HEALTH PLANNING COUNCIL APRIL 28, 2022 (HYBRID) MEETING MINUTES

PERMANENT MEMBERS PRESENT

Rebecca Aiken, GCPS Alicia Street, GCDHS Kimi Scott-McGreevy, GRMC Robert Stephens, GCHD Duane Yoder, GCDSS Larry Tichnell, Commissioner

CONSUMER MEMBERS PRESENT

George Evans Regina Gearhart Rodney Glotfelty Robin McGill
Dr. Willis McGill Dr. Karl Schwalm

VISITORS

Callie Bartlett Donna Fost Scott Hollingsworth Maria Friend Kendra McLaughlin **Shelley Argabrite** Dr. Jenny Corder Tiffany Fratz John Corbin Sarah Myers Amanda Petersen Dr. Bill Pope Brandi Rosselli Julie Teter Marian Emr Mackin Planning **Grace Bolyard** Fred Polce, Jr.

In the absence of Steve Putnam and Edgar Harman, Bob Stephens called the meeting to order at 8:01 a.m.

The Health Planning Council, on a motion by Larry Tichnell and seconded by Robin McGill was made unanimous by the Council approved the February meeting minutes.

GC in Motion Initiative

Through the LHIC grant, money was used for diabetes funding. Gogarrettcounty.com was created.

- It was a well-being program
- It highlighted local resources
- Highlighted businesses and activities
- There were community events
- Points earned by participation can be used to win prizes

This was a blog and has been transferred to Garrett County In Motion.

- An initiative to increase physical activity in Garrett County
- Maryland has set a goal of 34% of Marylanders at a healthy weight by 2024
- The grant allows us to purchase accessible equipment
- There will be fitness challenges
- Enter to receive passes to State Parks, CARC, and Wildwood
- https://gcinmotion.garrettcountyapps.com/

Garrett County Health Assessment Progress

Resources are being used to share the assessment survey. QR Codes are available and the site can be accessed at bit.ly/2022cha. The survey can also be printed for distribution.

AGENCY UPDATES

Lighthouse - Normal Operations. Safe Harbor beds are available by referral

Hospice - Walk for Hospice is June 19 at the Glades Pavilion at 2 p.m. There is a caregiver forum at the college on May 5. They are opening a building in June in the McHenry area.

Workgroup on Child and Adolescent Wellness/Dr. Schwalm - The green campaign begins next week to raise awareness of Mental Health. There will be two proclamations with the commissioners on Monday, May 2 at 4 p.m.

County Commissioners - They have been having budget meetings with agencies

GCPS - They are holding kindergarten and pre kindergarten registration in person. It has been pared down slightly

Appalachian Crossroads - They are launching family support for 14-21 year olds along with respite services. They are accepting referrals for behavioral health services.

GCHD -

- There has been a change in testing to Mondays 2-7 p.m.; Wednesdays 8:30 a.m. 4 p.m. and Fridays 8:30 a.m. 4 p.m.
- Vaccination clinics are held here on Tuesdays and in Grantsville on Fridays
- There is a Trauma Informed Town Hall at Northern Middle School on May 17 from 6-8 p.m. For more information: Https://garrett health.org/trauma-informed-care-town-halls-scheduled/
- Rabies clinics will be held in May. For more information, dates, and times go to: https://garretthealth.org/rabies-clinic-schedule/
- There is a presentation on May 23 at the college featuring Tony Hoffman, From Prison to the Olympics discussing treatment and recovery from addiction. For more information: https://garrettheatlh.org/reminder-upcoming-event-tony-hoffman-from-prison-to-the-olympics-at-garretcollege-new-video
- New health curriculum was introduced into high school health classes.
- Play Hard Live Clean more than half of the elementary school students took part in the program and 30% of middle school students. Applications are available for high school students to apply for scholarships. See https://playhardliveclean.com/
- Outreach workers have been visiting work sites with information in quitting tobacco, walking, fishing rodeo, and underage drinking
- Taking Off Pounds Sensibly (TOPS) meets at the Health Department weekly

The next meeting will be held in conjunction with the Board of Health on May 26. Robert Wood Johnson released their results yesterday. To review the results, go to:

https://www.countyhealthrankings.org/app/maryland/2022/rankings/garrett/county/outcomes/overall/snapshot

The Health Planning Council, on a motion by Rodney Glotfelty, which was seconded by George Evans, and made unanimous by the Council adjourned the meeting at 9:06 a.m.

Respectfully Submitted,

Robert Stephens, MS GC Health Officer/HPC Secretary