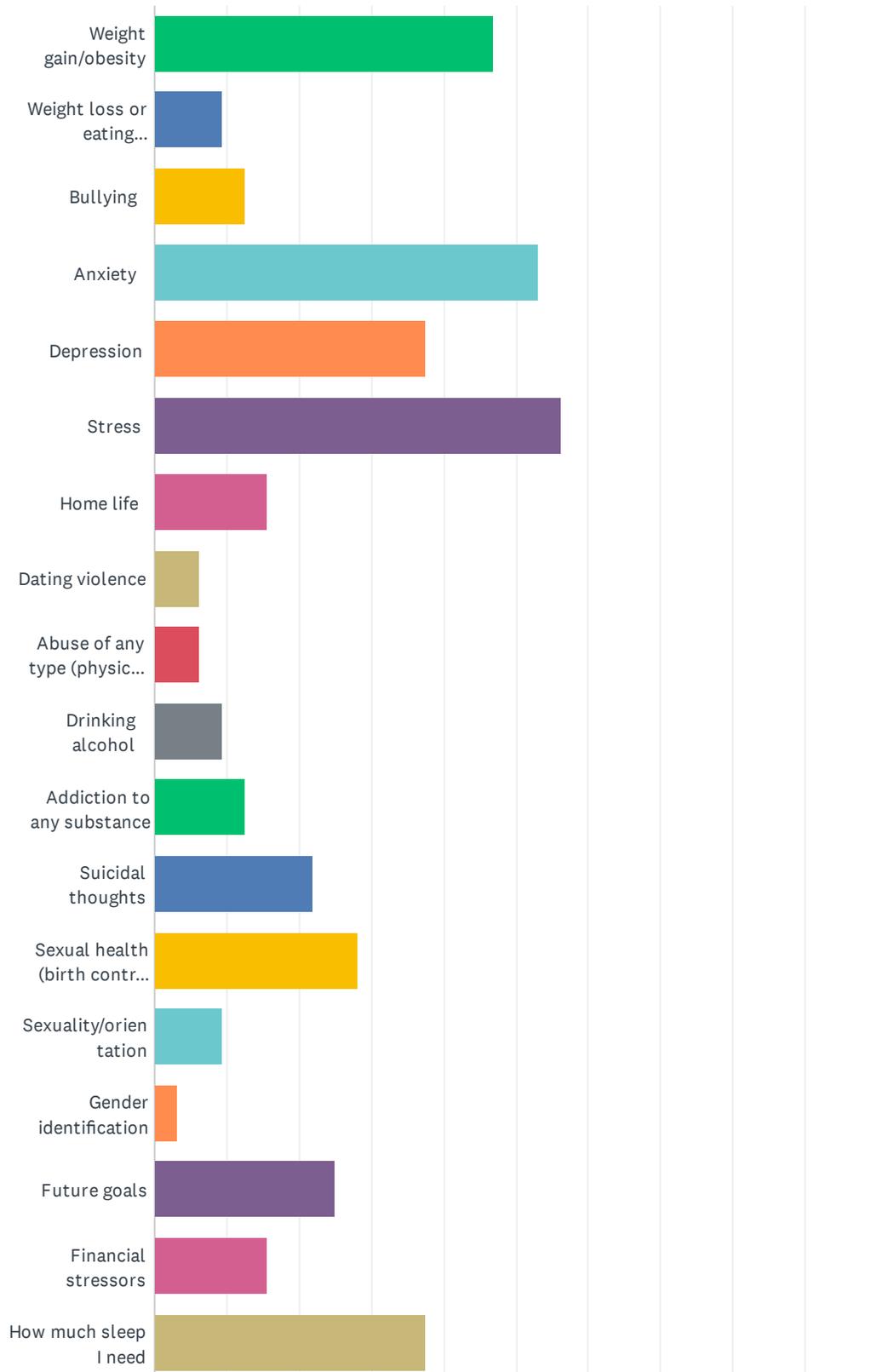
Garrett County Adolescent Survey
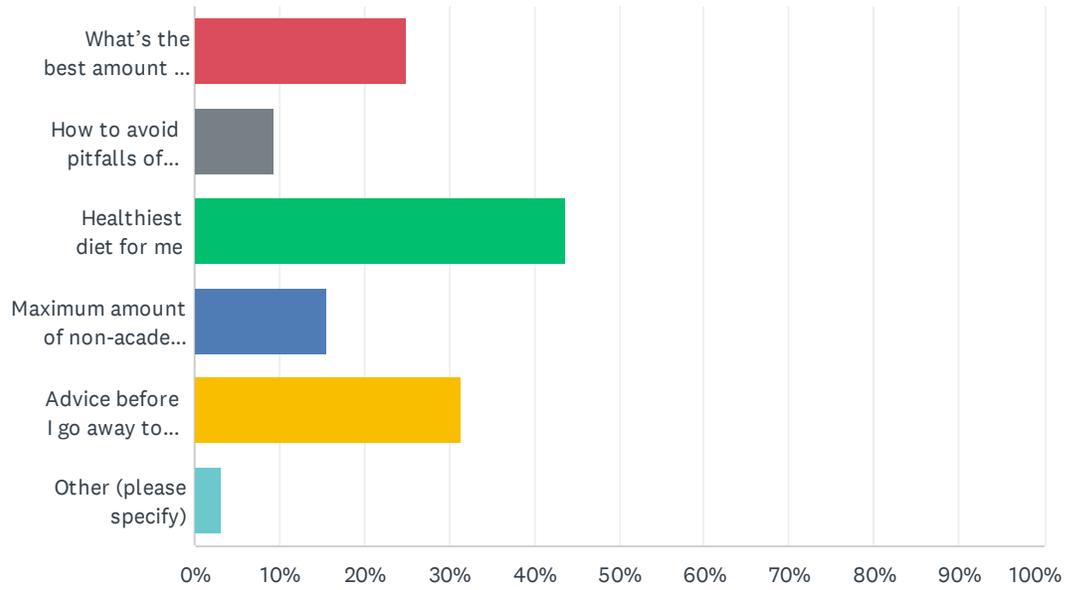
Garrett County Adolescent Survey

ANSWER CHOICES	RESPONSES	
Weight gain/obesity	46.88%	15
Weight loss or eating disorders	9.38%	3
Bullying	12.50%	4
Anxiety	53.13%	17
Depression	37.50%	12
Stress	56.25%	18
Home life	15.63%	5
Dating violence	6.25%	2
Abuse of any type (physical, sexual,verbal,emotional)	6.25%	2
Drinking alcohol	9.38%	3
Addiction to any substance	12.50%	4
Suicidal thoughts	21.88%	7
Sexual health (birth control, STI prevention)	28.13%	9
Sexuality/orientation	9.38%	3
Gender identification	3.13%	1
Future goals	25.00%	8
Financial stressors	15.63%	5
How much sleep I need	37.50%	12
What's the best amount of exercise to get	25.00%	8
How to avoid pitfalls of peer pressure	9.38%	3
Healthiest diet for me	43.75%	14
Maximum amount of non-academic screen time I should have	15.63%	5
Advice before I go away to college	31.25%	10
Other (please specify)	3.13%	1
Total Respondents: 32		

#	OTHER (PLEASE SPECIFY)	DATE
1	Juuling	2/8/2020 11:31 AM

Q14 What would help you be healthier?

Answered: 18   Skipped: 21

#	RESPONSES	DATE
1	If vegetables weren't so dang expensive.	2/9/2020 6:05 PM
2	Stop juuling	2/8/2020 11:31 AM
3	More support from teachers and staff	2/7/2020 9:32 AM
4	If my mental health was better, I'd probably be more motivated to get things done	2/7/2020 7:26 AM
5	Eating healthier	2/6/2020 7:27 PM
6	If i could get a current medical problem resolved in the next two weeks, that would be great.	2/6/2020 1:24 PM
7	A dirt/workout plan	2/6/2020 1:22 PM
8	Being involved in sports teams/ getting exercise, eat healthy diets, have good hygiene for your body, drink plenty of water, and/or take vitamins and any necessary medications that you need to stay healthy	12/19/2019 9:34 PM
9	Definitely less homework/unnecessary studies. so I can focus more on my fitness regimen, I've been trying to lose 20 pounds this year and only lost 10 because I can't dedicate enough off time to my fitness the way I would like to...due to studies.	12/18/2019 12:23 AM
10	If teachers would show more interest in what you have to say.	12/16/2019 12:28 PM
11	More things to do for kids	12/14/2019 10:35 PM
12	I could eat more vegetables and fruits, but generally I am pretty healthy.	12/14/2019 8:20 AM
13	If food didn't taste so darn good	12/13/2019 7:12 PM
14	Honestly i'm a pretty health person i diet and have a gym membership i would like to continue my healthy path!	12/13/2019 12:08 AM
15	More access to healthy foods that can be afforded	12/11/2019 8:28 PM
16	Loss weight	12/11/2019 7:34 PM
17	Better school lunches and being able to have a break each period to get up and move alittle but because some people can't sit that long	12/11/2019 2:33 PM
18	Comprehensive sex education, education on mental health, social emotional education on relationships	12/11/2019 1:21 PM

Q15 What is your zip code?

Answered: 39   Skipped: 0

#	RESPONSES	DATE
1	21550	2/9/2020 6:05 PM
2	21550	2/9/2020 12:57 PM
3	21550	2/9/2020 11:33 AM
4	21531	2/8/2020 11:31 AM
5	21538	2/7/2020 11:25 AM
6	21536	2/7/2020 9:32 AM
7	21550	2/7/2020 7:35 AM
8	21550	2/7/2020 7:26 AM
9	21531	2/6/2020 7:27 PM
10	21531	2/6/2020 6:14 PM
11	21550	2/6/2020 2:18 PM
12	21550	2/6/2020 1:24 PM
13	21536	2/6/2020 1:22 PM
14	21550	12/19/2019 9:34 PM
15	21550	12/18/2019 12:23 AM
16	21525	12/17/2019 9:41 PM
17	21538	12/17/2019 9:09 PM
18	21550	12/16/2019 12:28 PM
19	21531	12/15/2019 6:59 PM
20	21536	12/14/2019 10:35 PM
21	21550	12/14/2019 8:20 AM
22	21536	12/13/2019 7:12 PM
23	21550	12/13/2019 5:53 PM
24	21520	12/13/2019 5:01 PM
25	21536	12/13/2019 12:08 AM
26	21531	12/12/2019 9:34 PM
27	21550	12/12/2019 11:00 AM
28	21550	12/12/2019 12:06 AM
29	21539	12/11/2019 9:00 PM
30	21550	12/11/2019 8:28 PM
31	21550	12/11/2019 7:34 PM
32	21536	12/11/2019 6:41 PM
33	21550	12/11/2019 5:28 PM

34	21531	12/11/2019 4:49 PM
35	21550	12/11/2019 4:01 PM
36	21561	12/11/2019 2:33 PM
37	21550	12/11/2019 1:21 PM
38	21550	12/11/2019 1:00 PM
39	21550	12/11/2019 12:43 PM

Q1 What grades are your children currently enrolled in?

Answered: 126   Skipped: 5
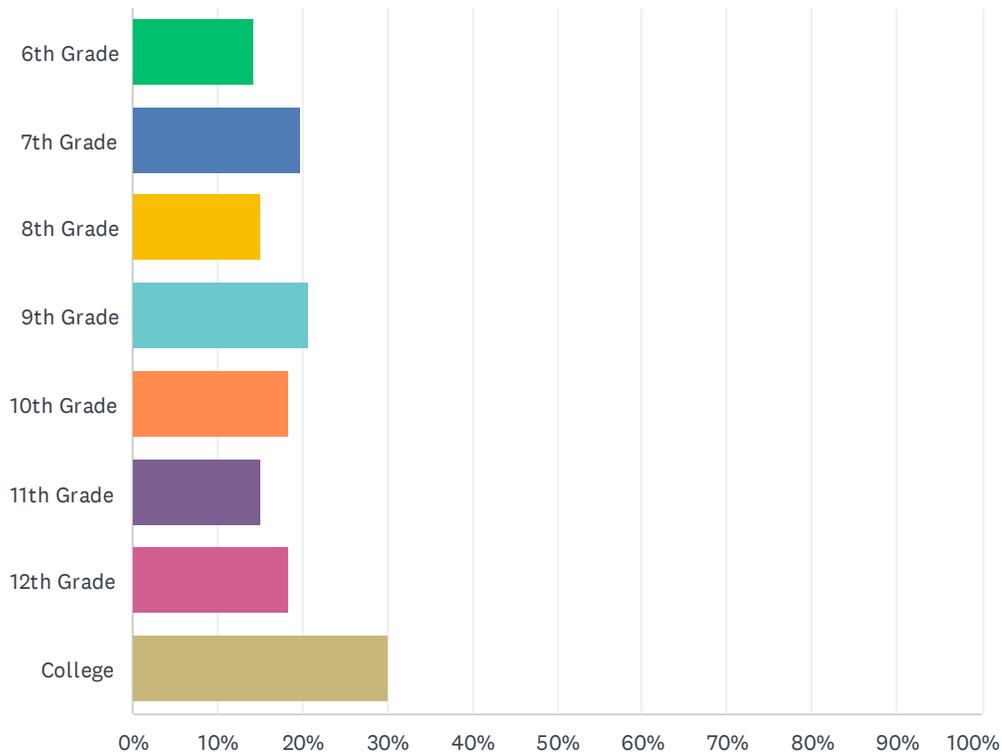
ANSWER CHOICES	RESPONSES	
6th Grade	14.29%	18
7th Grade	19.84%	25
8th Grade	15.08%	19
9th Grade	20.63%	26
10th Grade	18.25%	23
11th Grade	15.08%	19
12th Grade	18.25%	23
College	30.16%	38
Total Respondents: 126		

Q2 What is/are your children(s) gender(s)?

Answered: 130   Skipped: 1
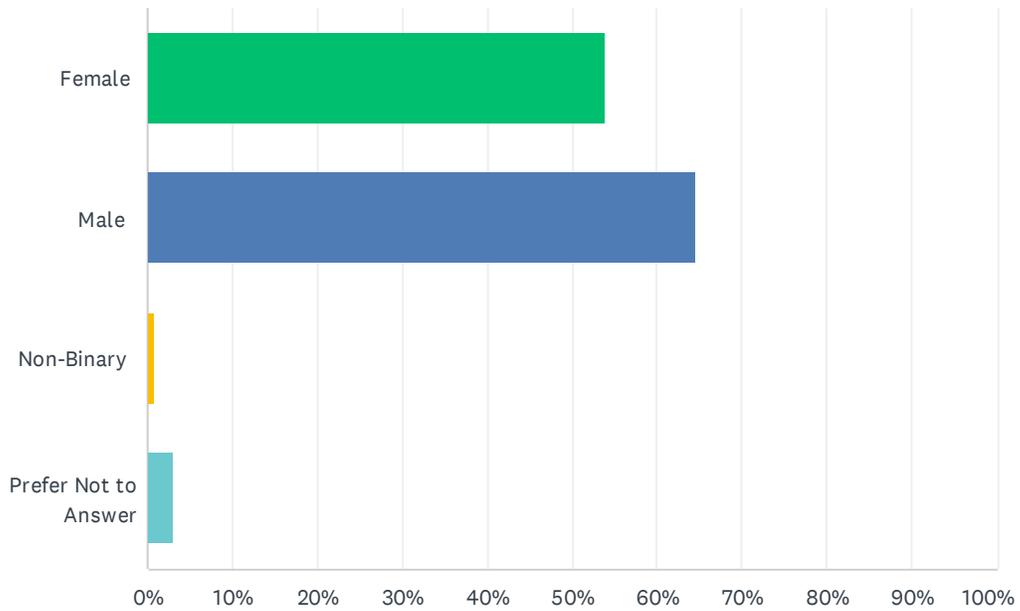
ANSWER CHOICES	RESPONSES	
Female	53.85%	70
Male	64.62%	84
Non-Binary	0.77%	1
Prefer Not to Answer	3.08%	4
Total Respondents: 130		

Q3 Regarding the rate of births to teens ages 15-19 years (per 1,000 population of teenaged females), which number do you think comes closest to Garrett County's rate for the year 2017?

Answered: 129   Skipped: 2
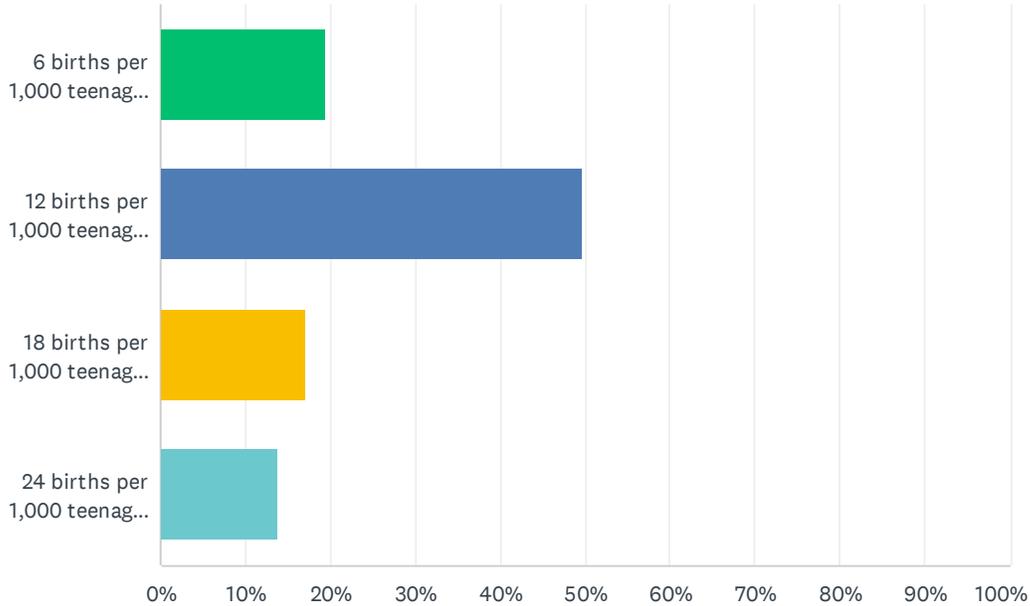
ANSWER CHOICES	RESPONSES	
6 births per 1,000 teenaged females	19.38%	25
12 births per 1,000 teenaged females	49.61%	64
18 births per 1,000 teenaged females	17.05%	22
24 births per 1,000 teenaged females	13.95%	18
TOTAL		129

Q4 Maryland's 2017 goal was that >57% of adolescents receive an annual physical exam (annual check-up) by a primary provider (physician or nurse practitioner). The state of Maryland averaged 54.6%. Approximately what percent of adolescents in Garrett County do you think received annual physical exams in 2017?

Answered: 130   Skipped: 1
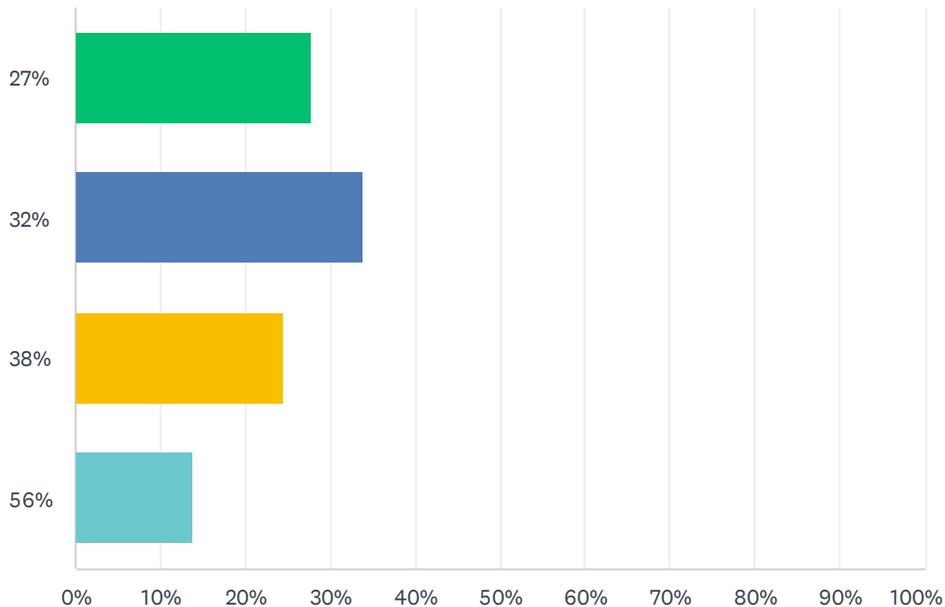
ANSWER CHOICES	RESPONSES	
27%	27.69%	36
32%	33.85%	44
38%	24.62%	32
56%	13.85%	18
TOTAL		130

Q5 What percent of Garrett County high school students do you think seriously considered suicide during the year leading up to the 2016 Youth Risk Behavior Survey (YRBS)?

