



### *What Hospice Services can offer you or your loved one:*

- **Nursing Care-** An RN will visit you 2-5 times per week as your condition changes. There is also a nurse on call 24-7 for any emergency needs that you may have.
- **Social Work Services-** To assist with developing your Advanced Directives, Medical Power of Attorney, as well as linking you to possible community resources that you may be eligible for.
- **Physician's Services-** Your local physician will continue to be involved with your care, with the convenience of not having to make office visits. Our Hospice Medical Director is available 24/7 in the event that your physician cannot be reached.
- **Counseling Services-** Our Bereavement program will help you through the stages of grief and continue to follow your bereaved loved ones for 13 months
- **Medical Appliances and Supplies-** Hospice will supply you with medical supplies such as depends, Boost or Ensure, Wound Care Supplies, etc. as well as medical equipment such as hospital bed, wheelchair, shower chairs, walkers, etc.
- **Home Health Aide-** A CNA can visit you up to 5 times a week to assist with your personal care as well as assisting with light housekeeping or simply visit with you
- **Drugs for Palliation and Management of Symptoms-** Hospice will pay for all drugs related to your terminal illness, including medications for pain, nausea, anxiety, etc.
- **Volunteer Services-** Our Patient Care Volunteer Program can offer a volunteer that is assigned to you based on similar interests to spend time with you and offer respite for your caregiver
- **Pastoral Care-** A member of our pastoral team can visit you to assist you with your spiritual needs

### *Hospice Frequently Asked Questions*

#### *How do I obtain Hospice Services?*

You don't have to wait for your physician to bring up Hospice. You can take the initiative and begin the discussion with your physician or you can request an evaluation directly from Hospice.

#### *Who pays for Hospice care?*

Most health insurances, including Medicare and Medicaid have Hospice coverage. No one is denied Hospice services regardless of their ability to pay or insurance status. You will never receive a bill from Hospice!

#### *Are Hospice Services only for patients with cancer?*

No, we help any patient with a terminal illness with a prognosis or 6 months or less. COPD, Congestive Heart Failure, Kidney Disease, Alzheimer's Disease, Liver Disease, etc are just a few of the many diagnosis that are accepted.

**Is Hospice just for the last few days or weeks of life?**

No, you are eligible for Hospice services if you have a terminal illness with a life expectancy of 6 months or less if the disease follows a normal progression. We have patients that have remained on Hospice for longer than 6 months. We even have patients that “graduate” from Hospice due to an improved status and no decline.

**Are Hospice services offered in a nursing facility or an assisted living facility?**

Hospice services can be provided to a person wherever they live. A patient living in a nursing facility or an assisted living facility will receive specialized visits from the Hospice clinical staff in addition to the services provided by the facility.

**Does the patient have to be homebound?**

No, our goal is to keep the patient as active and engaged as possible. However, we do require that the patient remains in the county in case an emergency arises a Hospice nurse is able to get to the patient to care for them.

**Can a private caregiver be hired while a patient is receiving Hospice?**

Yes, as long as the private caregiver is not being paid for by the same insurance that is paying for the Hospice Benefit.

**Do I have to stop my loved ones medications?**

No, Hospice will not stop any medications unless the patient desires to do so, then the Hospice nurse will consult with the patient’s physician. In fact, Hospice will begin to cover the cost of some of the patient’s medications.

**If my loved one gets sick, will they receive medication?**

Yes, a nurse will assess the patient and situation and consult with the patient’s physician. If a new medication is required, the Hospice nurse will coordinate the new orders with the pharmacy and the caregiver.

**Do I have to tell my loved one they are dying?**

No. This is on an individualized basis. Our Hospice staff is available to talk with the patient and family about this difficult subject.

**What is NOT covered with Hospice Services?**

This is on an individualized basis, however the following are typically not covered under Hospice care; Radiological studies, MRI, CT Scans, Renal Dialysis, Resuscitation and Ventilator Support, IV therapy, Transfusion of blood or blood components, radiation and chemotherapy and other major diagnostic workups.

***If you feel that you or a loved one can benefit from Hospice Services  
please call the Hospice office at [301-334-5151](tel:301-334-5151).***

UNIVERSITY OF  
**MARYLAND**  
EXTENSION

**Nutrition Education  
Research Study**

See if you qualify to participate in the course.

Please contact by close of business

May 20, 2019

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Do you have diabetes or prediabetes?

Do you have a family member with diabetes?

Want to earn \$20 while learning new ways to be healthy?

Want to learn the best choices for your health?

The University of Maryland Extension is testing the proven Dining with Diabetes program in your county. **This single session class** will include information on Diabetes prevention or management and a healthy cooking demonstration.

**YOU DO NOT HAVE TO BE DIAGNOSED WITH PRE-DIABETES OR DIABETES TO PARTICIPATE.**

Through this research, we hope to learn:

- If Dining with Diabetes helps you learn new ways to be healthy
- What ways Marylanders living in rural counties prefer to learn (for example: information, in-person, online, or both online and in-person)

We are looking for participants ages 18 and older who reside in rural counties of Maryland. To see if you qualify to participate, contact your local Extension educator, **Lisa McCoy at 301-791-1504 or lmccoy@umd.edu**, OR take the pre-screening survey online: [https://ume.qualtrics.com/jfe/form/SV\\_7a1RMK9Bu572fQN](https://ume.qualtrics.com/jfe/form/SV_7a1RMK9Bu572fQN). All your responses will be kept confidential.

We will contact you about your assigned group (information, in-person, online, or both online and in-person) and provide further instructions regarding the class to be scheduled between **June 10 – July 16**.

To be eligible to earn a **\$20 GIFT CARD**, you must complete the class and pre- and post-surveys. If you also complete a third six-week follow-up survey, you will be entered into a raffle for **ONE OF TWO IPADS**.

Developed by West Virginia University Extension and adopted by the National Extension Dining with Diabetes Workgroup. Online version adapted by University of Maryland Extension.  
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