



BEHAVIORAL HEALTH AUTHORITY

SUICIDE PREVENTION LIFELINE 1-800-273-TALK (8255) FREE CONFIDENTIAL 24 HOUR CRISIS

The information provided is a brief overview of Public Behavioral Health Providers in Garrett and Allegany Counties as well as other Service Provider Agencies.

For more specific information on particular services, please contact the provider directly.
(List may not be inclusive of all providers)

PROVIDER NAME	CONTACT INFORMATION	SERVICE	ACCEPTING NEW PATIENTS	TELEHEALTH	IN PERSON SERVICE	SAME DAY INTAKE	CHILDREN/ADULTS
Appalachian Parent Association	301-334-8449 www.appalachiancrossroads.com info@appalachiancrossroads.com	Supported Employment Services, job coaching	Yes	Yes	Soon		Adults
Baltimore Area Community Health Services (BACHS) Healthcare	301-777-9600 www.bachshealthcare.com info@bachshealthcare.com	In home services for adults and children who need assistance developing everyday skills to function independently at home, school and work. Psychiatric Rehabilitation	Yes	Yes	Yes		Both
Burlington United Methodist Family Services, Inc.	301-334-1285 www.bumfs.org foundation@bumfs.org	Targeted Case Management, Care Coordination for children and adults and Wraparound	Yes	Yes	Soon		Both
CARE. 1st Wellness	301-533-8736 www.care1stwellness.com melita@care1stwellness.com	Individual, couples, family behavioral health therapy. Children, adolescents and adults. Also, Substance abuse treatment services.	Yes	Yes	Yes		Both
Callis, Stewart J., MD (Private Practice)	301-334-5281	Psychiatric Interventions and Professional Consultation					
Christian Counseling Services	301-895-3117	Individual, couples, and family counselling, substance abuse treatment					Both
GAlA Holistic Counseling Services	301-777-5006 www.robertylnmd.com	Psychiatry and Individual/Group Counseling for Mental Health and Autism Spectrum Disorders					
Garrett County Center for Behavioral Health/ Garrett County Health Department	Oakland 301-334-7680 Grantsville 301-895-5458 www.garretthealth.org	Outpatient Individual, Family, and Group Therapy; Psychiatric Services; Substance Abuse Treatment; Geriatric Outreach	Yes	Yes	Yes		Both
Garrett County Lighthouse, Inc.	301-334-9126 www.garrettcountylighthouse.org	Psychiatric Rehabilitation, Day program, case management and Residential Rehabilitation Services	Yes	Yes	Yes		Adults Only
Garrett Regional Medical Center	301-533-4000 www.grmc-wvmedicine.org	Acute Crisis Emergency Room	Yes	Yes	Yes		Both
Mindful Roots LLC	304 435 8892 mindfulrootsllc@outlook.com	Parent Child interactive Therapy with Children ages 2-7. Behavioral Health Care with a specific focus on trauma for all ages	Yes	Yes	Yes		Both
Mindfulness Therapy	302-723-2855 www.mindfulnesstherapy.me contact@mindfulnesstherapy.me	Behavioral Health Services utilizing the Mindfulness Stress Based Reduction models	Yes				
Mountain Laurel Medical Center	Oakland -301-533-3300 Grantsville -844-652-8735 McCoole - 240-774-0204 www.mtnlaurel.org info@mtnlaurel.org	Behavioral Health Services. Family practice - primary health care services for all ages.	Yes	Yes	Yes		Both
Pressley Ridge / Maryland	301-724-8413 info@pressleyridge.org	Therapeutic Foster Care and Children's Clinical Therapy	Yes	Yes			Both
Safe Harbor	301-334-1642 www.garrettcountylighthouse.org	Residential Crisis and Respite services for Adult Consumers	Yes	Yes	Yes		Adults Only
Thomas B. Finan Center State Hospital	301-777-2240 www.health.maryland.org/finan	Inpatient psychiatric Treatment and Court Ordered Evaluations	Yes				
Western Maryland Health System Behavioral Health Services (Now UPMC)	240-964-8585 www.wmhs.com	Individual, couple, and family counseling; psychiatric services; substance abuse treatment services Medication Management Services	Yes	Yes	Yes		Both