Answered: 130   Skipped: 1
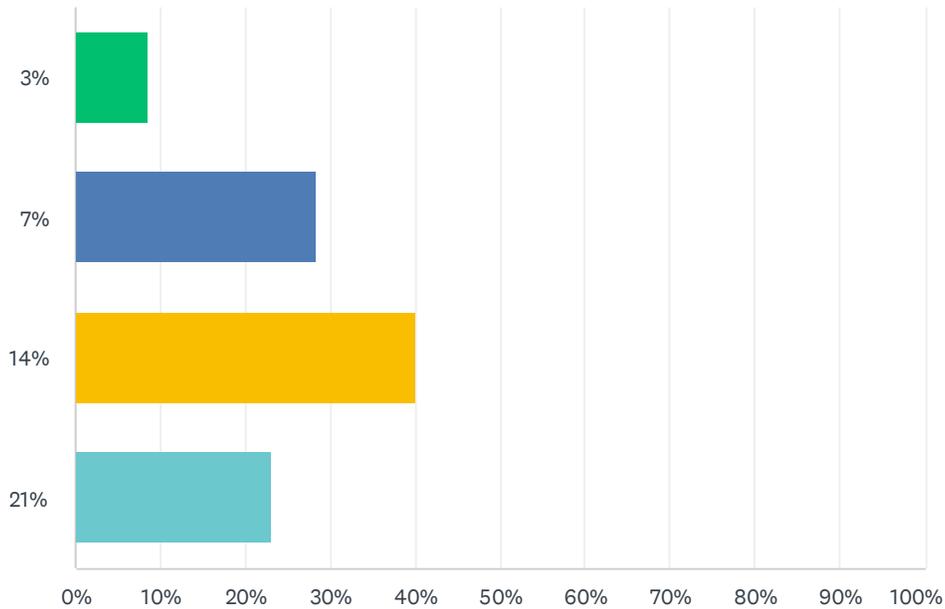
ANSWER CHOICES	RESPONSES	
3%	8.46%	11
7%	28.46%	37
14%	40.00%	52
21%	23.08%	30
TOTAL		130

Q6 What percentage of Garrett County high school students do you think have ever engaged in sex before graduating?

Answered: 129   Skipped: 2
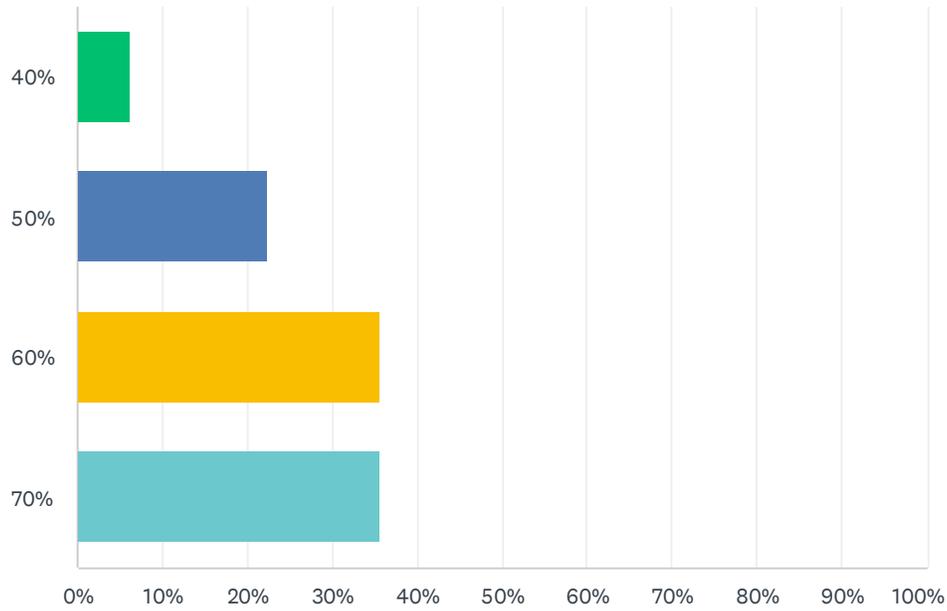
ANSWER CHOICES	RESPONSES	
40%	6.20%	8
50%	22.48%	29
60%	35.66%	46
70%	35.66%	46
TOTAL		129

Q7 True or false: Tobacco use among adolescents is highest in Garrett County, compared to all of the counties in Maryland.

Answered: 131   Skipped: 0
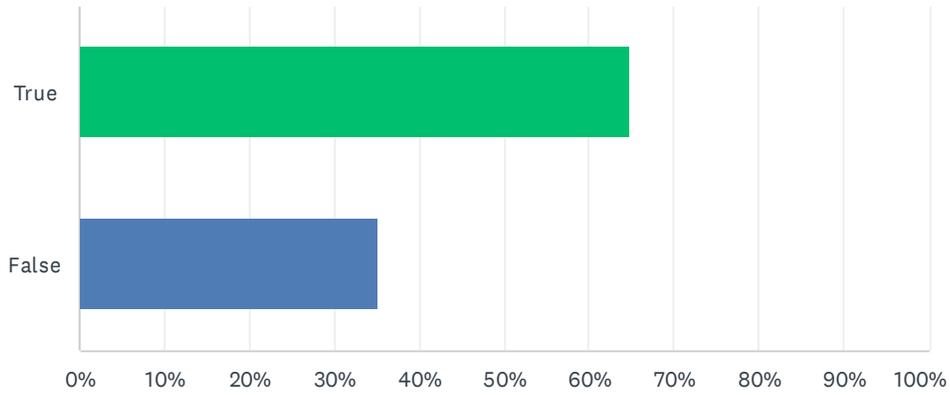
ANSWER CHOICES	RESPONSES	
True	64.89%	85
False	35.11%	46
TOTAL		131

Q8 Do you think electronic nicotine delivery systems (also known as vaping devices) are addictive?

Answered: 131   Skipped: 0
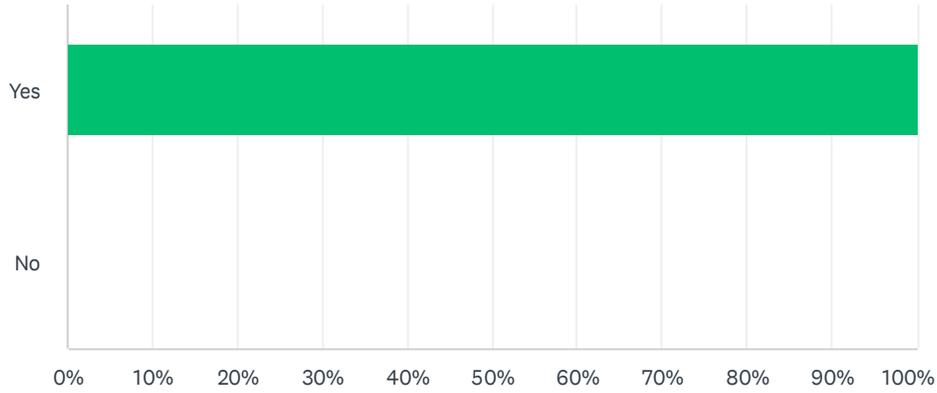
ANSWER CHOICES	RESPONSES	
Yes	100.00%	131
No	0.00%	0
TOTAL		131

Q9 Do you think electronic nicotine delivery systems are safe (referring to the effect on health rather than the possible explosiveness of the device.)?

Answered: 131   Skipped: 0
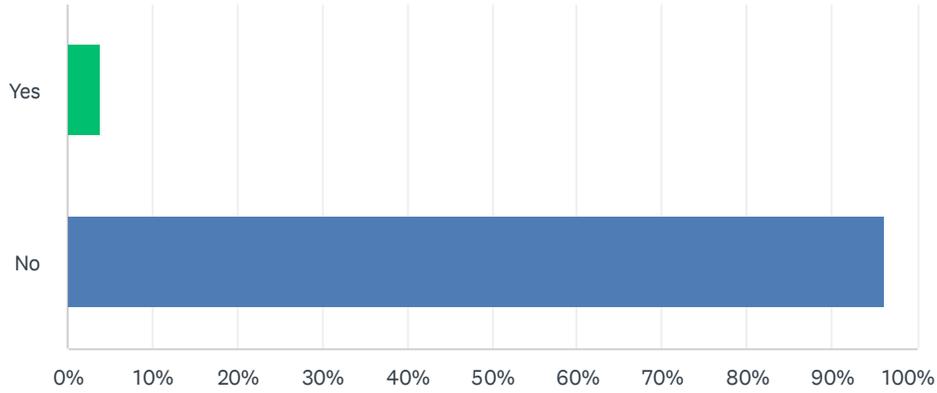
ANSWER CHOICES	RESPONSES	
Yes	3.82%	5
No	96.18%	126
TOTAL		131

Q10 What percentage of Garrett County high school students do you think reported binge drinking on at least 1 day during the 30 days before the 2016 YRBS survey?

Answered: 130   Skipped: 1
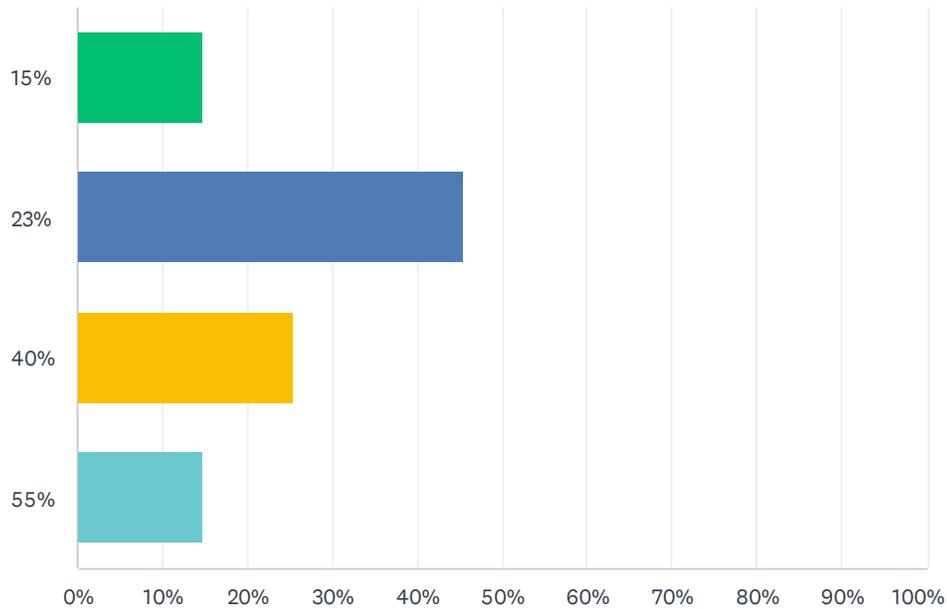
ANSWER CHOICES	RESPONSES	
15%	14.62%	19
23%	45.38%	59
40%	25.38%	33
55%	14.62%	19
TOTAL		130

Q11 Are you aware that there is a difference between a wellness/preventive medicine visit and a visit for a sports physical or acute or chronic illness?

Answered: 131   Skipped: 0
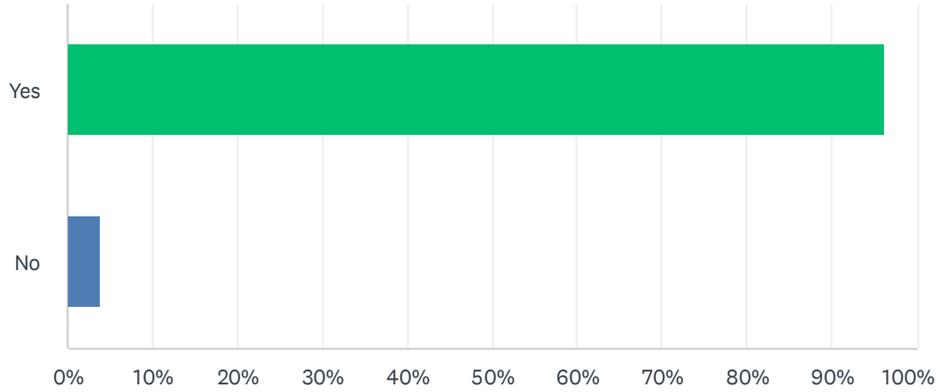
ANSWER CHOICES	RESPONSES	
Yes	96.18%	126
No	3.82%	5
TOTAL		131

Q12 Do you take your current adolescents to annual wellness/preventive medicine visits? (Physical exams related to sports participation or acute illness alone do not count).

Answered: 129   Skipped: 2
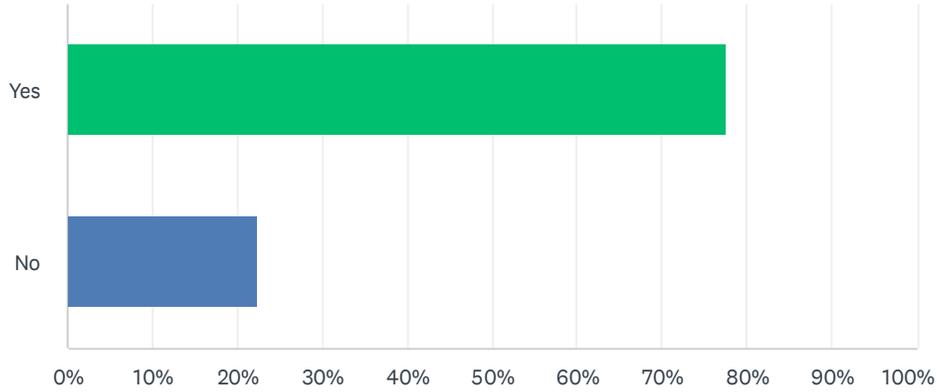
ANSWER CHOICES	RESPONSES	
Yes	77.52%	100
No	22.48%	29
TOTAL		129

Q13 What barriers exist that prevent your adolescents from accessing routine adolescent wellness services, if any? Choose as many as apply to you and your children.

Answered: 70   Skipped: 61

ANSWER CHOICES	RESPONSES	
Not enough time	35.71%	25
My child is well, and not in need of routine wellness checks	37.14%	26
I am uncertain about health care providers speaking to my adolescent about sensitive issues like sexuality, substance use, and mental illness	2.86%	2
I don't have easy access to a medical clinic that caters to adolescent needs	11.43%	8
I do not have medical insurance	5.71%	4
I am unwilling (or probably unwilling) to allow my adolescent to have full range of services	1.43%	1
Adolescent issues are best addressed within the home by parents	2.86%	2
Transportation to a medical appointment is a factor for me	7.14%	5
My child's health insurance does not cover wellness services	4.29%	3
Other (please specify)	31.43%	22
Total Respondents: 70		

Q14 I think my adolescent might benefit from access to health care that discusses the following topics:Choose as many as apply:

Answered: 119   Skipped: 12
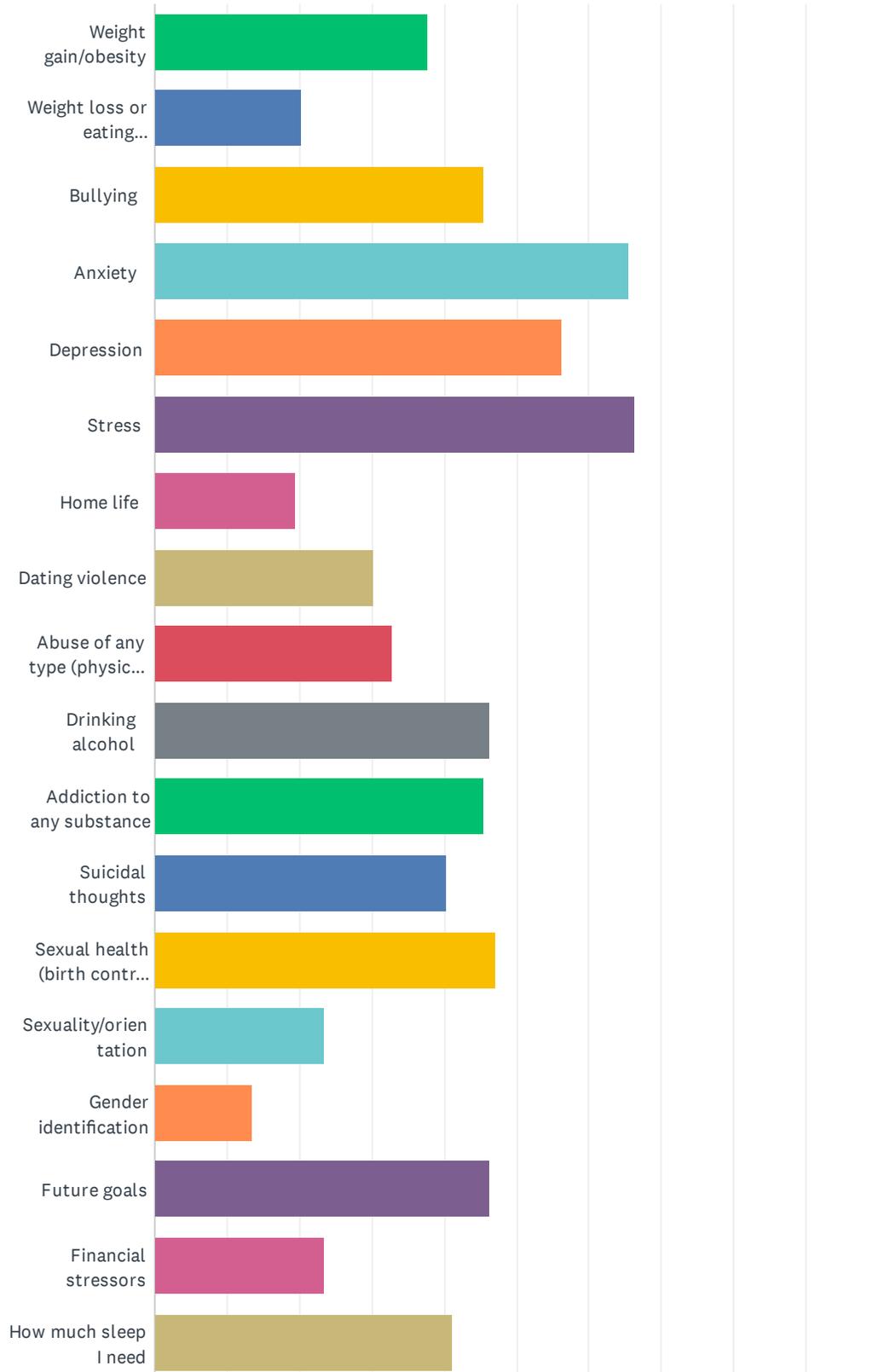
Garrett County Adolescent Survey - Parents/Guardians
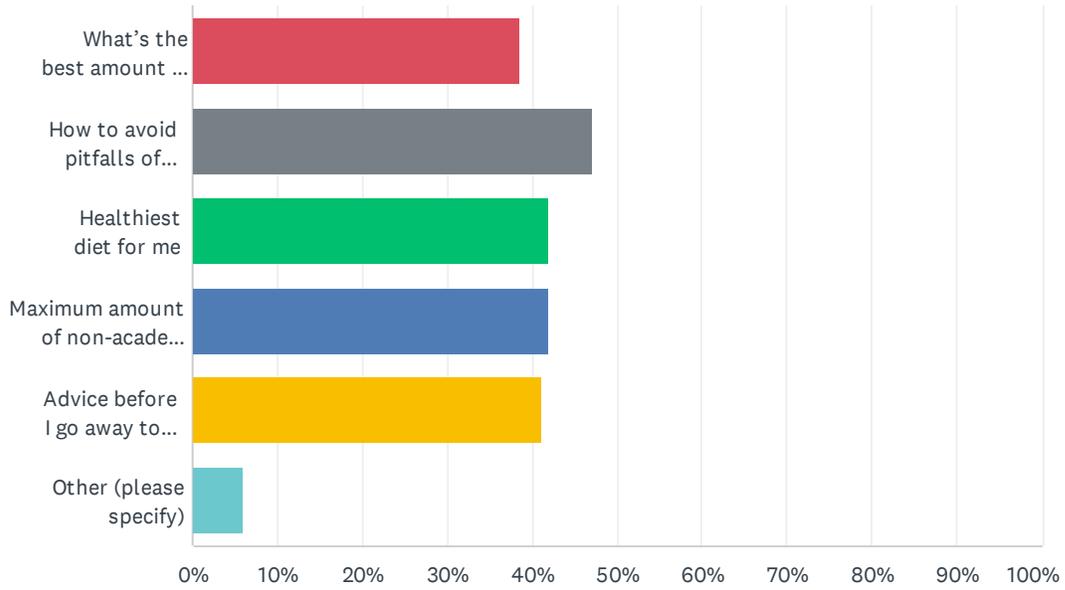
Garrett County Adolescent Survey - Parents/Guardians

ANSWER CHOICES	RESPONSES	
Weight gain/obesity	37.82%	45
Weight loss or eating disorders	20.17%	24
Bullying	45.38%	54
Anxiety	65.55%	78
Depression	56.30%	67
Stress	66.39%	79
Home life	19.33%	23
Dating violence	30.25%	36
Abuse of any type (physical, sexual,verbal,emotional)	32.77%	39
Drinking alcohol	46.22%	55
Addiction to any substance	45.38%	54
Suicidal thoughts	40.34%	48
Sexual health (birth control, STI prevention)	47.06%	56
Sexuality/orientation	23.53%	28
Gender identification	13.45%	16
Future goals	46.22%	55
Financial stressors	23.53%	28
How much sleep I need	41.18%	49
What's the best amount of exercise to get	38.66%	46
How to avoid pitfalls of peer pressure	47.06%	56
Healthiest diet for me	42.02%	50
Maximum amount of non-academic screen time I should have	42.02%	50
Advice before I go away to college	41.18%	49
Other (please specify)	5.88%	7
Total Respondents: 119		

Q15 What would help you help your adolescent be healthier during these years of development?

Answered: 41   Skipped: 90

Q16 What is your zip code?

Answered: 131   Skipped: 0

Q1 What grade are you currently enrolled in?

