



As I held my 14 month old granddaughter last Saturday I thought to myself, *'what do I want to see happen in your life, now and in the future?'*

Holding her head close to mine, I kissed her on the cheek and realized that the same thing that I pray for her is the same thing I want for my children and all of my grandchildren. I want them to be full of joy and happiness, to be healthy and well.

There is a great digital community planning tool where I have posted the question, What is your heart's desire, vision, dream, for your children, for all children?

Go to garrettplan.org and answer the question? In doing so, the health planners in our county can take your thoughts (as they have been doing for three months) and devise a plan for this county. They can't reach everyone in person but can certainly give you the opportunity to share on garrettplan.org. One thing for sure, we love our children and grandchildren and want them to have a sense of purpose in life, a healthy future. In order to make this happen, we come together with the greatest of intentions and work together to come up with the best health and wellness plan possible, because our children and grandchildren are worth it!