WVU Medicine Health & Wellness Services	301-533-2190 www.grmc-wvumedicine.org	Outpatient behavioral health counseling for children, adolescents and adults and substance abuse counselling services.	Yes	Yes	Yes	Both
Zimela Wellness Center, LLC	240-362-7077 www.mzimela@zimelawellness.com	Behavioral Health & Addiction Services. 24 hour hotline				
Other Service Providers and Agencies						
Zealand Psychological Associates	301-722-8000 www.zpa@atlanticbnn.net	Individual and Group Therapy; Psychological Testing, and Consultation Services				
Department of Social Services (Dept. of Human Resources)	301-533-3000 www.dhs.maryland.gov	Food supplement program. Temporary cash assistance, and TDAP, homelessness prevention program, in home family services, Protective Services, Foster Care, Child Support Services, and adult services				
Dove Center	301-334-9000 dovecenter@gcdovecenter.org	Domestic Violence/Sexual Assault Counseling, Crisis Housing 24 Hour Helpline				
Garrett County Community Action Committee	301-334-9431 www.garrettcac.org	Energy Assistance, Food Resources, Head Start, Housing Services, and Senior Citizens Resources				
Garrett County Behavioral Health Authority/ Local Management Board	301-334-7440 gccsa.gchd@maryland.gov	Facilitate the continuance of a consumer focused behavioral health system in Garrett County. Work with community partners to plan, coordinate, and monitor health and human services programs to improve outcomes for children and families.	Yes			
Maryland Coalition of Families	Teresa Friend www.mdcoalition.org/get-help-now	Family Peer Support	Yes			Both
Mountain Haven	301-334-1314 mhwrc315@outlook.com	Consumer Run Wellness and Recovery Center				
Sheppard Pratt Health System The Jefferson School & Residential Treatment Center	240-315-0200 malperin@sheppardpratt.org	Located in Frederick County MD. Closest Residential Treatment Center for Youth ages 12-21	No..Jefferson School will be closing facility at the end of June 2020.			
Western Maryland Regional Medical Center, Cumberland, MD	240-964-7000 www.wmhs.com	Adult Psychiatric Inpatient Unit	Yes			Adults Only
My Garrett County	mygarrettcountry.com	A behavioral health resource and other community supports for everyone, including a provider service network, a medical library resource/Veteran's links and support/advocacy contacts.				

Substance Abuse Treatment & Medication Maintenance Programs in Allegany & Garrett County

Cumberland Treatment Center	301-687-0940	14701 National Highway, LaVale, MD 21502				
Garrett Treatment Center Dr. Perry	301-533-2888	233 East Alder Street, Suite A, Oakland, MD 21550				
P. Daniel Miller, DO	301-334-4400	69 Wolf Acres Drive, Oakland, MD 21550				
Western MD Health Systems - Behavioral Health Program	240-964-7000	12500 Willowbrook Road, Cumberland, MD 21502				
Western MD Recovery Services	301-724-1144	11604 Bedford Road, N.E., Cumberland, MD 21502				
WMHS Occupational Health Center James Deren, MD	240-964-9355	1050 West Industrial Boulevard, Cumberland, MD 21502				
Mary Jo Cannon (More with Doc C)	301-313-3601	115 Lee St., Suite A, Cumberland, MD 21502				
Western Maryland Health System	214-964-8585	Medical Arts Center, 12502 Willowbrook Road, Suite 380 Cumberland, MD 21502				
Western Maryland Recovery Services	301-724-1144	11604 Bedford Road, Cumberland, MD 21502				
WMHS Occupational Health Center James Deren, MD	240-964-9355	1050 West Industrial Blvd, Cumberland, MD 21502				

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