Answered: 316   Skipped: 1
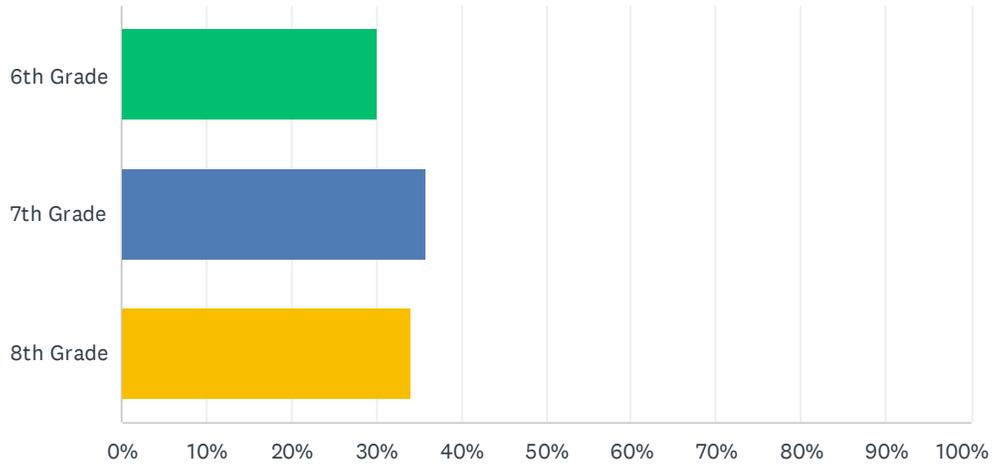
ANSWER CHOICES	RESPONSES	
6th Grade	30.06%	95
7th Grade	35.76%	113
8th Grade	34.18%	108
TOTAL		316

Q2 What is your gender?

Answered: 317   Skipped: 0
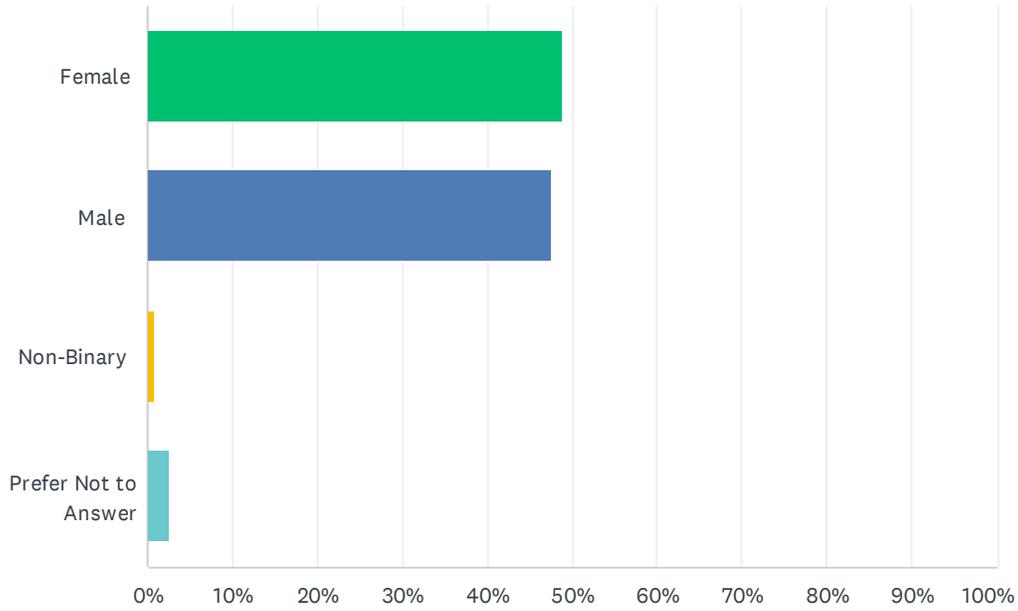
ANSWER CHOICES	RESPONSES	
Female	48.90%	155
Male	47.63%	151
Non-Binary	0.95%	3
Prefer Not to Answer	2.52%	8
Total Respondents: 317		

Q3 Regarding the rate of births to teens ages 15-19 years (per 1,000 population of teenaged females), which number do you think comes closest to Garrett County's rate for the year 2017?

Answered: 314   Skipped: 3
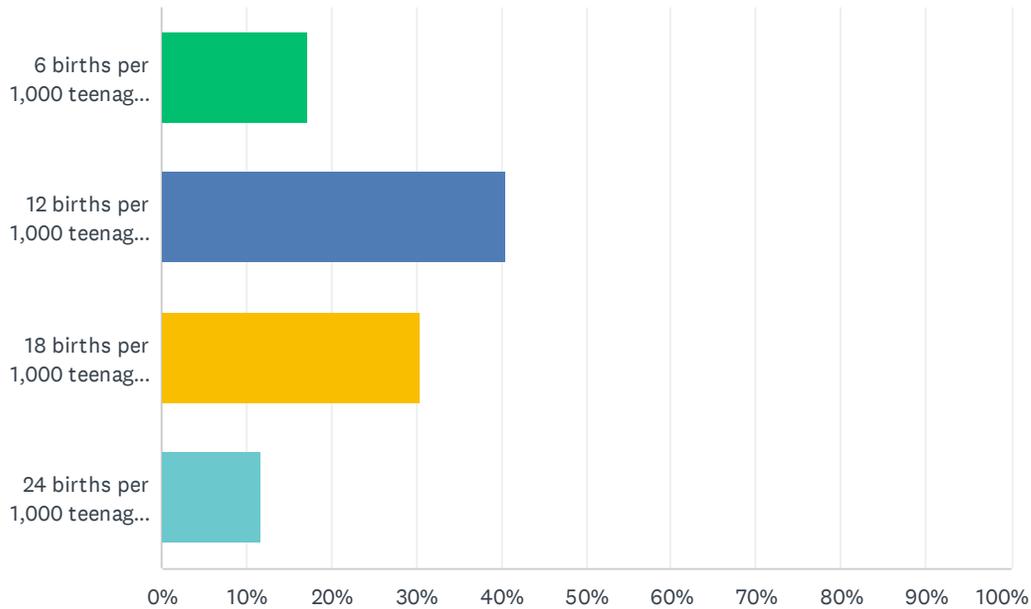
ANSWER CHOICES	RESPONSES	
6 births per 1,000 teenaged females	17.20%	54
12 births per 1,000 teenaged females	40.45%	127
18 births per 1,000 teenaged females	30.57%	96
24 births per 1,000 teenaged females	11.78%	37
TOTAL		314

Q4 Maryland's 2017 goal was that >57% of adolescents receive an annual physical exam (annual check-up) by a primary provider (physician or nurse practitioner). The state of Maryland averaged 54.6%. Approximately what percent of adolescents in Garrett County do you think received annual physical exams in 2017?

Answered: 315   Skipped: 2
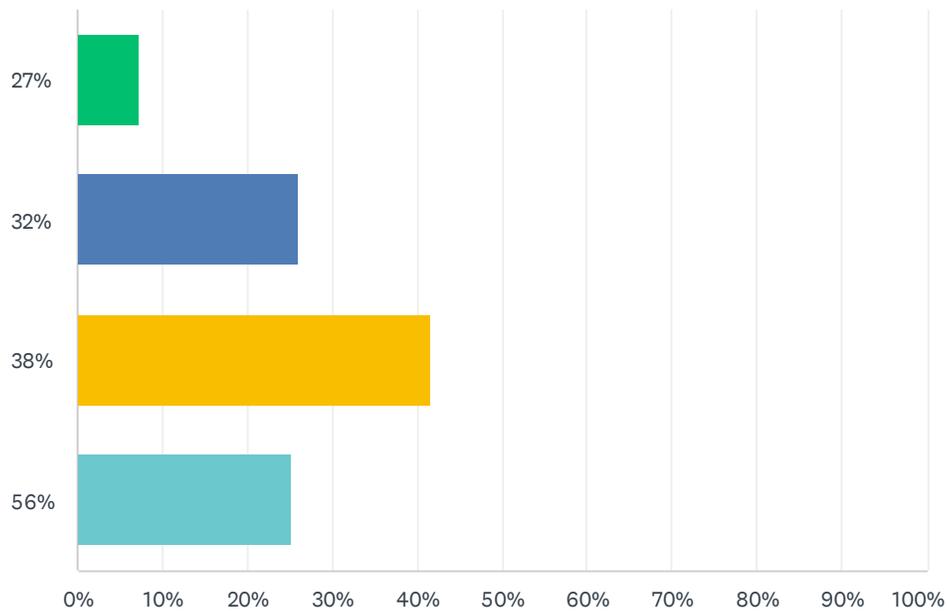
ANSWER CHOICES	RESPONSES	
27%	7.30%	23
32%	26.03%	82
38%	41.59%	131
56%	25.08%	79
TOTAL		315

Q5 What percent of Garrett County high school students do you think seriously considered suicide during the year leading up to the 2016 Youth Risk Behavior Survey (YRBS)?

Answered: 316   Skipped: 1
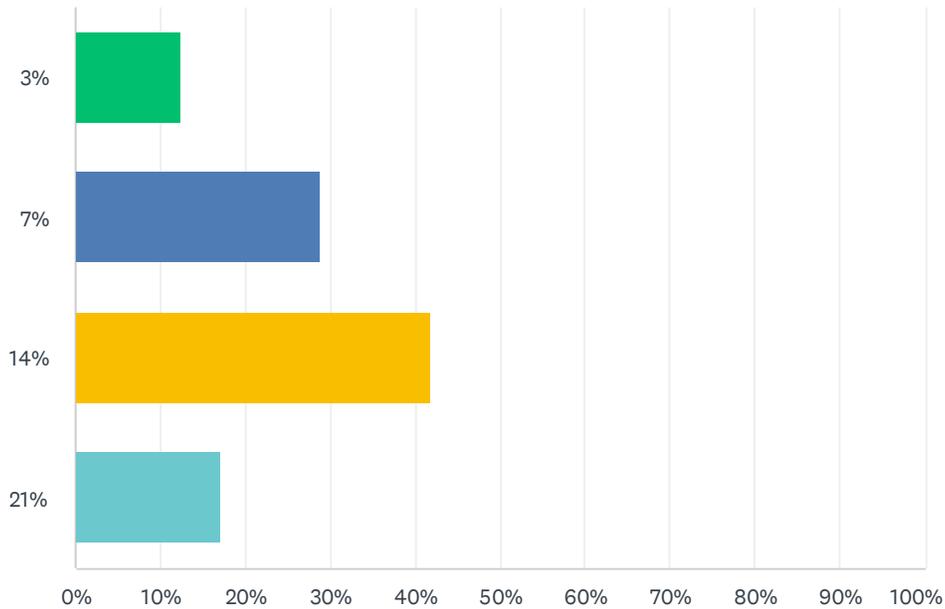
ANSWER CHOICES	RESPONSES	
3%	12.34%	39
7%	28.80%	91
14%	41.77%	132
21%	17.09%	54
TOTAL		316

Q6 What percentage of Garrett County high school students do you think have ever engaged in sex before graduating?

Answered: 313   Skipped: 4
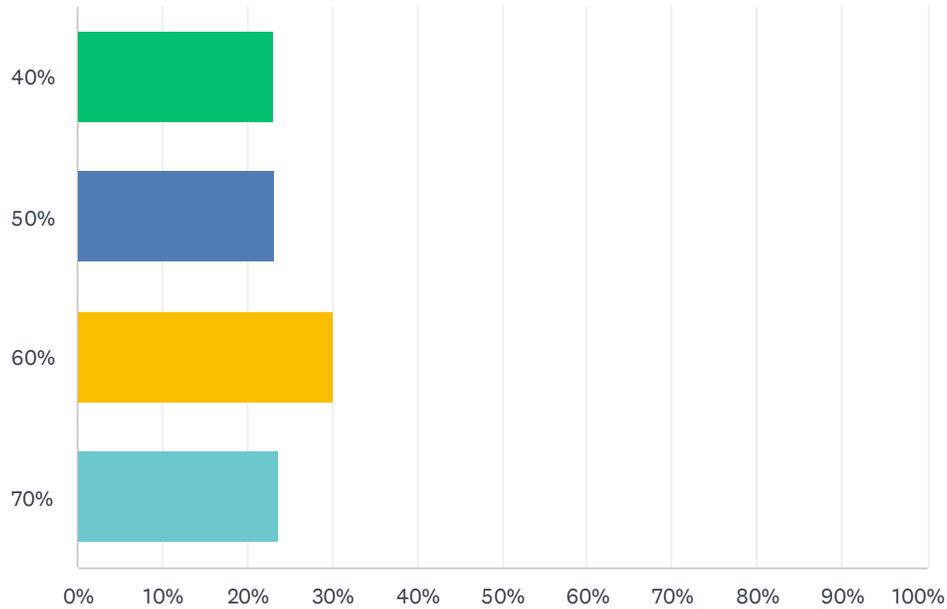
ANSWER CHOICES	RESPONSES	
40%	23.00%	72
50%	23.32%	73
60%	30.03%	94
70%	23.64%	74
TOTAL		313

Q7 True or false: Tobacco use among adolescents is highest in Garrett County, compared to all of the counties in Maryland.

Answered: 317   Skipped: 0
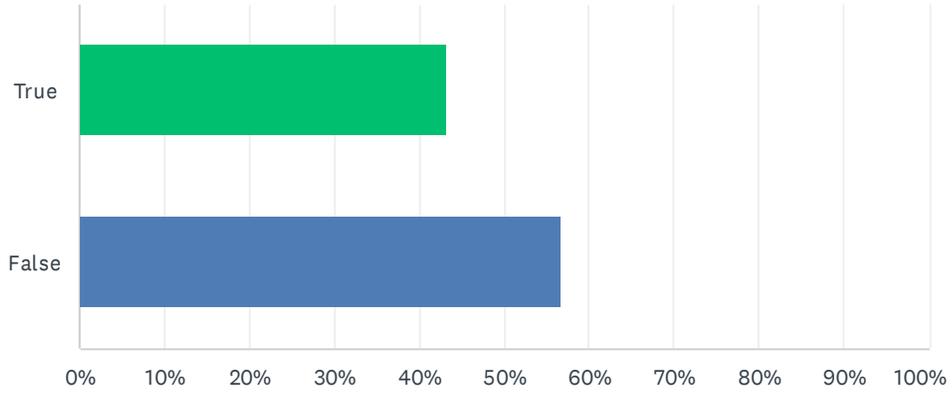
ANSWER CHOICES	RESPONSES	
True	43.22%	137
False	56.78%	180
TOTAL		317

Q8 Do you think electronic nicotine delivery systems (also known as vaping devices) are addictive?

Answered: 315   Skipped: 2
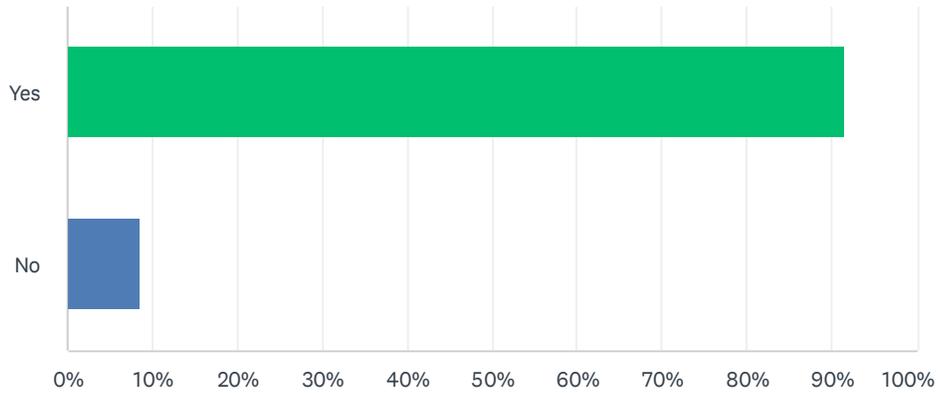
ANSWER CHOICES	RESPONSES	
Yes	91.43%	288
No	8.57%	27
TOTAL		315

Q9 Do you think electronic nicotine delivery systems are safe (referring to the effect on health rather than the possible explosiveness of the device.)?

Answered: 317   Skipped: 0
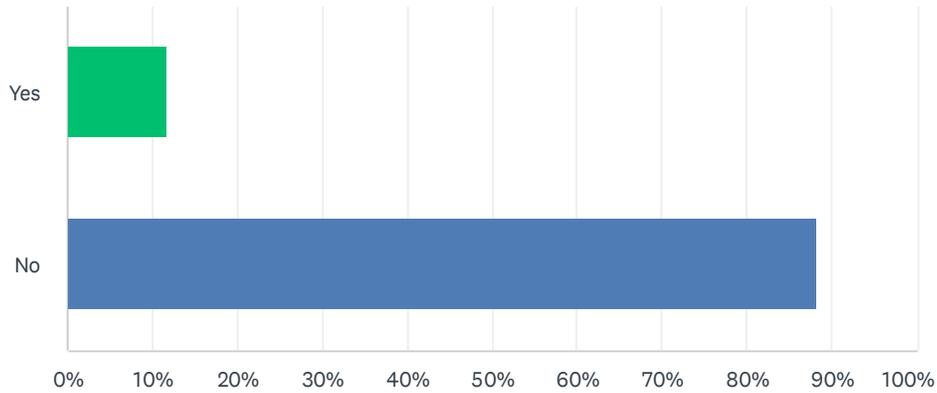
ANSWER CHOICES	RESPONSES	
Yes	11.67%	37
No	88.33%	280
TOTAL		317

Q10 What percentage of Garrett County high school students do you think reported binge drinking on at least 1 day during the 30 days before the 2016 YRBS survey?

Answered: 314   Skipped: 3
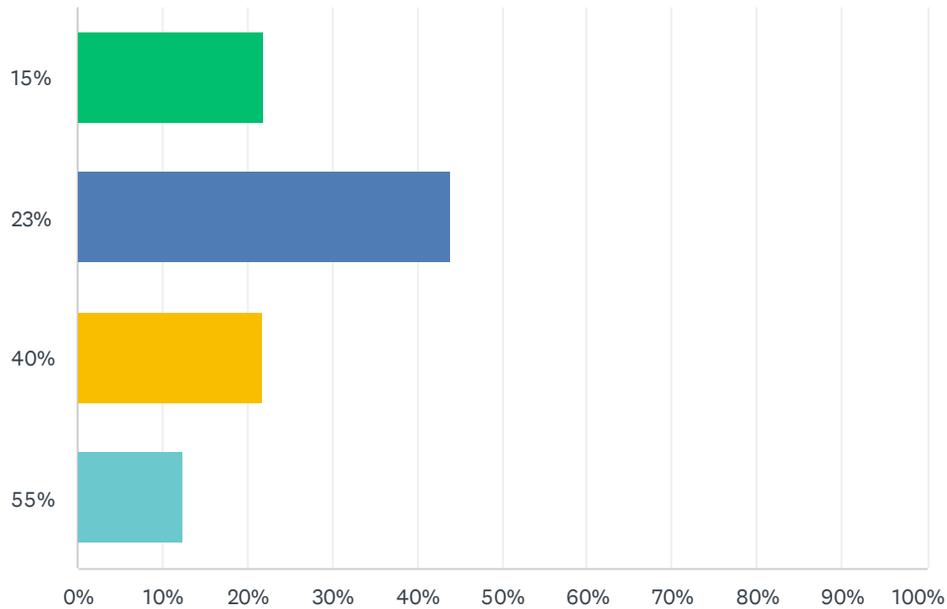
ANSWER CHOICES	RESPONSES	
15%	21.97%	69
23%	43.95%	138
40%	21.66%	68
55%	12.42%	39
TOTAL		314

Q11 During the last 12 months, I saw a health care provider (doctor, nurse practitioner, physician assistant) for the following reasons: (Check all that apply.)

