

GARRETT COUNTY HEALTH PLANNING COUNCIL

June 22, 2023

MEETING MINUTES

PERMANENT MEMBERS PRESENT

Brian Bailey, MLMC

John Hummel, GCPS

Kimi Scott-McGreevy, GRMC

Lisa McCoy, UMD Extension

Robert Stephens, GCHD

Alicia Streets, GCDSS

Duane Yoder, GCCAC

CONSUMER MEMBERS PRESENT

Edgar Harman

Robin McGill

Dr. Willis McGill

Steve Putnam

Larry Tichnell

VISITORS

John Corbin, GCHD

Shelley Argabrite, GCHD

Heather Cooper, GCHD

Dr. Bill Pope

Kirsten Nesselrodt, Hospice of GC

Fred Polce, GCHD

Becky Aiken, GCPS

Lorena de Leon, MD Phys. Care

Donna McClintock Fost

Shanna Humphrey, GCCAC

Jennifer Lee-Steckman, GCHD

Dr. Jennifer Corder, GCHD

Maria Friend, GCHD

Melissa Nething, ACHD

Tiffany Fratz, GCHD

Reanna Miller, App. Crossroads

Amanda Pierce

David Stewart, AHEC West

Brittany Young, MPC Medicaid

Amy Jones, GC Lighthouse

Steve Putnam called the meeting to order at 8:00 a.m. The May meeting minutes were approved as submitted.

ASSERTIVE COMMUNITY TREATMENT GRANT

Jim was not present at the meeting, so Amy Jones reported that Archway in Cumberland was awarded a grant for community treatment, which will be different from the mobile crisis.

MENTAL HEALTH DATA INSIGHT UPDATE

We are still in a mental health crisis in the country, in the state of Maryland, and in Garrett County. There are 781,000 adults in Maryland that have a mental health condition and Maryland ranks 13 in the nation with a 36% increase in children ages 3-17 years old with anxiety or depression.

The American Rescue Plan has invested \$4 billion to expand access to mental health and substance use services. The three objectives that are being focused on at the national level are strengthening system capacity, connecting more Americans to care, and creating a continuum of support. Are we prepared to take advantage of the funding opportunities as a community? There is a lot of work to be done, so our goal is to be able to look at a strategy to measure what has been done and evaluate our work collectively. Garrett County has the Behavioral Health Authority that supports the Mental Health Advisory Committee that is an advocate in what we are doing and how we can organize information.

See Data Insight A: Mental Health (attached)

GRANT AWARDS RELATED TO MENTAL HEALTH

Access to services has been and continues to be an issue and currently only crisis response is available to a provider's patients and there is no phone support after hours. Mobile Crisis Unit will be

available to Garrett County residents. Baltimore Crisis Response has been chosen as the vendor and the calls go to Frederick 24/7, 365 days per year.

- When a person dials 988, the call is dispatched to Frederick
- The crisis response team will engage with the providers and may go into the home for stabilization services for up to eight weeks
- Telehealth will be incorporated
- Assertive Treatment will serve Garrett and Allegany counties
- A team consisting of peer recovery coaches, licensed counselor, and nurse will care for patients
- There will be a focus on juveniles and adolescent
- Initially this will not be a billable service, but will develop into Medicaid Insurance being billed. Not all grant money will go away
- There will be a meeting with the vendor to develop a marketing plan
- One of the overall arching goals is to divert people from going to the emergency department and allowing people to stay in their communities where they can be served and treated.

MENTAL HEALTH CAMPAIGN

It was decided that it was important to Garrett County to do this campaign because YRBS data showed almost 40% of our children reported that they felt hopeless. The campaign included:

- 200 bows throughout the community
- Outreach to 5 senior citizen centers
- 9 partnering agencies (4-H, Dove Center, DSS, CARC, etc.)
- 7 stores participated
- 27 healthcare providers
- Churches
- Banners at the schools
- Digital campaign
- Activity sheets
- Poster contest
- 10,000 wallet cards distributed
- 4,000 coloring sheets
- Photos
- Health Fair booth and presences
- Commissioners Proclamation
- T-shirts

September is Suicide Awareness month and we want to take all the materials that we already have and move forward with a second platform and build on what we have already done.

HPC BYLAWS

Bob, Brian, Shelley and Edgar reviewed and updated the bylaws. They were emailed out to the permanent and consumer members for review and edits. Following the edits, they were emailed out one last time for discussion and voting at this meeting. Brian suggested striking Article VII Section 2 because it lists a Garrett County Practicing Physician in the permanent member list, but the provider may or may not be affiliated with the hospital.

John Corbin added that it should state that voting telephonic is acceptable.

Edgar made a motion to accept the bylaws with the deletion of Article VII Section 2 and the addition of the required verbiage to include voting telephonically. Becky seconded the motion and the motion carried.

The final draft of the bylaws will be emailed to the Council.

CONSUMER MEMBER NOMINATIONS AND CHAIRPERSON NOMINATIONS

There are several vacancies due to the end of terms, Dr. Schwalm is stepping down, and Steve Putnam will move to permanent membership by representing the College. Rodney Glotfelty and Bill Riley were approved for a second term. Marian Emr has accepted a nomination and there were nominations for Amy Jones, Lorena de Leon, and Donna McClintock-Fost. These nominations will be submitted to the Board of Health/Commissioners for approval. This still leaves two vacancies, so if anyone would like to nominate anyone, please contact Beth at 301-334-7715 or beth.brenneman@maryland.gov.

There was a nomination for Edgar to move into the chairperson position and he accepted. Rodney was nominated for vice chair and he will be contacted to see if he will accept the position. *(Rodney has agreed to accept.)*

AGENCY UPDATES

GCHD - The Health Department is partnering with the Dove Center to offer a Human Trafficking training next Thursday here in the conference rooms. CEUs are available.

As of July 11, CPEST will not offer oral health screening.

The meeting adjourned at 9:17 a.m. The next meeting is scheduled for July 27.

Respectfully Submitted,

Robert Stephens, MS
GC Health Officer/HPC Secretary

Recorded by BAB