Answered: 311   Skipped: 6
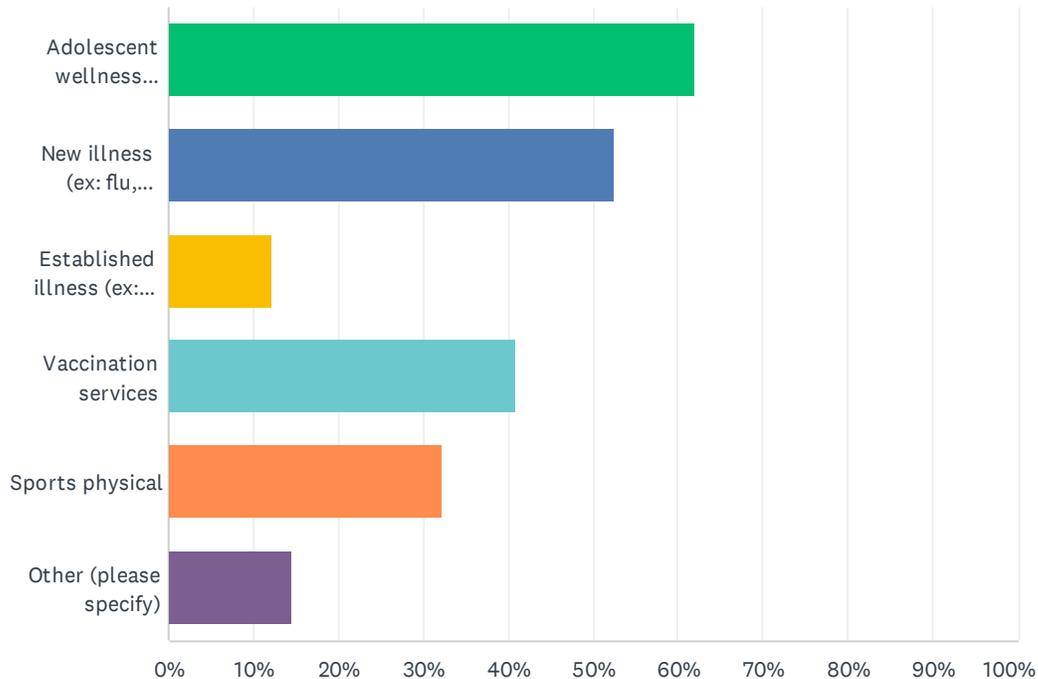
ANSWER CHOICES	RESPONSES	
Adolescent wellness check-up.	62.06%	193
New illness (ex: flu, cough, fever)	52.41%	163
Established illness (ex: asthma follow-up)	12.22%	38
Vaccination services	40.84%	127
Sports physical	32.15%	100
Other (please specify)	14.47%	45
Total Respondents: 311		

#	OTHER (PLEASE SPECIFY)	DATE
1	i was sick	2/6/2020 2:28 PM
2	blood test	2/6/2020 2:28 PM
3	allergies	2/6/2020 2:20 PM
4	I have not been	2/6/2020 2:13 PM
5	xray for injury	2/6/2020 1:56 PM

6	plantar's wart bottom of foot	2/6/2020 1:54 PM
7	concussion	2/6/2020 1:45 PM
8	broken bones	2/6/2020 1:44 PM
9	dentist cleaning and shoulder check up	2/6/2020 1:43 PM
10	eye injury	2/6/2020 1:39 PM
11	broken face (probable silly comment)	2/6/2020 1:32 PM
12	surgery	2/6/2020 1:31 PM
13	thyroid problem	2/6/2020 1:28 PM
14	strep	2/6/2020 1:24 PM
15	broke a bone	2/6/2020 12:28 PM
16	yearly check up	2/6/2020 12:26 PM
17	dentist/teeth care	2/6/2020 12:24 PM
18	abdominal (unable to read the rest of comment)	2/6/2020 12:16 PM
19	surgery check-up on right arm	2/6/2020 12:07 PM
20	I went routine	2/6/2020 12:04 PM
21	fractured wrist	2/6/2020 12:02 PM
22	medicine / therapy check-ups	2/6/2020 11:15 AM
23	check-up	2/6/2020 10:55 AM
24	I forget sorry	2/6/2020 10:39 AM
25	broke finger	2/6/2020 10:35 AM
26	injury	2/6/2020 10:33 AM
27	I have not been in a while	2/6/2020 10:31 AM
28	concussion	2/6/2020 10:29 AM
29	knee	2/6/2020 9:58 AM
30	mental health check up/ therapy	2/6/2020 9:55 AM
31	dentist	2/6/2020 9:53 AM
32	therapy	2/5/2020 4:14 PM
33	Doctor for seizures	2/5/2020 4:13 PM
34	I would rather not.	2/5/2020 4:12 PM
35	pregnant	2/5/2020 4:06 PM
36	no	2/5/2020 4:04 PM
37	reasons	2/5/2020 4:02 PM
38	silly comment input	2/5/2020 4:00 PM
39	My ears	2/5/2020 3:42 PM
40	Broke my nose at band camp	2/5/2020 3:37 PM
41	crutches	2/5/2020 3:30 PM
42	Possible broken knuckle	2/5/2020 3:27 PM
43	Thumbs hurt from epic gaming	2/5/2020 3:25 PM

| 44 | see if finger was broke | 2/5/2020 3:17 PM |
| 45 | Breathing problems and sleep study | 2/5/2020 3:12 PM |

Q12 What kept you from attending routine adolescent wellness/preventive medicine check-ups in the past 12 months, if any? Choose as many as apply to you.

Answered: 192   Skipped: 125
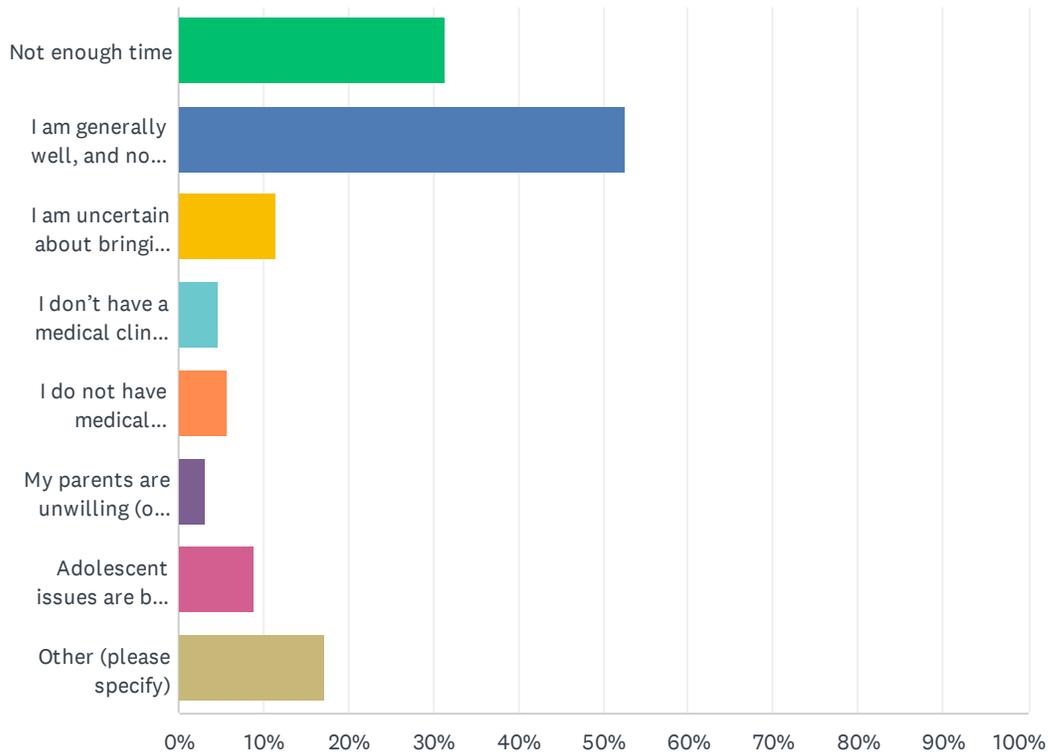
ANSWER CHOICES	RESPONSES	
Not enough time	31.25%	60
I am generally well, and not in need of routine wellness checks	52.60%	101
I am uncertain about bringing up sensitive issues like sexuality, substance use, and mental illness	11.46%	22
I don't have a medical clinic that caters to my needs	4.69%	9
I do not have medical insurance	5.73%	11
My parents are unwilling (or probably unwilling) to allow me to have full range of services	3.13%	6
Adolescent issues are best addressed within the home by my parents	8.85%	17
Other (please specify)	17.19%	33
Total Respondents: 192		

#	OTHER (PLEASE SPECIFY)	DATE
1	i went	2/6/2020 2:31 PM
2	none	2/6/2020 2:28 PM

3	did not remember	2/6/2020 2:18 PM
4	I went	2/6/2020 2:05 PM
5	I do go	2/6/2020 2:00 PM
6	check ups	2/6/2020 1:56 PM
7	I did check ups	2/6/2020 1:55 PM
8	I go to all of my check ups	2/6/2020 1:54 PM
9	nothing	2/6/2020 1:46 PM
10	bad weather	2/6/2020 1:44 PM
11	none	2/6/2020 1:37 PM
12	silly comment	2/6/2020 1:32 PM
13	we only have one car	2/6/2020 1:13 PM
14	i don't know	2/6/2020 12:30 PM
15	nothing has stopped me unless late	2/6/2020 12:26 PM
16	I get routine wellness check ups	2/6/2020 12:23 PM
17	events	2/6/2020 11:15 AM
18	haven't missed one	2/6/2020 10:39 AM
19	I have no problems attending adolescent check ups	2/5/2020 4:20 PM
20	I did go	2/5/2020 4:11 PM
21	I have went	2/5/2020 4:07 PM
22	feeding my dog	2/5/2020 4:06 PM
23	no	2/5/2020 4:04 PM
24	reasons	2/5/2020 4:02 PM
25	I don't know	2/5/2020 4:02 PM
26	silly comment input	2/5/2020 4:00 PM
27	i went	2/5/2020 3:54 PM
28	no one can take me	2/5/2020 3:52 PM
29	There is no excuse to wellness check-ups	2/5/2020 3:37 PM
30	I went	2/5/2020 3:34 PM
31	epic gaming	2/5/2020 3:25 PM
32	epic gaming	2/5/2020 3:18 PM
33	Nothing kept me	2/5/2020 3:11 PM

Q13 What would you like to talk to your health care provider about if you could see them?Choose as many as apply:

Answered: 260   Skipped: 57
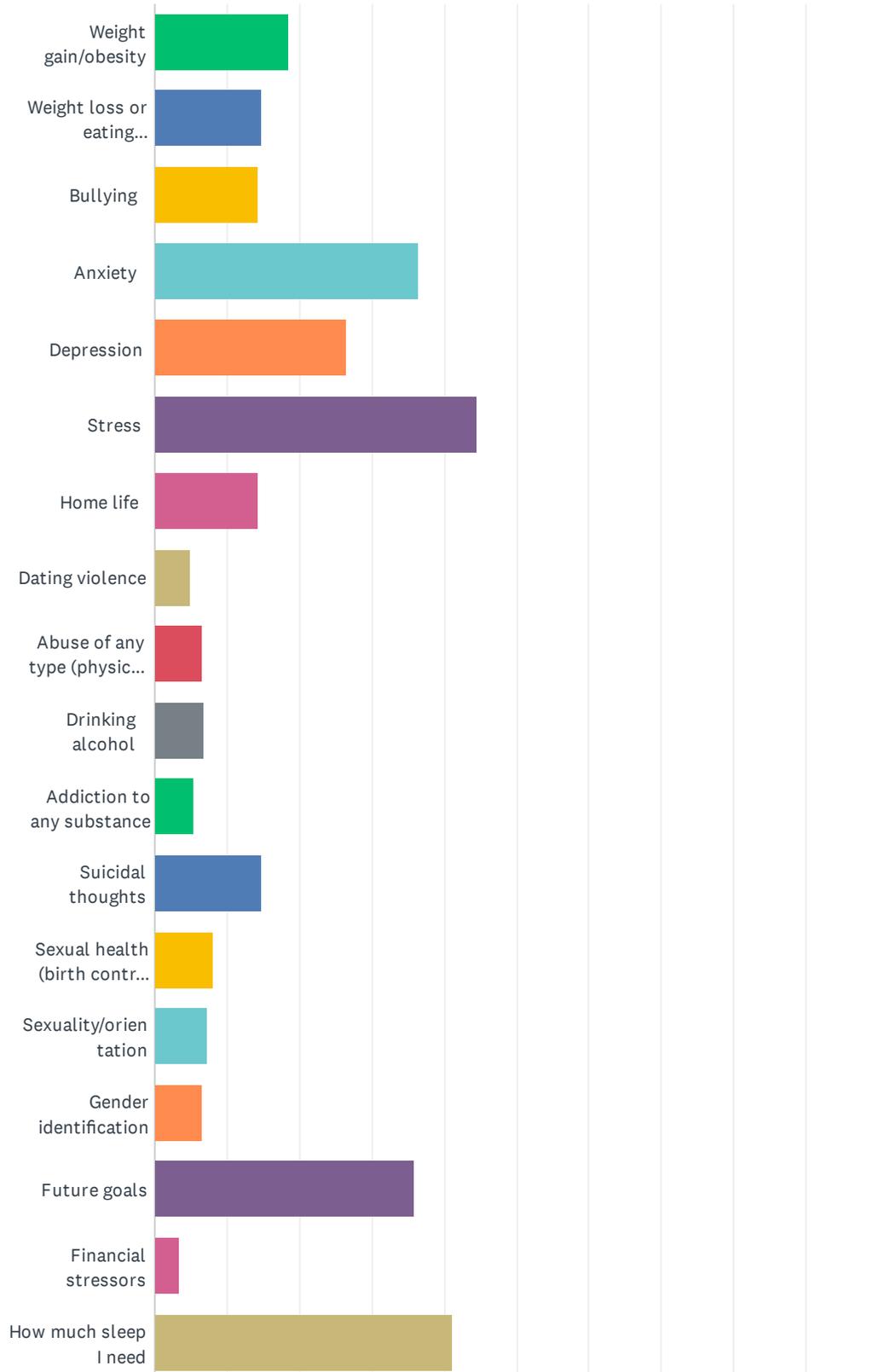
Garrett County Adolescent Survey - Middle School (Paper ONLY)

ANSWER CHOICES	RESPONSES	
Weight gain/obesity	18.46%	48
Weight loss or eating disorders	14.62%	38
Bullying	14.23%	37
Anxiety	36.54%	95
Depression	26.54%	69
Stress	44.62%	116
Home life	14.23%	37
Dating violence	5.00%	13
Abuse of any type (physical, sexual,verbal,emotional)	6.54%	17
Drinking alcohol	6.92%	18
Addiction to any substance	5.38%	14
Suicidal thoughts	14.62%	38
Sexual health (birth control, STI prevention)	8.08%	21
Sexuality/orientation	7.31%	19
Gender identification	6.54%	17
Future goals	35.77%	93
Financial stressors	3.46%	9
How much sleep I need	41.15%	107
What's the best amount of exercise to get	27.69%	72
How to avoid pitfalls of peer pressure	10.00%	26
Healthiest diet for me	35.00%	91
Maximum amount of non-academic screen time I should have	12.31%	32
Advice before I go away to college	26.15%	68
Other (please specify)	8.46%	22
Total Respondents: 260		

#	OTHER (PLEASE SPECIFY)	DATE
1	nothing	2/6/2020 2:28 PM
2	nothing	2/6/2020 2:18 PM
3	none	2/6/2020 1:56 PM
4	none of the above	2/6/2020 1:55 PM
5	nothing	2/6/2020 1:46 PM
6	help with organization	2/6/2020 1:32 PM
7	none of the above	2/6/2020 12:27 PM

8	none of these	2/6/2020 12:11 PM
9	nothing	2/6/2020 12:10 PM
10	none	2/6/2020 11:39 AM
11	none of these	2/6/2020 10:39 AM
12	nothing	2/6/2020 10:32 AM
13	none	2/6/2020 9:53 AM
14	I'm happy	2/5/2020 4:11 PM
15	how to deal with brothers	2/5/2020 4:10 PM
16	no	2/5/2020 4:04 PM
17	If I'm ok	2/5/2020 3:34 PM
18	Anger issues	2/5/2020 3:27 PM
19	everything!	2/5/2020 3:25 PM
20	siege	2/5/2020 3:25 PM
21	I'm hungry	2/5/2020 3:22 PM
22	I don't want to talk to them	2/5/2020 3:21 PM

Q14 What would help you be healthier?

Answered: 260   Skipped: 57

#	RESPONSES	DATE
1	exercise more	2/6/2020 2:31 PM
2	diet	2/6/2020 2:31 PM
3	the healthiest foods to eat	2/6/2020 2:30 PM
4	diet	2/6/2020 2:29 PM
5	exercise	2/6/2020 2:28 PM
6	eating less junk food	2/6/2020 2:27 PM
7	drinking more wtaer	2/6/2020 2:25 PM
8	more exercising and eating healthier	2/6/2020 2:25 PM
9	Something that would help me be healthier is having less screen time	2/6/2020 2:24 PM
10	eating more vegetables	2/6/2020 2:23 PM
11	drinking a lot of water and exercising all of the time	2/6/2020 2:22 PM
12	getting out more and exercise	2/6/2020 2:22 PM
13	exercise and eating healthy	2/6/2020 2:20 PM
14	weight loss and less screen time; more outside play	2/6/2020 2:19 PM
15	sports	2/6/2020 2:18 PM
16	eating healthy	2/6/2020 2:17 PM
17	eating healthier	2/6/2020 2:16 PM
18	eating healtheir foods	2/6/2020 2:15 PM
19	eating better	2/6/2020 2:14 PM
20	60 minutes of exercise and healthy diet	2/6/2020 2:14 PM
21	to exercise more than I do	2/6/2020 2:13 PM
22	eating healthier	2/6/2020 2:07 PM
23	running more	2/6/2020 2:06 PM
24	to get involved with sports	2/6/2020 2:06 PM
25	not be so stressed	2/6/2020 2:05 PM
26	eating healthier	2/6/2020 2:04 PM
27	do more exercises	2/6/2020 2:04 PM
28	eating healthy	2/6/2020 2:03 PM
29	If I could breathe	2/6/2020 2:01 PM
30	more sleep	2/6/2020 2:00 PM
31	eating better	2/6/2020 1:59 PM
32	play sports	2/6/2020 1:58 PM
33	less school stress	2/6/2020 1:58 PM

34	less school stress	2/6/2020 1:57 PM
35	gym	2/6/2020 1:57 PM
36	vegetables	2/6/2020 1:56 PM
37	less school stress	2/6/2020 1:56 PM
38	exercise	2/6/2020 1:55 PM
39	more sun	2/6/2020 1:54 PM
40	i don't know I am pretty healthy	2/6/2020 1:53 PM
41	getting more exercise	2/6/2020 1:49 PM
42	more activities	2/6/2020 1:48 PM
43	bowling	2/6/2020 1:47 PM
44	nothing I am healthy	2/6/2020 1:46 PM
45	drink water	2/6/2020 1:46 PM
46	more sports available, people that specialize in anxiety or depression	2/6/2020 1:45 PM
47	having the mindset and deterimination to try hard enough	2/6/2020 1:43 PM
48	get more sleep	2/6/2020 1:40 PM
49	idk	2/6/2020 1:40 PM
50	eat better	2/6/2020 1:39 PM
51	better diet at school	2/6/2020 1:39 PM
52	eating healthy and working out	2/6/2020 1:38 PM
53	focus on myself	2/6/2020 1:37 PM
54	eat healthier	2/6/2020 1:37 PM
55	getting more sleep	2/6/2020 1:36 PM
56	eating healthier and not having candy much	2/6/2020 1:35 PM
57	cleaning my room	2/6/2020 1:34 PM
58	exercising	2/6/2020 1:34 PM
59	take care of yourself	2/6/2020 1:33 PM
60	sleep	2/6/2020 1:32 PM
61	idk	2/6/2020 1:31 PM
62	don't know	2/6/2020 1:30 PM
63	to keep eating healthy and to continue getting lots of exercise	2/6/2020 1:30 PM
64	eating more fruits and vegetables	2/6/2020 1:29 PM
65	eating fruits and vegetables every day, also getting exercise every other day	2/6/2020 1:28 PM
66	eating healthier food	2/6/2020 1:28 PM
67	less stress and better home life	2/6/2020 1:27 PM
68	exercise and sleep	2/6/2020 1:26 PM
69	exercise	2/6/2020 1:26 PM
70	not eating as much junk food	2/6/2020 1:25 PM
71	more sleep	2/6/2020 1:24 PM

72	more exercise or more fruits and veggies	2/6/2020 1:24 PM
73	less screen time and healthier diet Go outside and exercise	2/6/2020 1:21 PM
74	salad	2/6/2020 1:20 PM
75	eating vegetables	2/6/2020 1:19 PM
76	running	2/6/2020 1:18 PM
77	veggies	2/6/2020 1:18 PM
78	eating fruit	2/6/2020 1:17 PM
79	exercise	2/6/2020 1:16 PM
80	I could sleep longer and have diet changes	2/6/2020 1:15 PM
81	not drinking and smoking	2/6/2020 1:15 PM
82	my anxiety to go away	2/6/2020 1:14 PM
83	finding a way to learn to control my anger and to get thinner	2/6/2020 1:13 PM
84	not eating	2/6/2020 12:30 PM
85	to not eat junk food	2/6/2020 12:29 PM
86	not eating junk, and work out	2/6/2020 12:28 PM
87	not eating junk food	2/6/2020 12:27 PM
88	exercise	2/6/2020 12:26 PM
89	helping myself with being positive	2/6/2020 12:26 PM
90	exercise	2/6/2020 12:25 PM
91	exercising	2/6/2020 12:24 PM
92	eat healthier	2/6/2020 12:22 PM
93	eat healthier	2/6/2020 12:21 PM
94	more exercise	2/6/2020 12:20 PM
95	eat a little healthier	2/6/2020 12:19 PM
96	i don't know	2/6/2020 12:18 PM
97	getting good sleep	2/6/2020 12:17 PM
98	idk	2/6/2020 12:16 PM
99	eat fruits and veggies	2/6/2020 12:14 PM
100	watch my weight	2/6/2020 12:12 PM
101	weight	2/6/2020 12:12 PM
102	better school lunch	2/6/2020 12:12 PM
103	nonsense comment	2/6/2020 12:11 PM
104	work out more	2/6/2020 12:10 PM
105	to eat more fruits	2/6/2020 12:09 PM
106	better school lunches	2/6/2020 12:09 PM
107	exercise	2/6/2020 12:08 PM
108	having someone to talk to	2/6/2020 12:07 PM
109	get more sleep and exercise more	2/6/2020 12:07 PM

110	get more sleep	2/6/2020 12:06 PM
111	sports	2/6/2020 12:05 PM
112	eating better	2/6/2020 12:04 PM
113	exercise more	2/6/2020 12:04 PM
114	get more sleep	2/6/2020 12:03 PM
115	eat lots more fruits and vegetables	2/6/2020 12:02 PM
116	healthier foods	2/6/2020 12:02 PM
117	exercise	2/6/2020 12:01 PM
118	not doing drugs and staying out of trouble, also eating healthy foods and exercising	2/6/2020 12:01 PM
119	dealing with stress/time	2/6/2020 12:00 PM
120	stay exercised, not do drugs or any kind of harmful things	2/6/2020 11:59 AM
121	being active and eating good	2/6/2020 11:58 AM
122	well I eat alot of fruit and veggies so I am healthy	2/6/2020 11:57 AM
123	going outside more often or less homework because it gives you stress	2/6/2020 11:56 AM
124	idk	2/6/2020 11:56 AM
125	drinking more water	2/6/2020 11:55 AM
126	eating better	2/6/2020 11:54 AM
127	vegetables	2/6/2020 11:54 AM
128	exercise	2/6/2020 11:53 AM
129	continuing sports	2/6/2020 11:52 AM
130	eat better	2/6/2020 11:52 AM
131	eating more fruits, vegetables and drinking more water	2/6/2020 11:42 AM
132	exercise	2/6/2020 11:41 AM
133	exercise	2/6/2020 11:40 AM
134	more exercise	2/6/2020 11:39 AM
135	exercise	2/6/2020 11:38 AM
136	work out more	2/6/2020 11:37 AM
137	not eating junk food	2/6/2020 11:36 AM
138	nothing	2/6/2020 11:35 AM
139	eat healthy	2/6/2020 11:31 AM
140	eating healthier	2/6/2020 11:20 AM
141	to not be stressed out a lot	2/6/2020 11:19 AM
142	eat healthier	2/6/2020 11:17 AM
143	someone to run with	2/6/2020 11:16 AM
144	eating and drinking healthy	2/6/2020 11:15 AM
145	keeping control of sicknesses	2/6/2020 11:13 AM
146	exercise	2/6/2020 11:10 AM
147	more exercise and better diet	2/6/2020 11:08 AM

148	food	2/6/2020 11:07 AM
149	eating less, exercise more	2/6/2020 11:02 AM
150	eating healthier	2/6/2020 11:01 AM
151	eating healthier	2/6/2020 11:00 AM
152	I am healthy enough	2/6/2020 10:59 AM
153	not eating as much sugar	2/6/2020 10:58 AM
154	tasting more vegetables!	2/6/2020 10:56 AM
155	eating healthier	2/6/2020 10:55 AM
156	Don't eat junk food	2/6/2020 10:54 AM
157	not being so stressed/getting more sleep	2/6/2020 10:52 AM
158	sleep	2/6/2020 10:47 AM
159	eating healthy food	2/6/2020 10:46 AM
160	Exercise and get over some depression	2/6/2020 10:45 AM
161	Not play as much video games	2/6/2020 10:43 AM
162	A diet, people being nicer, and access to healthier food.	2/6/2020 10:42 AM
163	If I get more exercise	2/6/2020 10:40 AM
164	I am already healthy?	2/6/2020 10:39 AM
165	not as much screen time	2/6/2020 10:37 AM
166	being more available to resources	2/6/2020 10:36 AM
167	I consider myself pretty healthy. Maybe a little more time to exercise.	2/6/2020 10:35 AM
168	exercise	2/6/2020 10:33 AM
169	Getting off my phone	2/6/2020 10:31 AM
170	More exercise (not Gym, I hate PE) I mean sports out of school	2/6/2020 10:29 AM
171	more exercise	2/6/2020 10:27 AM
172	not having to do this, it makes me stressed and sick	2/6/2020 9:57 AM
173	weight loss and more exercise	2/6/2020 9:55 AM
174	just a bit of exercise	2/6/2020 9:53 AM
175	exercise	2/5/2020 4:21 PM
176	swimming more often	2/5/2020 4:20 PM
177	eat healthier	2/5/2020 4:18 PM
178	an apple a day	2/5/2020 4:17 PM
179	therapy	2/5/2020 4:14 PM
180	I just need to eat and exercise more healthy.	2/5/2020 4:13 PM
181	more sleep	2/5/2020 4:13 PM
182	Food!	2/5/2020 4:12 PM
183	if I slept more	2/5/2020 4:11 PM
184	If people acted normal.	2/5/2020 4:11 PM
185	to have a plain fast food diet of KFC and not disgusting school food	2/5/2020 4:10 PM

186	helping me figure out me what is best for me	2/5/2020 4:08 PM
187	Healthy school foods	2/5/2020 4:07 PM
188	sports, for my parents to care and trust me	2/5/2020 4:07 PM
189	Exercise and dance	2/5/2020 4:06 PM
190	diet/exercise	2/5/2020 4:04 PM
191	no	2/5/2020 4:04 PM
192	going back to the gym	2/5/2020 4:03 PM
193	I don't know	2/5/2020 4:02 PM
194	more water, diet, exericse	2/5/2020 4:02 PM
195	The gym	2/5/2020 4:02 PM
196	better school food	2/5/2020 4:01 PM
197	eating healthier	2/5/2020 4:01 PM
198	more sleep, healthy diet, and exercise	2/5/2020 3:59 PM
199	healthy diet	2/5/2020 3:56 PM
200	I don't know	2/5/2020 3:55 PM
201	exercise	2/5/2020 3:53 PM
202	eating healthier	2/5/2020 3:53 PM
203	Getting more exercise	2/5/2020 3:52 PM
204	If people would be normal	2/5/2020 3:52 PM
205	idk	2/5/2020 3:52 PM
206	eat healthy	2/5/2020 3:50 PM
207	not as much screen time eat healthier	2/5/2020 3:48 PM
208	Eat Better	2/5/2020 3:46 PM
209	diet	2/5/2020 3:46 PM
210	eat a lot of food.	2/5/2020 3:45 PM
211	eating healthy	2/5/2020 3:45 PM
212	eat better	2/5/2020 3:44 PM
213	more sleep	2/5/2020 3:43 PM
214	exercise and eating healthy foods	2/5/2020 3:43 PM
215	eat healthy	2/5/2020 3:42 PM
216	more exercise/eating healthier	2/5/2020 3:41 PM
217	more sleep and exercise	2/5/2020 3:41 PM
218	Eating less sugar	2/5/2020 3:40 PM
219	eat healthier and exercise	2/5/2020 3:40 PM
220	epic gamer	2/5/2020 3:39 PM
221	Eating well	2/5/2020 3:39 PM
222	go on a diet	2/5/2020 3:38 PM
223	eat better	2/5/2020 3:37 PM

224	Eat better	2/5/2020 3:35 PM
225	Better school food, phones in class	2/5/2020 3:34 PM
226	eat healthier	2/5/2020 3:33 PM
227	I don't know.	2/5/2020 3:33 PM
228	Exercising more	2/5/2020 3:32 PM
229	Exercising more	2/5/2020 3:31 PM
230	eat more, have more self esteem	2/5/2020 3:30 PM
231	nothing	2/5/2020 3:30 PM
232	To eat better.	2/5/2020 3:30 PM
233	Eating healthier and going to sleep earlier	2/5/2020 3:29 PM
234	sports	2/5/2020 3:28 PM
235	more exercise	2/5/2020 3:27 PM
236	Exercise	2/5/2020 3:27 PM
237	I don't know	2/5/2020 3:27 PM
238	Exercise	2/5/2020 3:26 PM
239	not going to school	2/5/2020 3:25 PM
240	Food in class (I'm hungry)	2/5/2020 3:25 PM
241	nothing	2/5/2020 3:24 PM
242	Regularly seeing a doctor for any issues I may have.	2/5/2020 3:23 PM
243	Vaccines and exercise	2/5/2020 3:23 PM
244	Not going to school	2/5/2020 3:22 PM
245	getting more sleep	2/5/2020 3:21 PM
246	unhelpful comment	2/5/2020 3:21 PM
247	more exercise in school	2/5/2020 3:20 PM
248	fruit	2/5/2020 3:20 PM
249	exercise	2/5/2020 3:19 PM
250	Healthier food	2/5/2020 3:18 PM
251	eat healthy	2/5/2020 3:16 PM
252	sleep more	2/5/2020 3:15 PM
253	getting more exercise and eating healthier.	2/5/2020 3:14 PM
254	Less homework so I can sleep more.	2/5/2020 3:14 PM
255	eating more fruits	2/5/2020 3:13 PM
256	do not smoke or do drugs	2/5/2020 3:12 PM
257	I'm healthy	2/5/2020 3:11 PM
258	I already am healthy	2/5/2020 3:11 PM
259	I'm already healthy	2/5/2020 3:10 PM
260	to not eat junk	2/5/2020 3:08 PM

Q15 What is your zip code?

Answered: 317   Skipped: 0

#	RESPONSES	DATE
1	21550	2/6/2020 2:31 PM
2	21550	2/6/2020 2:31 PM
3	21561	2/6/2020 2:30 PM
4	21550	2/6/2020 2:29 PM
5	21550	2/6/2020 2:28 PM
6	n	2/6/2020 2:28 PM
7	21550	2/6/2020 2:27 PM
8	21550	2/6/2020 2:26 PM
9	n	2/6/2020 2:26 PM
10	21550	2/6/2020 2:25 PM
11	n	2/6/2020 2:25 PM
12	21550	2/6/2020 2:24 PM
13	21550	2/6/2020 2:23 PM
14	21561	2/6/2020 2:22 PM
15	21550	2/6/2020 2:22 PM
16	21550	2/6/2020 2:21 PM
17	21550	2/6/2020 2:20 PM
18	21550	2/6/2020 2:19 PM
19	21538	2/6/2020 2:18 PM
20	21561	2/6/2020 2:17 PM
21	n	2/6/2020 2:16 PM
22	21550	2/6/2020 2:15 PM
23	21550	2/6/2020 2:14 PM
24	21550	2/6/2020 2:14 PM
25	21550	2/6/2020 2:13 PM
26	21550	2/6/2020 2:07 PM
27	n	2/6/2020 2:06 PM
28	21550	2/6/2020 2:06 PM
29	21550	2/6/2020 2:05 PM
30	21550	2/6/2020 2:04 PM
31	21561	2/6/2020 2:04 PM
32	21550	2/6/2020 2:03 PM
33	21550	2/6/2020 2:03 PM

34	n	2/6/2020 2:02 PM
35	21561	2/6/2020 2:01 PM
36	21550	2/6/2020 2:01 PM
37	n	2/6/2020 2:00 PM
38	21550	2/6/2020 2:00 PM
39	21561	2/6/2020 1:59 PM
40	21550	2/6/2020 1:58 PM
41	21550	2/6/2020 1:58 PM
42	21561	2/6/2020 1:57 PM
43	21550	2/6/2020 1:57 PM
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45	21550	2/6/2020 1:56 PM
46	21550	2/6/2020 1:55 PM
47	21550	2/6/2020 1:54 PM
48	21550	2/6/2020 1:53 PM
49	n	2/6/2020 1:53 PM
50	21536	2/6/2020 1:49 PM
51	21520	2/6/2020 1:48 PM
52	21520	2/6/2020 1:48 PM
53	21532	2/6/2020 1:47 PM
54	n	2/6/2020 1:47 PM
55	21536	2/6/2020 1:46 PM
56	21536	2/6/2020 1:46 PM
57	n	2/6/2020 1:45 PM
58	21536	2/6/2020 1:44 PM
59	21536	2/6/2020 1:43 PM
60	n	2/6/2020 1:40 PM
61	21536	2/6/2020 1:40 PM
62	21536	2/6/2020 1:39 PM
63	21536	2/6/2020 1:39 PM
64	21536	2/6/2020 1:38 PM
65	21536	2/6/2020 1:37 PM
66	21536	2/6/2020 1:37 PM
67	21539	2/6/2020 1:36 PM
68	21520	2/6/2020 1:35 PM
69	21536	2/6/2020 1:34 PM
70	21532	2/6/2020 1:34 PM
71	n	2/6/2020 1:33 PM

72	21532	2/6/2020 1:32 PM
73	21531	2/6/2020 1:32 PM
74	n	2/6/2020 1:31 PM
75	n	2/6/2020 1:30 PM
76	21539	2/6/2020 1:30 PM
77	21539	2/6/2020 1:29 PM
78	n	2/6/2020 1:28 PM
79	21531	2/6/2020 1:28 PM
80	21520	2/6/2020 1:27 PM
81	n	2/6/2020 1:26 PM
82	n	2/6/2020 1:26 PM
83	21531	2/6/2020 1:25 PM
84	n	2/6/2020 1:24 PM
85	21520	2/6/2020 1:24 PM
86	n	2/6/2020 1:23 PM
87	21520	2/6/2020 1:22 PM
88	n	2/6/2020 1:22 PM
89	21532	2/6/2020 1:21 PM
90	n	2/6/2020 1:21 PM
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92	21539	2/6/2020 1:19 PM
93	21536	2/6/2020 1:18 PM
94	21536	2/6/2020 1:18 PM
95	21532	2/6/2020 1:17 PM
96	21532	2/6/2020 1:16 PM
97	n	2/6/2020 1:16 PM
98	21520	2/6/2020 1:15 PM
99	21520	2/6/2020 1:15 PM
100	21520	2/6/2020 1:14 PM
101	n	2/6/2020 1:13 PM
102	21520	2/6/2020 1:13 PM
103	n	2/6/2020 12:30 PM
104	21536	2/6/2020 12:30 PM
105	21536	2/6/2020 12:29 PM
106	n	2/6/2020 12:28 PM
107	n	2/6/2020 12:27 PM
108	n	2/6/2020 12:26 PM
109	n	2/6/2020 12:26 PM

110	21536	2/6/2020 12:25 PM
111	21539	2/6/2020 12:24 PM
112	21532	2/6/2020 12:23 PM
113	n	2/6/2020 12:22 PM
114	21520	2/6/2020 12:21 PM
115	21520	2/6/2020 12:21 PM
116	21541	2/6/2020 12:20 PM
117	n	2/6/2020 12:19 PM
118	21536	2/6/2020 12:19 PM
119	n	2/6/2020 12:18 PM
120	21531	2/6/2020 12:17 PM
121	21520	2/6/2020 12:17 PM
122	n	2/6/2020 12:16 PM
123	n	2/6/2020 12:14 PM
124	n	2/6/2020 12:13 PM
125	21531	2/6/2020 12:12 PM
126	n	2/6/2020 12:12 PM
127	21520	2/6/2020 12:12 PM
128	n	2/6/2020 12:11 PM
129	n	2/6/2020 12:10 PM
130	n	2/6/2020 12:09 PM
131	21541	2/6/2020 12:09 PM
132	n	2/6/2020 12:08 PM
133	n	2/6/2020 12:07 PM
134	n	2/6/2020 12:07 PM
135	n	2/6/2020 12:06 PM
136	n	2/6/2020 12:05 PM
137	21539	2/6/2020 12:04 PM
138	n	2/6/2020 12:04 PM
139	n	2/6/2020 12:03 PM
140	n	2/6/2020 12:02 PM
141	n	2/6/2020 12:02 PM
142	21531	2/6/2020 12:01 PM
143	n	2/6/2020 12:01 PM
144	n	2/6/2020 12:00 PM
145	21532	2/6/2020 11:59 AM
146	21531	2/6/2020 11:58 AM
147	n	2/6/2020 11:57 AM

148	21531	2/6/2020 11:56 AM
149	n	2/6/2020 11:56 AM
150	21520	2/6/2020 11:55 AM
151	21536	2/6/2020 11:54 AM
152	21541	2/6/2020 11:54 AM
153	n	2/6/2020 11:53 AM
154	n	2/6/2020 11:52 AM
155	21536	2/6/2020 11:52 AM
156	21536	2/6/2020 11:42 AM
157	21536	2/6/2020 11:41 AM
158	n	2/6/2020 11:40 AM
159	21536	2/6/2020 11:39 AM
160	21532	2/6/2020 11:38 AM
161	n	2/6/2020 11:37 AM
162	21536	2/6/2020 11:36 AM
163	n	2/6/2020 11:35 AM
164	n	2/6/2020 11:31 AM
165	21532	2/6/2020 11:20 AM
166	21531	2/6/2020 11:19 AM
167	21531	2/6/2020 11:17 AM
168	n	2/6/2020 11:16 AM
169	21532	2/6/2020 11:15 AM
170	21520	2/6/2020 11:13 AM
171	n	2/6/2020 11:12 AM
172	n	2/6/2020 11:12 AM
173	21520	2/6/2020 11:11 AM
174	21531	2/6/2020 11:10 AM
175	n	2/6/2020 11:09 AM
176	21531	2/6/2020 11:08 AM
177	n	2/6/2020 11:07 AM
178	21531	2/6/2020 11:03 AM
179	21536	2/6/2020 11:02 AM
180	21532	2/6/2020 11:01 AM
181	21536	2/6/2020 11:00 AM
182	21536	2/6/2020 10:59 AM
183	21541	2/6/2020 10:58 AM
184	21531	2/6/2020 10:58 AM
185	21536	2/6/2020 10:56 AM

186	21520	2/6/2020 10:55 AM
187	21520	2/6/2020 10:54 AM
188	n	2/6/2020 10:53 AM
189	21532	2/6/2020 10:52 AM
190	21541	2/6/2020 10:47 AM
191	n	2/6/2020 10:46 AM
192	21520	2/6/2020 10:45 AM
193	21539	2/6/2020 10:43 AM
194	21531	2/6/2020 10:42 AM
195	21531	2/6/2020 10:40 AM
196	21531	2/6/2020 10:39 AM
197	n	2/6/2020 10:37 AM
198	21520	2/6/2020 10:36 AM
199	21532	2/6/2020 10:35 AM
200	21531	2/6/2020 10:33 AM
201	21536	2/6/2020 10:32 AM
202	21536	2/6/2020 10:31 AM
203	21250	2/6/2020 10:30 AM
204	21541	2/6/2020 10:29 AM
205	21536	2/6/2020 10:27 AM
206	21531	2/6/2020 9:58 AM
207	21520	2/6/2020 9:57 AM
208	21541	2/6/2020 9:55 AM
209	21532	2/6/2020 9:53 AM
210	n	2/5/2020 4:21 PM
211	21520	2/5/2020 4:20 PM
212	21532	2/5/2020 4:18 PM
213	21532	2/5/2020 4:17 PM
214	n	2/5/2020 4:14 PM
215	21550	2/5/2020 4:13 PM
216	21520	2/5/2020 4:13 PM
217	Not today	2/5/2020 4:12 PM
218	21536	2/5/2020 4:11 PM
219	21550	2/5/2020 4:11 PM
220	n	2/5/2020 4:10 PM
221	21550	2/5/2020 4:08 PM
222	21536	2/5/2020 4:07 PM
223	21561	2/5/2020 4:07 PM

224	n	2/5/2020 4:06 PM
225	21550	2/5/2020 4:06 PM
226	21550	2/5/2020 4:05 PM
227	21550	2/5/2020 4:04 PM
228	n	2/5/2020 4:04 PM
229	21550	2/5/2020 4:03 PM
230	n	2/5/2020 4:02 PM
231	21550	2/5/2020 4:02 PM
232	n	2/5/2020 4:02 PM
233	21536	2/5/2020 4:01 PM
234	21550	2/5/2020 4:01 PM
235	21550	2/5/2020 4:00 PM
236	n	2/5/2020 4:00 PM
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238	21550	2/5/2020 3:56 PM
239	21536	2/5/2020 3:55 PM
240	21530	2/5/2020 3:54 PM
241	21550	2/5/2020 3:53 PM
242	21536	2/5/2020 3:53 PM
243	21550	2/5/2020 3:52 PM
244	21550	2/5/2020 3:52 PM
245	21520	2/5/2020 3:52 PM
246	21561	2/5/2020 3:51 PM
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249	21550	2/5/2020 3:48 PM
250	21550	2/5/2020 3:47 PM
251	21550	2/5/2020 3:46 PM
252	21520	2/5/2020 3:46 PM
253	21550	2/5/2020 3:45 PM
254	21531	2/5/2020 3:45 PM
255	21550	2/5/2020 3:44 PM
256	n	2/5/2020 3:44 PM
257	21550	2/5/2020 3:43 PM
258	n	2/5/2020 3:43 PM
259	21550	2/5/2020 3:42 PM
260	n	2/5/2020 3:42 PM
261	21550	2/5/2020 3:41 PM

262	21550	2/5/2020 3:41 PM
263	n	2/5/2020 3:40 PM
264	21561	2/5/2020 3:40 PM
265	21531	2/5/2020 3:40 PM
266	21550	2/5/2020 3:39 PM
267	21550	2/5/2020 3:39 PM
268	21550	2/5/2020 3:38 PM
269	21550	2/5/2020 3:37 PM
270	n	2/5/2020 3:36 PM
271	21550	2/5/2020 3:36 PM
272	21531	2/5/2020 3:35 PM
273	21550	2/5/2020 3:35 PM
274	21550	2/5/2020 3:34 PM
275	21532	2/5/2020 3:34 PM
276	I'm not saying the government already knows so 00000	2/5/2020 3:34 PM
277	21536	2/5/2020 3:33 PM
278	21550	2/5/2020 3:33 PM
279	21550	2/5/2020 3:32 PM
280	n	2/5/2020 3:32 PM
281	21550	2/5/2020 3:31 PM
282	21550	2/5/2020 3:30 PM
283	21536	2/5/2020 3:30 PM
284	21550	2/5/2020 3:30 PM
285	21550	2/5/2020 3:29 PM
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287	21550	2/5/2020 3:28 PM
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290	21538	2/5/2020 3:27 PM
291	21561	2/5/2020 3:26 PM
292	21536	2/5/2020 3:26 PM
293	21550	2/5/2020 3:25 PM
294	21550	2/5/2020 3:25 PM
295	21520	2/5/2020 3:24 PM
296	21550	2/5/2020 3:24 PM
297	21541	2/5/2020 3:23 PM
298	21550	2/5/2020 3:23 PM
299	21550	2/5/2020 3:22 PM

300	21550	2/5/2020 3:21 PM
301	21536	2/5/2020 3:21 PM
302	21550	2/5/2020 3:20 PM
303	21550	2/5/2020 3:20 PM
304	21550	2/5/2020 3:19 PM
305	21550	2/5/2020 3:18 PM
306	21550	2/5/2020 3:18 PM
307	21550	2/5/2020 3:17 PM
308	21550	2/5/2020 3:16 PM
309	21550	2/5/2020 3:15 PM
310	21550	2/5/2020 3:14 PM
311	21550	2/5/2020 3:14 PM
312	21550	2/5/2020 3:13 PM
313	21550	2/5/2020 3:12 PM
314	21550	2/5/2020 3:11 PM
315	21550	2/5/2020 3:11 PM
316	n	2/5/2020 3:10 PM
317	21550	2/5/2020 3:08 PM

Q16 Group

Answered: 316   Skipped: 1
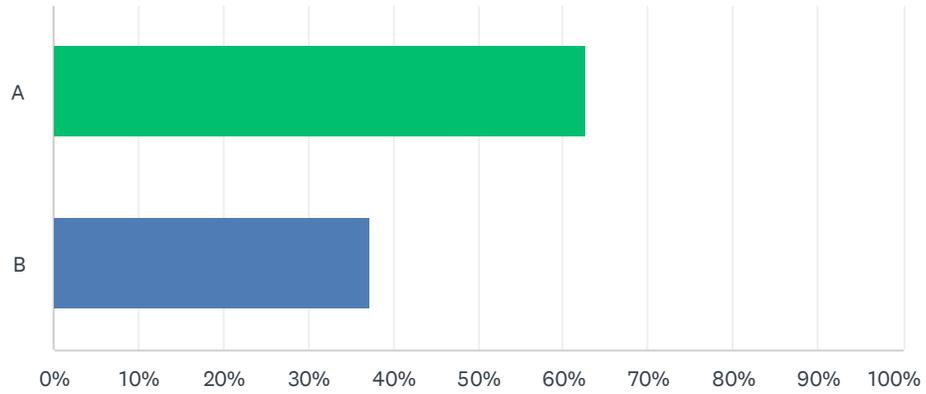
ANSWER CHOICES	RESPONSES	
A	62.66%	198
B	37.34%	118
TOTAL		316

Q1 What grades are your children currently enrolled in?

Answered: 327   Skipped: 0
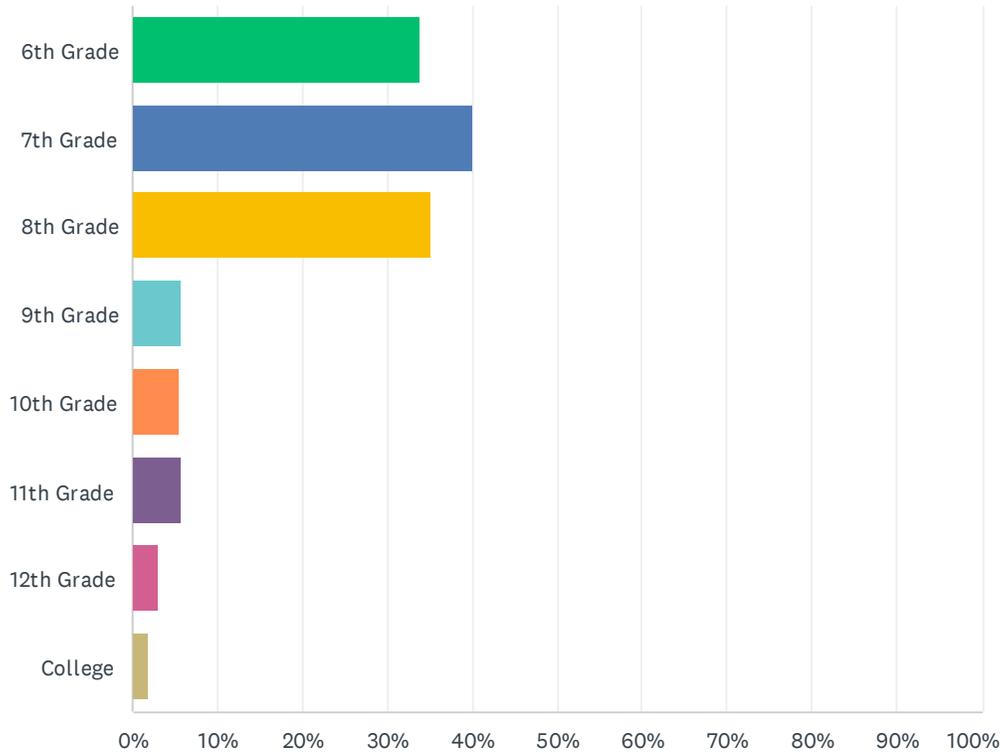
ANSWER CHOICES	RESPONSES	
6th Grade	33.94%	111
7th Grade	40.06%	131
8th Grade	35.17%	115
9th Grade	5.81%	19
10th Grade	5.50%	18
11th Grade	5.81%	19
12th Grade	3.06%	10
College	1.83%	6
Total Respondents: 327		

Q2 What is/are your children(s) gender(s)?

Answered: 327   Skipped: 0
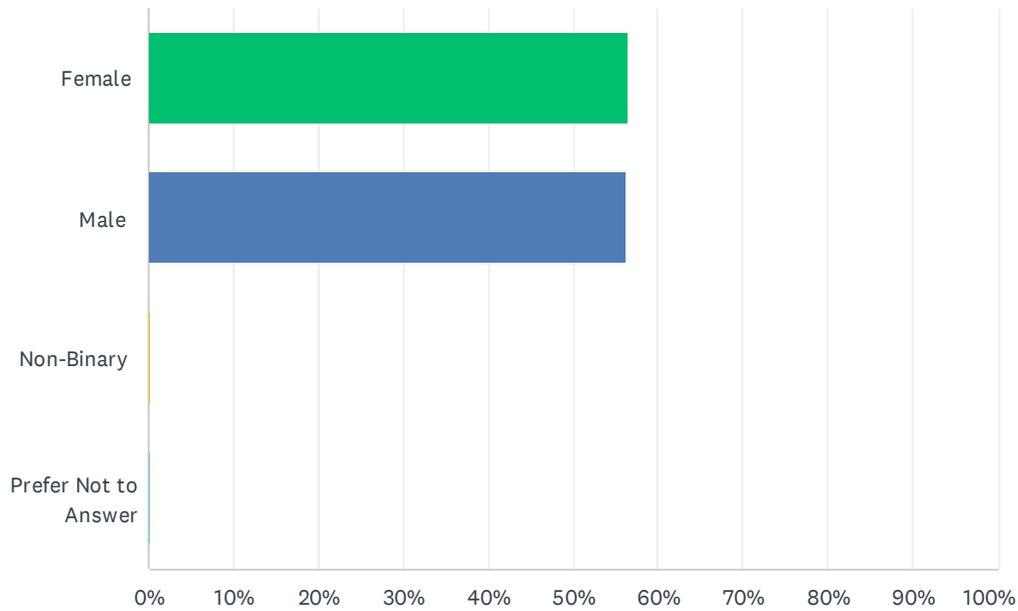
ANSWER CHOICES	RESPONSES	
Female	56.57%	185
Male	56.27%	184
Non-Binary	0.31%	1
Prefer Not to Answer	0.31%	1
Total Respondents: 327		

Q3 Regarding the rate of births to teens ages 15-19 years (per 1,000 population of teenaged females), which number do you think comes closest to Garrett County's rate for the year 2017?

Answered: 322   Skipped: 5
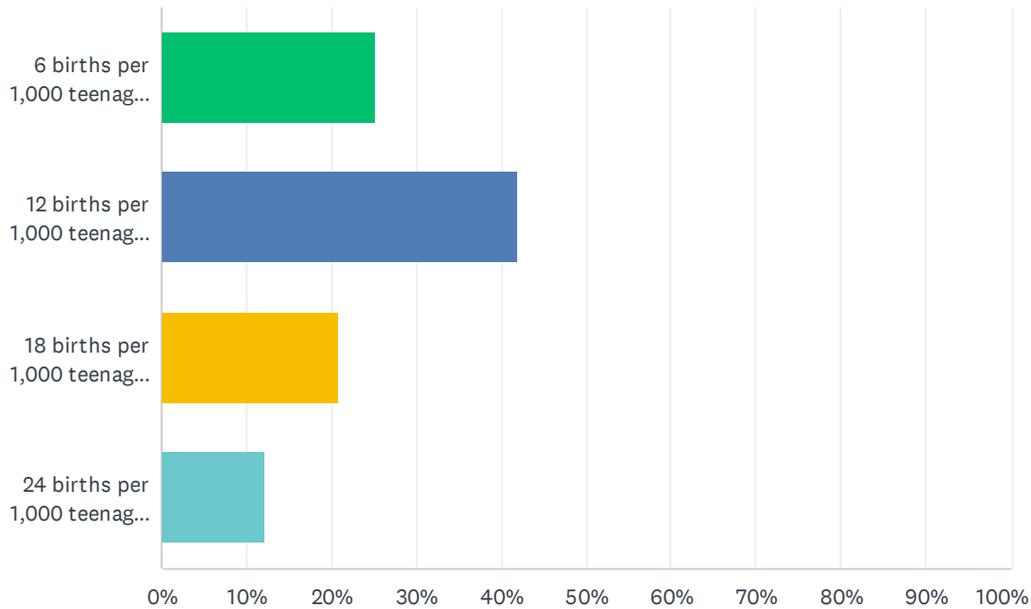
ANSWER CHOICES	RESPONSES	
6 births per 1,000 teenaged females	25.16%	81
12 births per 1,000 teenaged females	41.93%	135
18 births per 1,000 teenaged females	20.81%	67
24 births per 1,000 teenaged females	12.11%	39
TOTAL		322

Q4 Maryland's 2017 goal was that >57% of adolescents receive an annual physical exam (annual check-up) by a primary provider (physician or nurse practitioner). The state of Maryland averaged 54.6%. Approximately what percent of adolescents in Garrett County do you think received annual physical exams in 2017?

Answered: 321   Skipped: 6
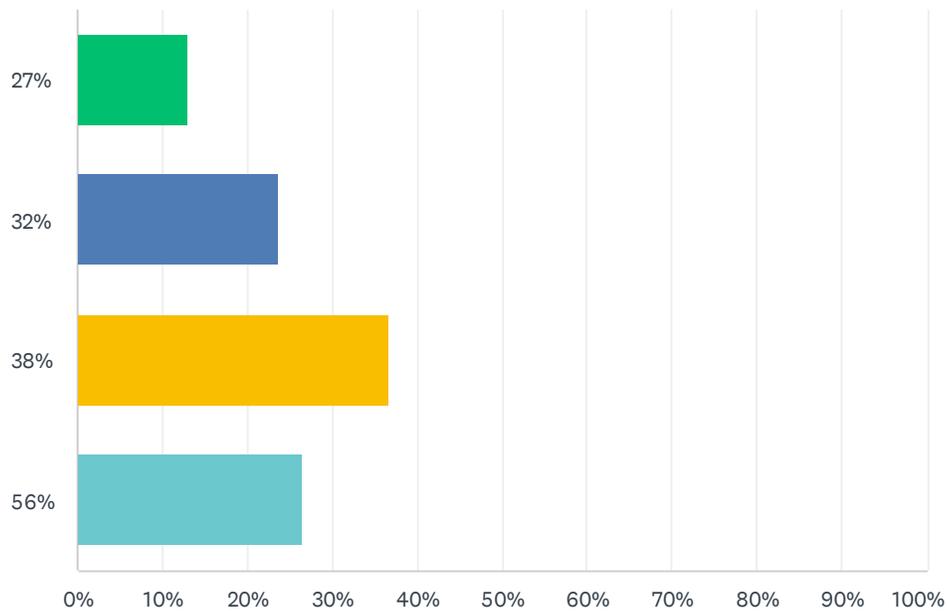
ANSWER CHOICES	RESPONSES	
27%	13.08%	42
32%	23.68%	76
38%	36.76%	118
56%	26.48%	85
TOTAL		321

Q5 What percent of Garrett County high school students do you think seriously considered suicide during the year leading up to the 2016 Youth Risk Behavior Survey (YRBS)?

Answered: 321   Skipped: 6
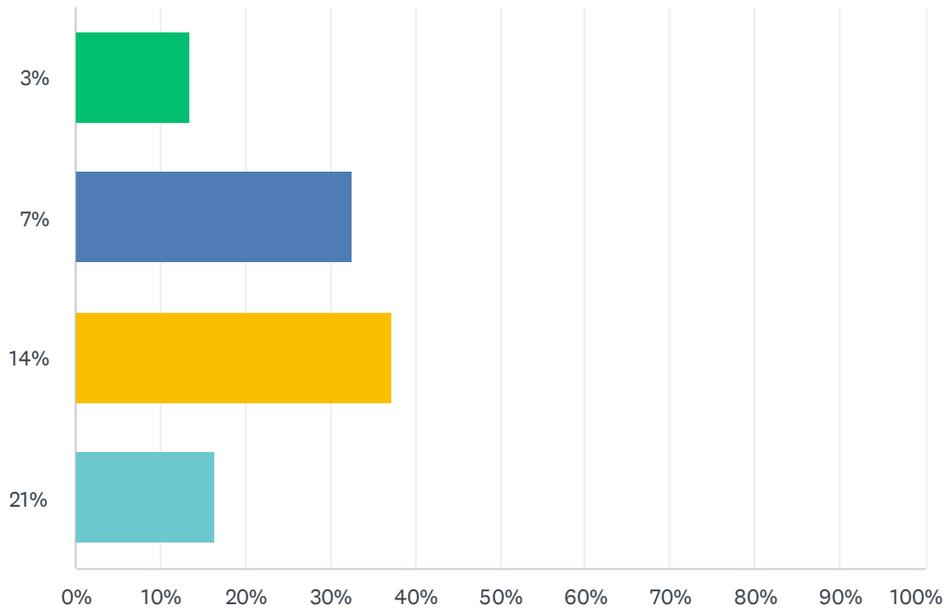
ANSWER CHOICES	RESPONSES	
3%	13.40%	43
7%	32.71%	105
14%	37.38%	120
21%	16.51%	53
TOTAL		321

Q6 What percentage of Garrett County high school students do you think have ever engaged in sex before graduating?

Answered: 321   Skipped: 6
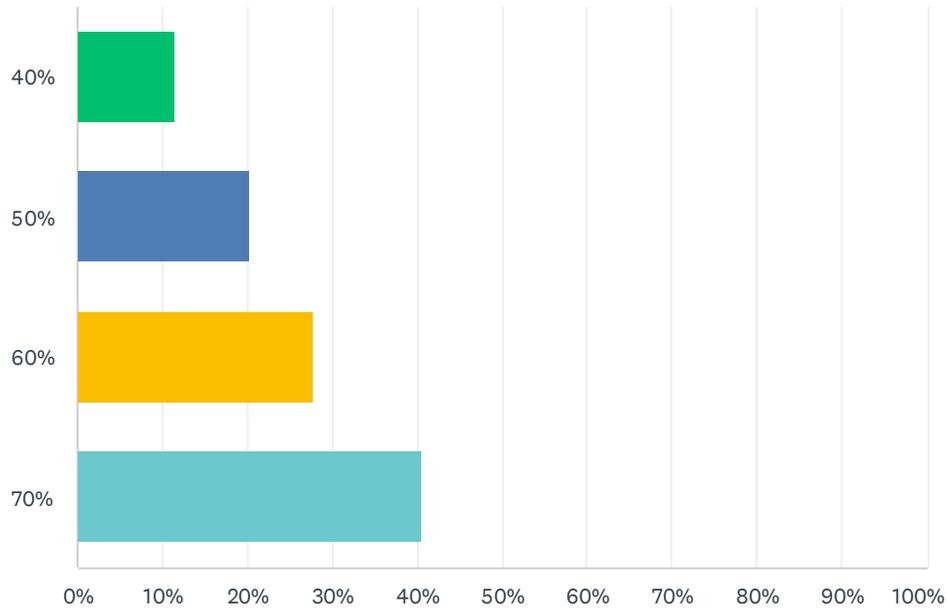
ANSWER CHOICES	RESPONSES	
40%	11.53%	37
50%	20.25%	65
60%	27.73%	89
70%	40.50%	130
TOTAL		321

Q7 True or false: Tobacco use among adolescents is highest in Garrett County, compared to all of the counties in Maryland.

Answered: 318   Skipped: 9
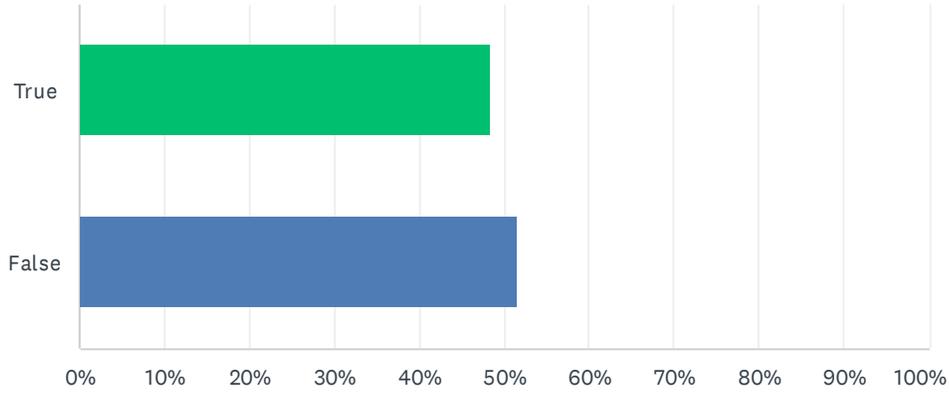
ANSWER CHOICES	RESPONSES	
True	48.43%	154
False	51.57%	164
TOTAL		318

Q8 Do you think electronic nicotine delivery systems (also known as vaping devices) are addictive?

Answered: 323   Skipped: 4
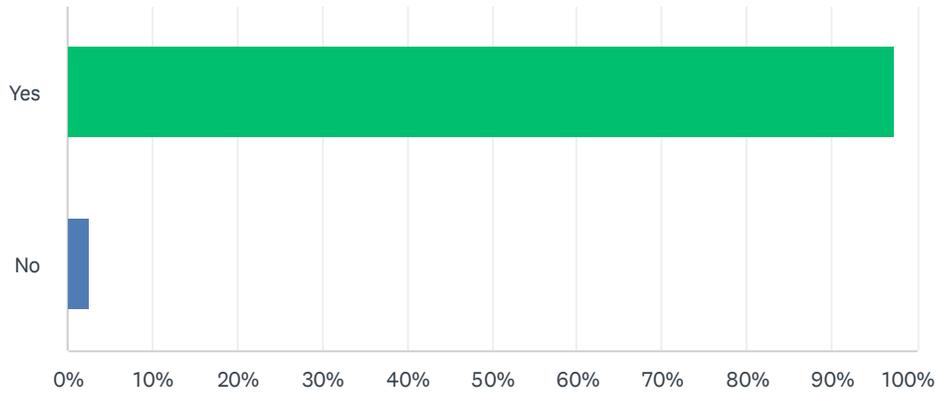
ANSWER CHOICES	RESPONSES	
Yes	97.52%	315
No	2.48%	8
TOTAL		323

Q9 Do you think electronic nicotine delivery systems are safe (referring to the effect on health rather than the possible explosiveness of the device.)?

Answered: 324   Skipped: 3
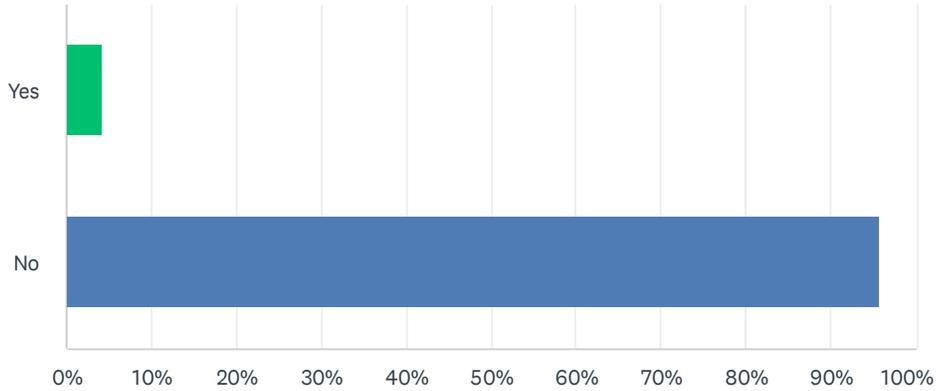
ANSWER CHOICES	RESPONSES	
Yes	4.32%	14
No	95.68%	310
TOTAL		324

Q10 What percentage of Garrett County high school students do you think reported binge drinking on at least 1 day during the 30 days before the 2016 YRBS survey?

Answered: 321   Skipped: 6
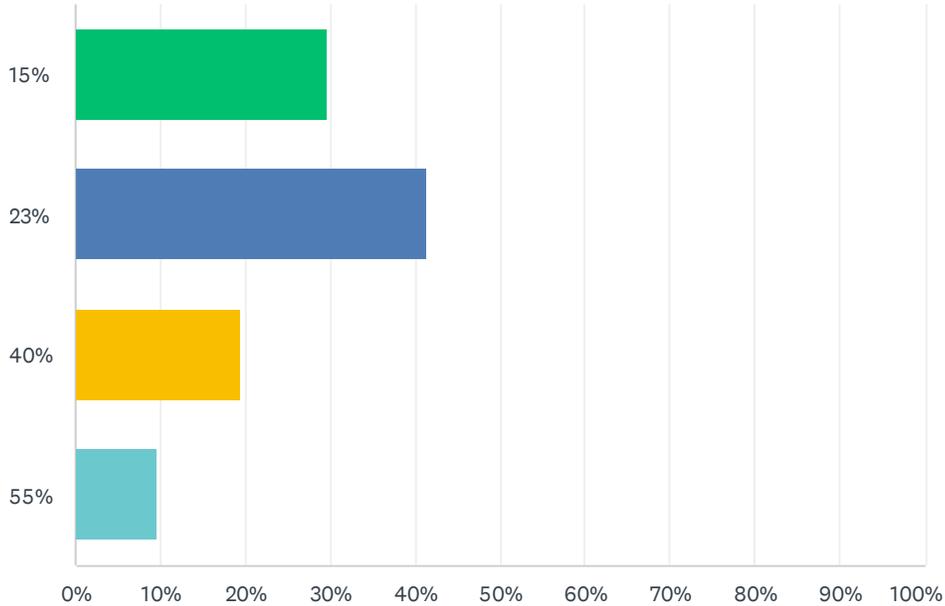
ANSWER CHOICES	RESPONSES	
15%	29.60%	95
23%	41.43%	133
40%	19.31%	62
55%	9.66%	31
TOTAL		321

Q11 Are you aware that there is a difference between a wellness/preventive medicine visit and a visit for a sports physical or acute or chronic illness?

Answered: 323   Skipped: 4
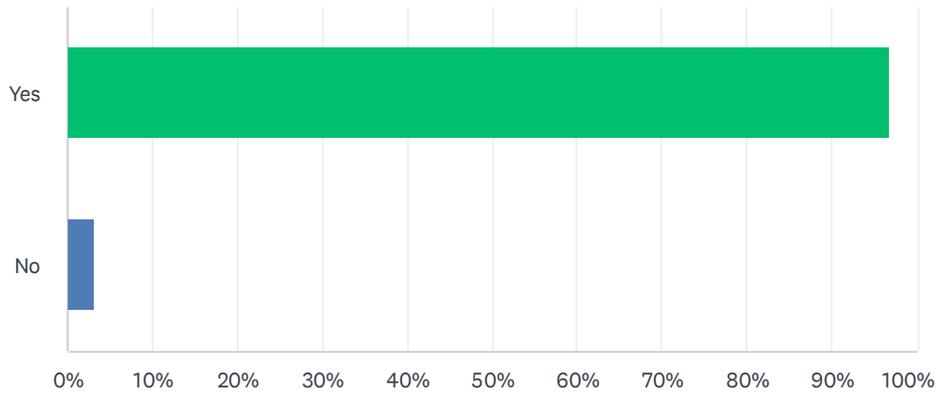
ANSWER CHOICES	RESPONSES	
Yes	96.90%	313
No	3.10%	10
TOTAL		323

Q12 Do you take your current adolescents to annual wellness/preventive medicine visits? (Physical exams related to sports participation or acute illness alone do not count).

Answered: 321   Skipped: 6
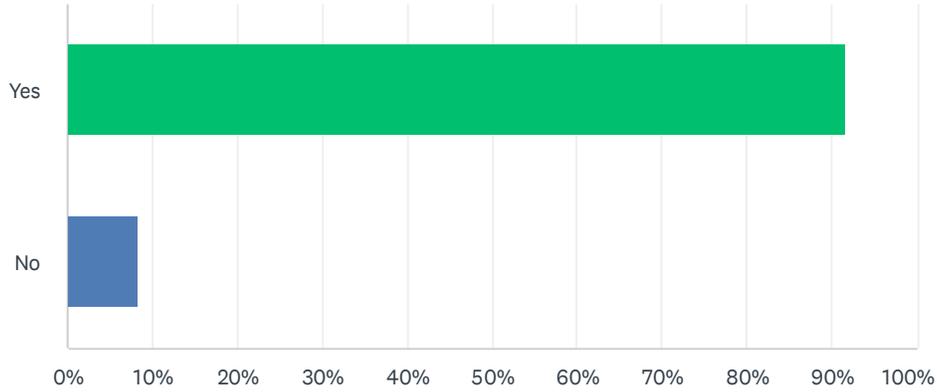
ANSWER CHOICES	RESPONSES	
Yes	91.59%	294
No	8.41%	27
TOTAL		321

Q13 What barriers exist that prevent your adolescents from accessing routine adolescent wellness services, if any? Choose as many as apply to you and your children.

Answered: 149   Skipped: 178
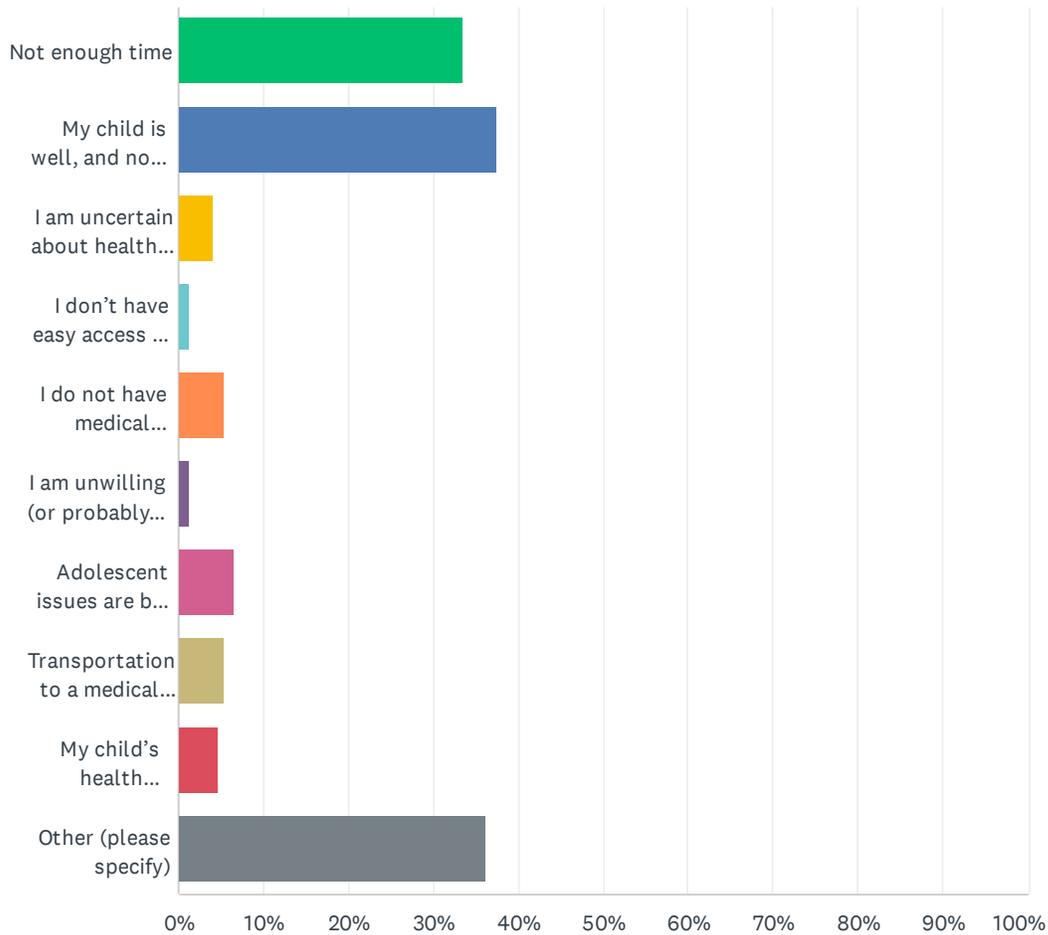
ANSWER CHOICES	RESPONSES	
Not enough time	33.56%	50
My child is well, and not in need of routine wellness checks	37.58%	56
I am uncertain about health care providers speaking to my adolescent about sensitive issues like sexuality, substance use, and mental illness	4.03%	6
I don't have easy access to a medical clinic that caters to adolescent needs	1.34%	2
I do not have medical insurance	5.37%	8
I am unwilling (or probably unwilling) to allow my adolescent to have full range of services	1.34%	2
Adolescent issues are best addressed within the home by parents	6.71%	10
Transportation to a medical appointment is a factor for me	5.37%	8
My child's health insurance does not cover wellness services	4.70%	7
Other (please specify)	36.24%	54
Total Respondents: 149		

#	OTHER (PLEASE SPECIFY)	DATE
1	My children had wellness exams up to age 12. They have annual sports physicals and go to the Dr. when needed now.	2/5/2020 3:03 PM
2	Receptionist says 1 hr. minimum appt. Mtn. Laurel	2/5/2020 3:01 PM
3	My children receive their well child services every year.	2/5/2020 2:59 PM
4	Difficult to schedule, full schedule @ Dr. Office for weeks out	2/5/2020 2:55 PM
5	No barriers	2/5/2020 2:52 PM
6	No barriers, we make it a priority to get well visits.	2/5/2020 2:46 PM
7	He gets a full physical yearly when he gets a sports physical.	2/5/2020 2:41 PM
8	My child visits a specialist every 6 months.	2/5/2020 2:38 PM
9	My child has all routine well checks done her health comes first above anything else.	2/5/2020 2:37 PM
10	No barriers	2/5/2020 2:35 PM
11	My kids get annual physicals?	1/16/2020 12:12 PM
12	I take my children for wellness checks.	1/16/2020 12:08 PM
13	I said I took them to checks.	1/16/2020 12:05 PM
14	I do take her every year, no barriers	1/16/2020 11:46 AM
15	we do go for routine well child visits every year	1/16/2020 11:42 AM
16	not needed	1/16/2020 11:40 AM
17	My child goes to the doctor when sick and for physicals due to sports, we usually ask questions regarding health/wellness needs/update shots during these times.	1/16/2020 11:30 AM
18	try to get to all scheduled appointments	1/16/2020 11:27 AM
19	No barriers	1/16/2020 11:23 AM
20	None in our household	1/16/2020 11:22 AM
21	None. My children get well checks every year.	1/16/2020 11:16 AM

22	Need more pediatricians in the local area.	1/16/2020 11:09 AM
23	No issues at this time	1/16/2020 11:05 AM
24	I don't have a problem taking my children	1/16/2020 10:55 AM
25	I take my child to visits.	1/16/2020 10:52 AM
26	my child received routine wellness services	1/16/2020 10:51 AM
27	Not applicable....	1/16/2020 10:51 AM
28	No barriers	1/16/2020 10:50 AM
29	I make it my priority if my kids have appointments, wellness visits, etc...	1/16/2020 10:38 AM
30	No barriers exist.	1/16/2020 10:33 AM
31	scheduling can be an issue because we only have one vehicle	1/16/2020 10:31 AM
32	My children get their routine wellness.	1/16/2020 10:28 AM
33	none apply, child has had prevention visit	1/16/2020 9:54 AM
34	n/a he goes every three months	1/16/2020 9:51 AM
35	Don't want to go (my child)	1/16/2020 9:49 AM
36	N/A My children are all up to date.	1/16/2020 9:48 AM
37	Not sure what is being asked? I don't want doctors/nurses talking to my daughter w/o my wife and me knowing.	1/16/2020 9:43 AM
38	none, she gets a well child check every year	1/16/2020 9:42 AM
39	None, we attend as necessary.	1/16/2020 9:37 AM
40	We do a wellness check up every year, so not sure if this questions pertains to what I think a wellness check up is	1/16/2020 9:36 AM
41	I take them so no barriers.	1/16/2020 9:31 AM
42	None, my child received routine wellness visits	1/16/2020 9:30 AM
43	Don't have any barriers.	1/16/2020 9:28 AM
44	My child goes to the doctor as needed and recommended. There are no barriers. Health is important. This whole survey and questions are ridiculous. Facts matter, not opinions. People are known to lie on surveys as well. Especially students who laugh about the answers they put down. This seems to be a waste of tax payer money.	1/16/2020 9:19 AM
45	Dr told me to speak about abstinence and would not even talk about birth control-Cornerstone/Dr. Crowell	1/16/2020 9:14 AM
46	none	1/16/2020 9:09 AM
47	They get them if needed.	1/16/2020 9:04 AM
48	My child gets well checkups.	1/16/2020 9:01 AM
49	none	1/16/2020 9:00 AM
50	I take mine routinely, but I'd sure others have many excuses of negligence.	1/16/2020 9:00 AM
51	No excuses!!	1/16/2020 8:55 AM
52	none	1/16/2020 8:54 AM
53	None, we go	1/16/2020 8:52 AM
54	I don't remember to do it.	1/16/2020 8:39 AM

Q14 I think my adolescent might benefit from access to health care that discusses the following topics:Choose as many as apply:

Answered: 258   Skipped: 69
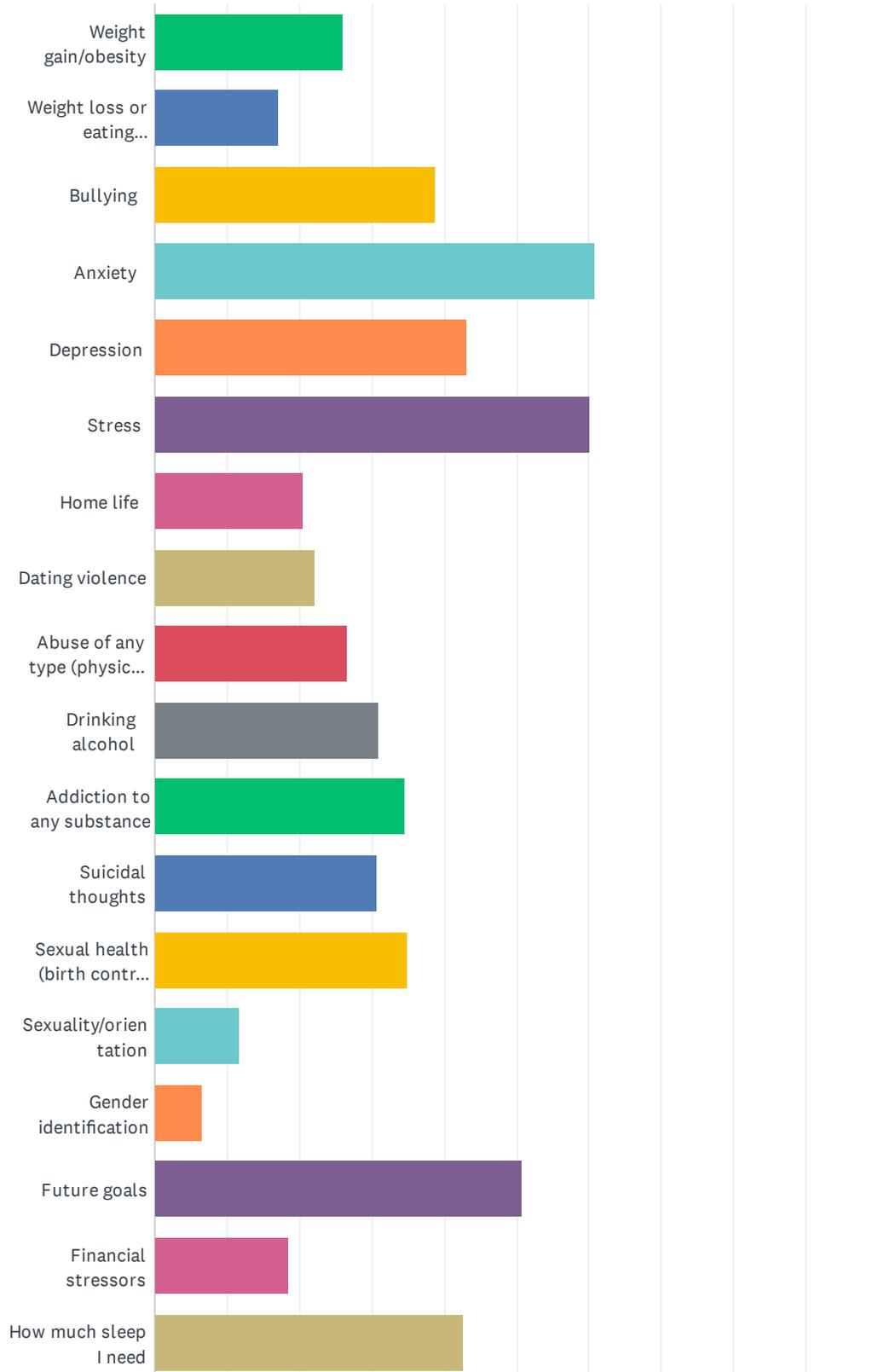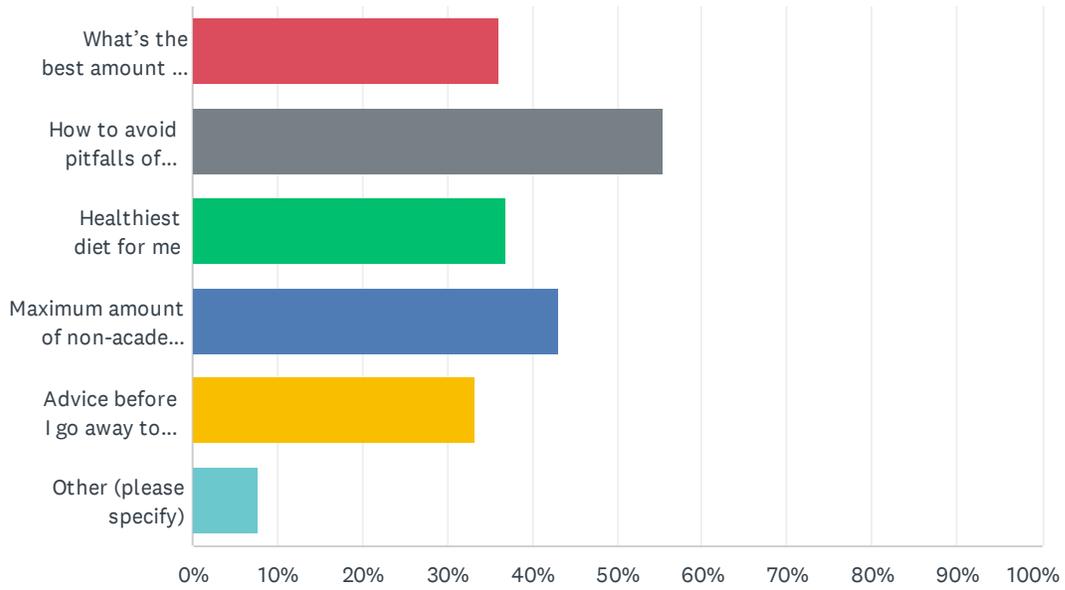
ANSWER CHOICES	RESPONSES	
Weight gain/obesity	25.97%	67
Weight loss or eating disorders	17.05%	44
Bullying	38.76%	100
Anxiety	60.85%	157
Depression	43.02%	111
Stress	60.08%	155
Home life	20.54%	53
Dating violence	22.09%	57
Abuse of any type (physical, sexual,verbal,emotional)	26.74%	69
Drinking alcohol	31.01%	80
Addiction to any substance	34.50%	89
Suicidal thoughts	30.62%	79
Sexual health (birth control, STI prevention)	34.88%	90
Sexuality/orientation	11.63%	30
Gender identification	6.59%	17
Future goals	50.78%	131
Financial stressors	18.60%	48
How much sleep I need	42.64%	110
What's the best amount of exercise to get	36.05%	93
How to avoid pitfalls of peer pressure	55.43%	143
Healthiest diet for me	36.82%	95
Maximum amount of non-academic screen time I should have	43.02%	111
Advice before I go away to college	33.33%	86
Other (please specify)	7.75%	20
Total Respondents: 258		

#	OTHER (PLEASE SPECIFY)	DATE
1	Pictures of STDs, abuse, addiction, etc. Posters in hallway or class rooms	2/5/2020 3:01 PM
2	Dealing with bi-gender bullies that think they are above the rules.	2/5/2020 2:29 PM
3	Dangers of social media	2/5/2020 2:23 PM
4	My doctor addresses these with my teen.	1/16/2020 12:08 PM
5	We don't need cradle to grave government programs and handouts. Parents would be forced to do their job if we had accountability and responsibility.	1/16/2020 12:03 PM
6	All of these are important.	1/16/2020 11:59 AM

7	All of it!	1/16/2020 11:46 AM
8	Education for children not going into college. What they need to learn/know to start working right out of high school.	1/16/2020 11:33 AM
9	Abstinence. Home Economics - Saving $ - financial book keeping/checkbook, wash clothes, cooking, cleaning. organizing, safety - street smarts, time organization, vehicle maintenance, basic skills.	1/16/2020 11:30 AM
10	My child receives annual wellness checks and this info is discussed.	1/16/2020 11:15 AM
11	Less government, programs and handouts, so parents would do their job as a parent - accountability and responsibility.	1/16/2020 11:03 AM
12	Anger issues	1/16/2020 11:03 AM
13	Love at home, support	1/16/2020 10:36 AM
14	Reproductive health education aimed at changes that occur during adolescence and why. My daughter took the classes, but didn't know what a uterus was.	1/16/2020 10:31 AM
15	Career planning	1/16/2020 9:50 AM
16	All of these are necessary for every child!	1/16/2020 9:49 AM
17	don't think this is needed	1/16/2020 9:43 AM
18	None. We discuss these topics routinely	1/16/2020 9:30 AM
19	I believe many of these topics are covered/discussed in health class at school.	1/16/2020 9:06 AM
20	Controlling emotions	1/16/2020 9:02 AM

Q15 What would help you help your adolescent be healthier during these years of development?

Answered: 101   Skipped: 226

#	RESPONSES	DATE
1	Importance of sleep - less screen time	2/5/2020 3:05 PM
2	Family time, talking, staying physically active together, more faith based influences	2/5/2020 2:57 PM
3	Middle school team sports, outdoor games more often at school.	2/5/2020 2:55 PM
4	More education - if the middle school offered sports - especially cross county	2/5/2020 2:54 PM
5	Positive peer interactions, strong family connections, manageable school stress, attending church, positive community, extracurricular role models.	2/5/2020 2:51 PM
6	Cheaper healthy food	2/5/2020 2:49 PM
7	We encourage good diet/exercise - maybe body + info class?	2/5/2020 2:45 PM
8	Cannot think of anything we need.	2/5/2020 2:44 PM
9	Clubs at school that aren't sports related.	2/5/2020 2:41 PM
10	Not sure. I try to always keep healthy snacks on hand and prepare healthy meals and do fun activities with my daughter outside.	2/5/2020 2:37 PM
11	Nutrition info	2/5/2020 2:35 PM
12	Encourage to workout together read more less screen time	2/5/2020 2:34 PM
13	Better diet ideas	2/5/2020 2:32 PM
14	communication	2/5/2020 2:32 PM
15	Not sure	2/5/2020 2:31 PM
16	Stricter rules at school w/ bullies not pushing teacher opinions on bi-gender, gays and politics on children.	2/5/2020 2:29 PM
17	Friends and family	2/5/2020 2:25 PM
18	Less school stress!	2/5/2020 2:22 PM
19	Be the best parents we can be!	2/5/2020 2:21 PM
20	More physical activity	2/5/2020 2:19 PM
21	Teach their stuff that is good	1/16/2020 12:09 PM
22	Getting rid of video games and having my child involved in more sports.	1/16/2020 12:08 PM
23	Less school stress - i.e. 7th grade busy (home) work	1/16/2020 12:05 PM
24	Just making sure she's aware of everything life throws at us.	1/16/2020 12:04 PM
25	sports	1/16/2020 11:52 AM
26	No technology	1/16/2020 11:52 AM
27	Realistic views and representation of the consequences of poor choices.	1/16/2020 11:50 AM
28	Communication information	1/16/2020 11:48 AM
29	Knowing there is or what is in a place to assist me and my children.	1/16/2020 11:46 AM
30	Life is so busy! Learn to appreciate rest and to use wisely.	1/16/2020 11:45 AM

31	More education on above topics.	1/16/2020 11:40 AM
32	Vitamins, hygiene, eating healthy	1/16/2020 11:39 AM
33	Ways to work through bullying	1/16/2020 11:36 AM
34	Education from 16-25 year olds that have dealt with any of these issues and have overcome. And sharing stories of people that did not.	1/16/2020 11:33 AM
35	Racial issues for this area. Accepting ones self and dealing with rejection from peers.	1/16/2020 11:27 AM
36	exercise-sports	1/16/2020 11:23 AM
37	more time, less stress with job	1/16/2020 11:21 AM
38	Understanding their mental health and how to manage it and to ask for help if needed.	1/16/2020 11:16 AM
39	Put less peer pressure on kids academically and physically	1/16/2020 11:12 AM
40	Better indoor activities throughout the year.	1/16/2020 11:10 AM
41	Access to activities to promote physical activity that are affordable to Garrett County residents!!	1/16/2020 11:09 AM
42	More education about sexual health. Support groups	1/16/2020 11:05 AM
43	Counseling, talking, helping them	1/16/2020 11:03 AM
44	Be/stay informed	1/16/2020 10:56 AM
45	Knowing there will always be help. Access to help when in need of it	1/16/2020 10:52 AM
46	Choosing the right food choices.	1/16/2020 10:52 AM
47	Learning together about new/important health topics	1/16/2020 10:51 AM
48	A guide to raising teenagers.	1/16/2020 10:51 AM
49	It would help me a lot to send me notes in spanish, that would help me a lot	1/16/2020 10:50 AM
50	Education on prevention of school transferred illnesses.	1/16/2020 10:49 AM
51	Have a lot of communication with her parents	1/16/2020 10:43 AM
52	weight management	1/16/2020 10:41 AM
53	good role models at school and positive feedback	1/16/2020 10:38 AM
54	Open discussions, knowledge of things. Knowing they can come to us for anything.	1/16/2020 10:38 AM
55	Nutritional advice, advice on how to handle my child's stress and anger.	1/16/2020 10:33 AM
56	A 2nd vehicle for accessibility to services and activities	1/16/2020 10:31 AM
57	Eating healthier.	1/16/2020 10:30 AM
58	help with portion control	1/16/2020 10:28 AM
59	Cannot think of anything we need.	1/16/2020 10:25 AM
60	Better (edible) school lunches.	1/16/2020 10:20 AM
61	Other communications and access to trained teachers/counselors to speak about needed problems/issues.	1/16/2020 10:15 AM
62	Nothing, she confides in me to a fault. :)	1/16/2020 10:12 AM
63	Learning to limit electronic usage and get more exercise instead.	1/16/2020 10:01 AM
64	get them checked out to make sure nothings wrong	1/16/2020 9:57 AM
65	Knowing to keep their head on straight and focus on their own personal goals.	1/16/2020 9:56 AM
66	Very active children and would rather be outside than inside, don't watch tv and don't play on electronics. Is there anything else I should worry about.	1/16/2020 9:55 AM

67	physical activity that she enjoys	1/16/2020 9:54 AM
68	If we had someone to cook meals I HATE to cook!!!	1/16/2020 9:53 AM
69	To have better specialized therapies for autism	1/16/2020 9:51 AM
70	N/a	1/16/2020 9:50 AM
71	Single payer health system similar to that enjoyed by nearly every other developed nation	1/16/2020 9:49 AM
72	Eat healthier	1/16/2020 9:49 AM
73	Talk to him and work together	1/16/2020 9:39 AM
74	Removal of cell phone.	1/16/2020 9:37 AM
75	Keep providing fruits/veg to meals. Tell the importance of eating healthy, exercise, sleep. Avoid peer pressure. Know what id right from wrong.	1/16/2020 9:36 AM
76	Learning more how the world is, and there is always help.	1/16/2020 9:35 AM
77	more options for swimming, activities	1/16/2020 9:31 AM
78	activities	1/16/2020 9:28 AM
79	If school lunches were healthier/fast food wasn't so cheap.	1/16/2020 9:27 AM
80	Nutritional counseling	1/16/2020 9:27 AM
81	learning and coping skills for ADHD and organization. Lots of his depression and stress are due to his ADHD	1/16/2020 9:25 AM
82	None	1/16/2020 9:25 AM
83	n	1/16/2020 9:24 AM
84	more community activities for teens	1/16/2020 9:23 AM
85	Better school meals	1/16/2020 9:20 AM
86	Hire a maid so that I have more time	1/16/2020 9:14 AM
87	He shouldn't have to choose between PE and band should be mandatory for all kids, all year!	1/16/2020 9:10 AM
88	Get more sleep.	1/16/2020 9:06 AM
89	more support among peers. activities safe for adolescents	1/16/2020 9:03 AM
90	Better communication	1/16/2020 9:02 AM
91	More parent workshops	1/16/2020 9:00 AM
92	eating healthier	1/16/2020 9:00 AM
93	Support system - like minded individuals and less social media	1/16/2020 8:57 AM
94	sleep	1/16/2020 8:56 AM
95	Better healthy good tasting options for school lunch - non prepaid box and heat food.	1/16/2020 8:52 AM
96	Be able to eat lunch at school without hearing "your charging"	1/16/2020 8:50 AM
97	My teen to openly talk to me	1/16/2020 8:50 AM
98	Communication - her to be more open with parents.	1/16/2020 8:42 AM
99	Advice on handling pressures from peers & how to handle when pressured to try drinking, tobacco, etc..	1/16/2020 8:35 AM
100	Pressure, stress, this new life these kids have is hard.	1/16/2020 8:31 AM
101	Continue to stress "screen" time limits and sleep is important.	1/16/2020 8:29 AM

Q16 What is your zip code?

Answered: 327   Skipped: 0

#	RESPONSES	DATE
1	21550	2/5/2020 3:06 PM
2	21550	2/5/2020 3:06 PM
3	21550	2/5/2020 3:05 PM
4	21550	2/5/2020 3:03 PM
5	21550	2/5/2020 3:03 PM
6	n	2/5/2020 3:01 PM
7	21550	2/5/2020 3:00 PM
8	21550	2/5/2020 2:59 PM
9	21550	2/5/2020 2:58 PM
10	21532	2/5/2020 2:58 PM
11	21536	2/5/2020 2:57 PM
12	21536	2/5/2020 2:57 PM
13	21531	2/5/2020 2:56 PM
14	21520	2/5/2020 2:55 PM
15	21520	2/5/2020 2:54 PM
16	n	2/5/2020 2:52 PM
17	21561	2/5/2020 2:52 PM
18	21536	2/5/2020 2:51 PM
19	21541	2/5/2020 2:50 PM
20	21520	2/5/2020 2:49 PM
21	21536	2/5/2020 2:49 PM
22	n	2/5/2020 2:48 PM
23	21536	2/5/2020 2:47 PM
24	21520	2/5/2020 2:47 PM
25	n	2/5/2020 2:46 PM
26	21541	2/5/2020 2:46 PM
27	21532	2/5/2020 2:45 PM
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29	21541	2/5/2020 2:43 PM
30	21536	2/5/2020 2:42 PM
31	n	2/5/2020 2:41 PM
32	n	2/5/2020 2:41 PM
33	21561	2/5/2020 2:40 PM

34	21536	2/5/2020 2:39 PM
35	21536	2/5/2020 2:38 PM
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38	21536	2/5/2020 2:35 PM
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41	n	2/5/2020 2:32 PM
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43	21536	2/5/2020 2:31 PM
44	n	2/5/2020 2:30 PM
45	21531	2/5/2020 2:29 PM
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47	21520	2/5/2020 2:27 PM
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50	n	2/5/2020 2:25 PM
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52	n	2/5/2020 2:23 PM
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56	n	2/5/2020 2:20 PM
57	n	2/5/2020 2:19 PM
58	n	2/5/2020 2:19 PM
59	21541	2/5/2020 2:18 PM
60	21550	2/5/2020 2:17 PM
61	n	1/16/2020 12:12 PM
62	21536	1/16/2020 12:11 PM
63	21536	1/16/2020 12:10 PM
64	n	1/16/2020 12:09 PM
65	21520	1/16/2020 12:09 PM
66	21520	1/16/2020 12:08 PM
67	n	1/16/2020 12:07 PM
68	21520	1/16/2020 12:05 PM
69	21541	1/16/2020 12:04 PM
70	21520	1/16/2020 12:03 PM
71	n	1/16/2020 12:01 PM

72	21531		1/16/2020 12:00 PM
73	21531		1/16/2020 12:00 PM
74	21541		1/16/2020 11:59 AM
75	21536		1/16/2020 11:58 AM
76	21536		1/16/2020 11:57 AM
77	n		1/16/2020 11:56 AM
78	21539		1/16/2020 11:56 AM
79	21520		1/16/2020 11:55 AM
80	21520		1/16/2020 11:54 AM
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82	21536		1/16/2020 11:53 AM
83	21520		1/16/2020 11:52 AM
84	21539		1/16/2020 11:52 AM
85	n		1/16/2020 11:51 AM
86	n		1/16/2020 11:50 AM
87	21536		1/16/2020 11:50 AM
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89	21532		1/16/2020 11:48 AM
90	21536		1/16/2020 11:46 AM
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92	21531		1/16/2020 11:45 AM
93	21541		1/16/2020 11:45 AM
94	21536		1/16/2020 11:44 AM
95	n		1/16/2020 11:43 AM
96	21531		1/16/2020 11:43 AM
97	n		1/16/2020 11:42 AM
98	21541		1/16/2020 11:42 AM
99	21539		1/16/2020 11:41 AM
100	21531		1/16/2020 11:41 AM
101	21531		1/16/2020 11:40 AM
102	21532		1/16/2020 11:40 AM
103	21539		1/16/2020 11:39 AM
104	21532		1/16/2020 11:39 AM
105	21539		1/16/2020 11:38 AM
106	21536		1/16/2020 11:37 AM
107	21536		1/16/2020 11:37 AM
108	21532		1/16/2020 11:37 AM
109	21532		1/16/2020 11:36 AM

110	21536	1/16/2020 11:36 AM
111	21536	1/16/2020 11:35 AM
112	n	1/16/2020 11:34 AM
113	21536	1/16/2020 11:33 AM
114	21532	1/16/2020 11:33 AM
115	n	1/16/2020 11:32 AM
116	21536	1/16/2020 11:31 AM
117	21536	1/16/2020 11:31 AM
118	21520	1/16/2020 11:30 AM
119	21536	1/16/2020 11:30 AM
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122	21532	1/16/2020 11:26 AM
123	21536	1/16/2020 11:26 AM
124	n	1/16/2020 11:25 AM
125	21539	1/16/2020 11:25 AM
126	21536	1/16/2020 11:24 AM
127	21536	1/16/2020 11:24 AM
128	n	1/16/2020 11:23 AM
129	21520	1/16/2020 11:23 AM
130	21536	1/16/2020 11:22 AM
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141	21532	1/16/2020 11:13 AM
142	21536	1/16/2020 11:12 AM
143	n	1/16/2020 11:12 AM
144	21532	1/16/2020 11:10 AM
145	21536	1/16/2020 11:09 AM
146	21520	1/16/2020 11:09 AM
147	21520	1/16/2020 11:07 AM

148	21536	1/16/2020 11:06 AM
149	n	1/16/2020 11:05 AM
150	21520	1/16/2020 11:03 AM
151	21536	1/16/2020 11:03 AM
152	21531	1/16/2020 11:01 AM
153	21536	1/16/2020 11:00 AM
154	n	1/16/2020 11:00 AM
155	21536	1/16/2020 10:59 AM
156	n	1/16/2020 10:59 AM
157	21536	1/16/2020 10:58 AM
158	21520	1/16/2020 10:57 AM
159	n	1/16/2020 10:56 AM
160	21536	1/16/2020 10:56 AM
161	21520	1/16/2020 10:55 AM
162	21541	1/16/2020 10:52 AM
163	21536	1/16/2020 10:52 AM
164	21532	1/16/2020 10:51 AM
165	21536	1/16/2020 10:51 AM
166	n	1/16/2020 10:50 AM
167	21531	1/16/2020 10:50 AM
168	n	1/16/2020 10:49 AM
169	21531	1/16/2020 10:48 AM
170	21531	1/16/2020 10:47 AM
171	21520	1/16/2020 10:47 AM
172	21536	1/16/2020 10:45 AM
173	21531	1/16/2020 10:45 AM
174	n	1/16/2020 10:45 AM
175	21541	1/16/2020 10:43 AM
176	21531	1/16/2020 10:43 AM
177	21532	1/16/2020 10:42 AM
178	21532	1/16/2020 10:41 AM
179	21536	1/16/2020 10:41 AM
180	21520	1/16/2020 10:40 AM
181	21520	1/16/2020 10:39 AM
182	n	1/16/2020 10:39 AM
183	21531	1/16/2020 10:38 AM
184	n	1/16/2020 10:38 AM
185	n	1/16/2020 10:38 AM

186	n	1/16/2020 10:36 AM
187	21531	1/16/2020 10:35 AM
188	21520	1/16/2020 10:34 AM
189	21536	1/16/2020 10:34 AM
190	21532	1/16/2020 10:33 AM
191	21531	1/16/2020 10:33 AM
192	21520	1/16/2020 10:31 AM
193	21536	1/16/2020 10:31 AM
194	21536	1/16/2020 10:30 AM
195	n	1/16/2020 10:29 AM
196	n	1/16/2020 10:28 AM
197	21536	1/16/2020 10:28 AM
198	21536	1/16/2020 10:27 AM
199	21520	1/16/2020 10:25 AM
200	21531	1/16/2020 10:24 AM
201	21520	1/16/2020 10:24 AM
202	21536	1/16/2020 10:23 AM
203	21539	1/16/2020 10:22 AM
204	n	1/16/2020 10:21 AM
205	21539	1/16/2020 10:20 AM
206	21536	1/16/2020 10:20 AM
207	21536	1/16/2020 10:19 AM
208	21536	1/16/2020 10:18 AM
209	n	1/16/2020 10:17 AM
210	n	1/16/2020 10:16 AM
211	21536	1/16/2020 10:16 AM
212	n	1/16/2020 10:16 AM
213	n	1/16/2020 10:15 AM
214	21536	1/16/2020 10:14 AM
215	21536	1/16/2020 10:13 AM
216	21520	1/16/2020 10:12 AM
217	21531	1/16/2020 10:10 AM
218	21550	1/16/2020 10:01 AM
219	21550	1/16/2020 10:00 AM
220	n	1/16/2020 9:58 AM
221	21550	1/16/2020 9:57 AM
222	21550	1/16/2020 9:57 AM
223	21550	1/16/2020 9:56 AM

224	21550		1/16/2020 9:55 AM
225	21550		1/16/2020 9:55 AM
226	21550		1/16/2020 9:54 AM
227	21550		1/16/2020 9:53 AM
228	21550		1/16/2020 9:52 AM
229	21550		1/16/2020 9:51 AM
230	n		1/16/2020 9:50 AM
231	21550		1/16/2020 9:49 AM
232	21550		1/16/2020 9:49 AM
233	21550		1/16/2020 9:48 AM
234	21550		1/16/2020 9:46 AM
235	21550		1/16/2020 9:45 AM
236	n		1/16/2020 9:44 AM
237	21550		1/16/2020 9:44 AM
238	21550		1/16/2020 9:43 AM
239	21550		1/16/2020 9:43 AM
240	21550		1/16/2020 9:42 AM
241	21550		1/16/2020 9:41 AM
242	21538		1/16/2020 9:40 AM
243	21561		1/16/2020 9:40 AM
244	n		1/16/2020 9:39 AM
245	21550		1/16/2020 9:38 AM
246	21550		1/16/2020 9:37 AM
247	21550		1/16/2020 9:37 AM
248	21538		1/16/2020 9:36 AM
249	21550		1/16/2020 9:35 AM
250	21550		1/16/2020 9:35 AM
251	21550		1/16/2020 9:34 AM
252	21550		1/16/2020 9:33 AM
253	21550		1/16/2020 9:32 AM
254	21550		1/16/2020 9:32 AM
255	21550		1/16/2020 9:31 AM
256	21550		1/16/2020 9:30 AM
257	n		1/16/2020 9:30 AM
258	21550		1/16/2020 9:29 AM
259	21550		1/16/2020 9:29 AM
260	21550		1/16/2020 9:28 AM
261	21523		1/16/2020 9:28 AM

262	21550	1/16/2020 9:28 AM
263	21561	1/16/2020 9:27 AM
264	21550	1/16/2020 9:27 AM
265	21550	1/16/2020 9:26 AM
266	21550	1/16/2020 9:25 AM
267	21561	1/16/2020 9:25 AM
268	21550	1/16/2020 9:24 AM
269	21550	1/16/2020 9:23 AM
270	21561	1/16/2020 9:21 AM
271	n	1/16/2020 9:20 AM
272	21550	1/16/2020 9:19 AM
273	n	1/16/2020 9:19 AM
274	21550	1/16/2020 9:18 AM
275	21550	1/16/2020 9:17 AM
276	21561	1/16/2020 9:15 AM
277	21550	1/16/2020 9:15 AM
278	n	1/16/2020 9:14 AM
279	21550	1/16/2020 9:14 AM
280	21550	1/16/2020 9:12 AM
281	n	1/16/2020 9:11 AM
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284	21550	1/16/2020 9:08 AM
285	n	1/16/2020 9:08 AM
286	21561	1/16/2020 9:07 AM
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288	21550	1/16/2020 9:06 AM
289	21550	1/16/2020 9:04 AM
290	n	1/16/2020 9:04 AM
291	21550	1/16/2020 9:03 AM
292	n	1/16/2020 9:03 AM
293	21550	1/16/2020 9:02 AM
294	21550	1/16/2020 9:02 AM
295	n	1/16/2020 9:01 AM
296	21550	1/16/2020 9:00 AM
297	21550	1/16/2020 9:00 AM
298	21550	1/16/2020 8:58 AM
299	n	1/16/2020 8:57 AM

300	n	1/16/2020 8:57 AM
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302	21550	1/16/2020 8:56 AM
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305	21550	1/16/2020 8:54 AM
306	21538	1/16/2020 8:53 AM
307	21550	1/16/2020 8:53 AM
308	21550	1/16/2020 8:52 AM
309	n	1/16/2020 8:51 AM
310	21550	1/16/2020 8:51 AM
311	21550	1/16/2020 8:50 AM
312	21550	1/16/2020 8:50 AM
313	21550	1/16/2020 8:48 AM
314	n	1/16/2020 8:48 AM
315	21550	1/16/2020 8:42 AM
316	21550	1/16/2020 8:39 AM
317	21550	1/16/2020 8:38 AM
318	21550	1/16/2020 8:37 AM
319	21550	1/16/2020 8:36 AM
320	21550	1/16/2020 8:35 AM
321	21550	1/16/2020 8:33 AM
322	21523	1/16/2020 8:33 AM
323	n	1/16/2020 8:32 AM
324	21550	1/16/2020 8:32 AM
325	21550	1/16/2020 8:31 AM
326	21550	1/16/2020 8:30 AM
327	21550	1/16/2020 8:29 AM

Q17 Group

Answered: 312   Skipped: 15
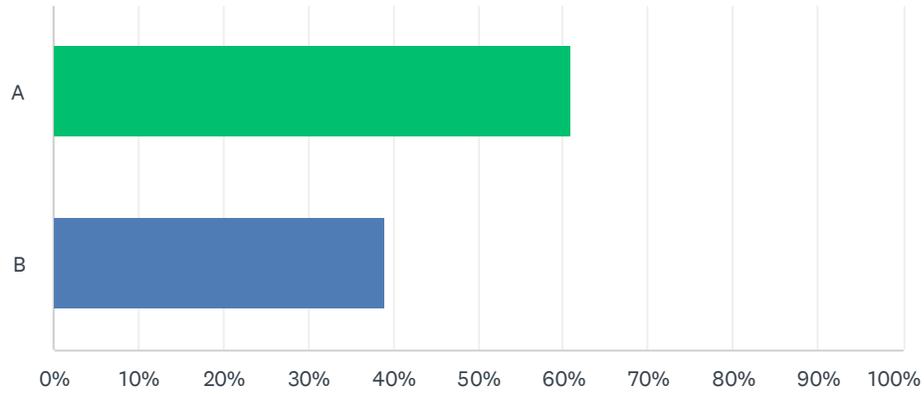
ANSWER CHOICES	RESPONSES	
A	60.90%	190
B	39.10%	122
TOTAL		312